

Monday

Tuesday

Wednesday

Thursday

Friday

March 2018

*Sedro-Woolley
Senior Center*



*Join us for lunch!
12pm—1pm daily*

Footcare 1

9:00 Group Exercise
10:00 Pool Playing

**Old Time Fiddlers
Music at 11:30**

12:00—1:00 Lunch



8:30 TOPS

9:00 TAI CHI

**10:30 Coffee Hour
with Skagit PUD
Commissioner Eron
Berg**

**10:00 American Sign
Language (ASL) Class**

10:00 Pool Playing

12:00—1:00

Lunch

2

5

10:00 Pool Playing

12:00—1:00 Lunch

12:45 Pinochle

6

9:00 Ceramics

Firing/Creative Crafts

9:00 Group Exercise

10:00 Pool Playing

12:00—1:00 Lunch

7

9:00 Craft Corner

10:00 Pool Playing

12:00—1:00

Lunch &

Lunchbox Hour Radio

**1:00 Collage with
Greg**

8

9:00 Group Exercise

10:00 Pool Playing

12:00—1:00

**Lunch & Music by
Paul Denning**

**1:00 Retired Public
Employee Mtg.**

**2:00 Caregiver
Support Group**



9

8:30 TOPS

9:00 TAI CHI

**10:00 American Sign
Language (ASL) Class**

10:00 Pool Playing

12:00—1:00

Lunch

12

10:00 Pool Playing

12:00—1:00 Lunch

12:45 Pinochle

13

9:00 Ceramics

Firing/Creative Crafts

9:00 Group Exercise

12:00—1:00 Lunch

1:00 Book Chat

**2:00 Sedro-Woolley
Garden Club**

14

9:00 Craft Corner

10:00 Pool Playing

12:00—1:00

Lunch &

Lunchbox Hour Radio

**1:00 Collage with
Greg**

Footcare 15

9:00 Group Exercise

10:00 Pool Playing

12:00—1:00

**St. Patrick's Day
Luncheon**



16

8:30 TOPS

9:00 TAI CHI

**10:00 American Sign
Language (ASL) Class**

10:00 Pool Playing

12:00—1:00

Lunch

19

**March for Meals raffle
baskets here this week**

10:00 Pool Playing

12:00—1:00 Lunch

12:45 Pinochle

**1:30 Advisory
Board Meeting**

20

9:00 Ceramics

Firing/Creative Crafts

9:00 Group Exercise

10:00 Pool Playing

12:00—1:00 Lunch

21

9:00 Craft Corner

10:00 Pool Playing

12:00—1:00

Lunch &

Lunchbox Hour Radio

**1:00 Collage with
Greg**

22

9:00 Group Exercise

10:00 Pool Playing

12:00—1:00 Lunch

**Music with the
Hometowners**



23

8:30 TOPS

9:00 TAI CHI

**10:00 American Sign
Language (ASL) Class**

10:00 Pool Playing

12:00—1:00 Lunch

Bowling Bash 3/24

26

10:00 Pool Playing

12:00—1:00 Lunch

12:45 Pinochle

27

9:00 Ceramics

Firing/Creative Crafts

9:00 Group Exercise

10:00 Pool Playing

12:00—1:00 Lunch

28

9:00 Craft Corner

12:00—1:00

Lunch &

Lunchbox Hour Radio

**1:00 Collage with
Greg**

29

9:00 Group Exercise

10:00 Pool Playing

**12:00—1:00 Easter
Luncheon**



30

8:30 TOPS

9:00 TAI CHI

**10:00 American Sign
Language (ASL) Class**

10:00 Pool Playing

12:00—1:00 Lunch