



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Kenneth Dahlstedt, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner

PHT Steering Committee Meeting

Monday April 9, 2018

Skagit County Commissioner's Building-Copper Room

Members: Connie Davis, Carol Hawk, Bill Henkel, Jennifer Johnson, Debra Lancaster, Kevin Murphy, Liz McNett Crawl, Kristen Ekstran and David Jefferson

Guest: Kayla Schott-Bresler

- **Welcome, introductions, approve previous notes & review agenda**
- **Conversation about the Housing White Paper**

David shared the draft Housing White paper for review and discussion by the group. Kayla shared her approach in the creation of this draft, by using the action items from the SCOG report and putting a Skagit County lens on them, and including those anecdotal pieces submitted by the Membership in all represented sectors.

Comments/Questions

 - Bill asked what the PHT's role would be if the Housing report is adopted and endorsed by the Board of Health?
David and Carol shared the original plan is education the public and community partners to enable change.
 - The group agreed on the importance of acknowledging the variety of housing needs for our community, i.e. memory care, special needs, homeless, professional, etc.
 - Kayla shared the idea to brainstorm what approach would be best received and informative, in lieu of a report.
 - Jennifer shared the correlation between the CHA and Housing being a top Indicator, as well as taking the audience into consideration. The Board of Health won't be as concerned with high-end housing, but keep it to the impacts of the homeless/affordable housing epidemic. The purpose is to have the Board of Health create a call to action.
 - Connie shared that she feels that this white paper can also be used for other sectors, to advocate and support many areas such as: economic, medical, healthcare, etc. a tool to promote good health in our community.

The group talked about, what more can the Trust do if the Board of Health adopts the plan? Who is going to monitor progress once it's adopted? Both questions are still pending for a later date.

- **First 1,000 Days Transition**

Kristen shared the upcoming plans for this workgroup, including an important meeting on April 17 to draft of goals. The group is trying to strengthen a system of care for 0-3 and most are finding it different than the Opioid work. There is a lack of connections within our community, and a lack of funding streams that serve families, medical, early education providers and other areas that support. We don't have a way for them to understand what to do, where to go, what's available and what steps to take to do that, as well as the various eligibility requirements for each.

The 2 main goals are:

- Creating approaches to minimize stress for families
- Focusing on supportive relationships

Systems, people, attitudes, behaviors seem to be big issues, as well as tangible factors like child care and prenatal care. If these are better connected to each other, it would alleviate some of the issues.

- **Strategy Mapping Software update**

This contract is currently in process and it should be completed in the next few weeks.

- **May PHT Agenda**

Suggestions:

- Equity information
- Liz Jennings to share on Community Action's needs assessment