



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Ron Wesen, Chair
Kenneth Dahlstedt, Commissioner
Lisa Janicki, Commissioner

PHT Steering Committee Meeting

Monday April 17, 2017 from 12:00pm-1:30pm

Skagit County Commissioner's Building, Copper Room

Members: Bill Henkel, Carol hawk, David Jefferson, Debra Lancaster, Jennifer Johnson, Kevin Murphy, Kristen Ekstran & Liz McNett Crowl

Absent: Connie Davis

Staff: Mel Pedrosa

- **Welcome**
- **Updates**

Maternal & Child Health

The Maternal & Child Health Steering group met last week and has decided to focus efforts on the first 1,000 days of life, which encompasses prenatal care. The focus area was chosen because it is underfunded, provides an ability to work with families during the most vulnerable and receptive time of their lives, and it provides a high return on investment. The Maternal & Child Health Steering group is putting together an invitation list for the Maternal & Child workgroup.

ACH

Jennifer shared that most of this work is still in transition, including many substantial organizational changes such as positions being hired. No decision has been made on the selected projects, but workgroups are currently being formed for required project areas. The Trust had asked for volunteers to work on the Program Council and Workgroups, and Bill, Carol and Liz applied and are waiting on confirmation. It's likely that David Jefferson will be asked to represent the Trust on the Program Council

Opioid Workgroup

Kristen shared a graph with the group of the most recent Healthy Youth Survey data on Youth opiate users. This updated information is available on our Skagit Trends site. She also shared work that Randy Elde has been doing in the last few weeks. He has visited pharmacies, with local jurisdiction (non-corporate), to distribute the Action Plan and to take an informal poll on the pharmacy's assessment of changing trends in prescribing practices. He also asked about their interest in a take-back programs and 95% of local pharmacies are interested in having a take-back box in their location. Randy visited Walgreens in Bellingham, which currently houses a take-back box in their store, and inquired about the impact to the pharmacy or staff.

Staff shared that there has been no impact at all, and Randy has a call into the Walgreens Headquarters to find out what the cost is for pick-up service. 70-80% of pharmacists haven't seen significant changes in the recent prescribing practices, with the exception of slightly lower quantities ordered.

Kristen also shared a problem that the Coroner, Hayley Thompson, brought to the group regarding medications left posthumously. Local law enforcement refuse to take jurisdiction over these leftover medications. Many of the medication are ones that are highly desired and have potential for abuse and extreme toxicity. The OWLT is currently researching a remedy.

Lastly, Kristen shared that Phoenix Recovery services has completed their inventory of Narcan in the county and should have some gaps data at the next meeting. Still waiting to connect with EMS.

PHT One-Page About Us

Kristen shared a copy of the updated one-page document for the PHT, as well as the updated PHT website.

May Retreat

David shared that a small committee gathered to plan the structure of the retreat. The morning will be dedicated to getting new members grounded in our priorities, strengthening our understanding of changes in each other's current forces of change and revisiting our core values. In the afternoon, we'll look to the future. Sheila Capestany from Seattle/King County is scheduled to be the keynote speaker. Sheila spearheaded the initiative Best Start for Kids, and will be sharing the parts of the process, including: establishing a levy, the process, and how to find the funding to create long-term change.

David asked the group if the Commissioners should be invited for this specific presentation. The group agreed an invitation be extended.

Insightvision

PHT administration is currently working toward the purchase of Insightvision software that will enable PHT to collect data and monitor process of our strategies as we roll out priority area work.

- **Next Steps**

- PHT Retreat scheduled for Thursday May 4th, 2017 from 8:30am-2:00pm. Breakfast and lunch served, located at Northwest ESD in Anacortes.
- Next meeting scheduled for Monday May 8th, 2017 from 12:00pm-1:30pm located the Skagit County Commissioner's Building-Copper Room