



Sporting Activities Guidance

County COVID-19 Activity Level Guidance

The risk of COVID-19 spread linked to sporting activities depends on the level of COVID-19 spread in the community. The following COVID-19 activity level classifications are based on the Department of Health's school reopening decision tree recommendations, which classify counties based on their current COVID-19 activity level.

To better understand this policy here is a link to the current infection rate trends in every county (scroll down and click on "Summary Data Tables" for county-by-county info): <https://coronavirus.wa.gov/what-you-need-know/covid-19-risk-assessment-dashboard>.

Skagit County COVID Activity Level = MODERATE LEVEL (>25-75 cases/100K/14 days AND <5% positivity)

Sport Risk Category Guidance

For the purposes of this document, sports are defined using the following risk categories (The list below is not all-encompassing. Some sports are covered in other guidance documents, and if so those guidance documents govern those activities. If a sport does not appear on this list that does not necessarily mean it is prohibited at this time.):

- **Low Risk Sports:** tennis, swimming, pickle ball, golf, cross-country, track & field, sideline/no-contact cheer and dance, disc golf.
- **Moderate Risk Sports:** softball, baseball, t-ball, soccer, futsal, volleyball, lacrosse, flag football, ultimate frisbee, ice hockey, cricket, gymnastics, crew, field hockey, school bowling competitions.
- **High Risk Sports:** football, rugby, wrestling, cheerleading with contact, dance with contact, basketball, water polo, martial arts competitions, roller derby.

HIGH LEVEL COUNTY COVID ACTIVITY >75 cases/100K/14 days OR >5% positivity

Team practices and/or training can resume for low, medium, and high risk sports if players are limited to groups of six in separate parts of the field/court, separated by a buffer zone. Brief close contact (ex: 3-on-3 drills) is permitted. It is preferable for the groups of six to be stable over time. Attendance rosters should include group contact information. Each league, organization, or club must publish and follow a "return to play" safety plan. Any practice or training activities that can be done outdoors should be done outdoors.

- Scrimmage, intra-team competitions, and league games or competition allowed for low risk sports, but are discouraged if school is not conducting in person learning.
- No tournaments allowed.
- No spectators allowed except for one parent/guardian/caregiver for each minor-aged participant allowed. Spectators must maintain physical distance of at least six (6) feet between each person. No spectators allowed for participants 18 and older.

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MODERATE LEVEL COUNTY COVID ACTIVITY >25-75 cases/100K/14 days AND <5% positivity

Attendance rosters should include group contact information. Each league, organization, or club must publish and follow a “return to play” safety plan. Any practice or training activities that can be done outdoors should be done outdoors.

- Scrimmage, intra-team competitions, and league games allowed for both low and moderate risk sports. Scrimmage, intra-team competitions, but no competitions of any kind against other teams, allowed for high risk sports.
- No tournaments allowed.
- No spectators allowed except for one adult parent/guardian/caregiver for each minor-aged participant allowed. Spectators must maintain physical distance of at least six (6) feet between each person. No spectators allowed for participants 18 and older.

LOW LEVEL COUNTY COVID ACTIVITY <25 cases/100K/14 days AND <5% positivity

Attendance rosters should include group contact information. Each league, organization, or club must publish and follow a “return to play” safety plan. Any practice or training activities that can be done outdoors should be done outdoors.

- Scrimmage, intra-team competitions, and league games allowed for low, moderate, and high risk sports.
- Tournaments allowed. All teams and individuals participating in tournaments must reside in low level COVID activity counties.
- Spectators to follow current gathering size limit in the Safe Start Plan.
- A prohibition on tournaments for sporting activities does not include postseason, playoff, state or regional championship competitions sanctioned by a statewide interscholastic activities administrative and rule-making body that oversees competition in all counties in the state.

SAFETY FIRST



PLEASE WEAR A MASK

THANK YOU!