



**POPULATION  
HEALTH TRUST**  
ADVISORY COMMITTEE

**Board of Health**  
Lisa Janicki, Chair  
Kenneth Dahlstedt, Commissioner  
Ron Wesen Commissioner

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## **PHT Steering Committee Meeting Minutes**

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**Monday January 14<sup>th</sup>, 2019 - 12:00pm-1:30pm**

**Skagit County Commissioner's Building, Copper Room**

**Members:** Carol Hawk, Debra Lancaster, Kevin Murphy, Bill Henkel, Kristen Ekstran, Jennifer Johnson, Sonia Garza & David Jefferson

**Regrets:** Mary McGoffin, Liz McNett Crawl, Connie Davis

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### **Welcome**

- We all welcomed Sonia Garza, Administrator for Sea Mar Community Health Center, Mount Vernon. Sonia talked about EPIC (Electronic Health Record) which will be linked in with the hospital records. She also talked about some new community resource centers that will be opening in South Seattle very soon. White Center Clinic has some new specialists (Sports medicine and a cardiologist).
- December meeting minutes were approved.
- David talked about getting some recognition plaques for a few of the members and their organizations. This will take place in March.

### **Review Spring Event**

- The budget for the Spring Event was discussed. It was estimated that the entire event would cost approximately \$4000. The budget was approved.
- David shared a draft Spring Event Agenda and shared some ideas about what the event would look like. Focus areas could be Homelessness, Maternal and Child Health, and/or Opioids. Then consensus was that Opioids was the most important topic to cover as the primary focus as that is where we have the most change to present as the result of collective impact.
- The committee discussed the folks who need to be present at the event and those who will be the most influential for the cause. Our target audience is: stakeholders, agencies we work with, policy makers, City Council, board and community partners.
- We want to present an action list of things we are doing and want to do. Then we want to invite these groups to determine where they can help. We need to relay the power of partnerships.

- We need to come up with a name for the event.

## **Review Equity 101**

- There was discussion around having a guided conversation about Health Equity with the Trust.  
The goals for the work:
  1. What is the common baseline understanding of equity
  2. Identifying common terminology
  3. Assess our interest and incentive to do more

David discussed the outline for the hour and covered several topics. It was mentioned that having several data points with interesting discrepancies would be a good start. Have members break into groups and discuss the “why’s.” Then have each table report the findings and identify them. They would be labeled and Tammy could summarize and change them into equity questions. She could then point out the challenges in equity terminology.

David and Tammy proposed using a voting app to determine how strong we think they are in equity competency and how motivated we are to explore the next steps.

### **Updates and pending**

- Housing Video
- Activate Access to Health Care Group
- Activate HEAL

Kristen opened discussion on Activating HEAL and Access to Health Care in 2019. She indicated that Mo and Diane recently offered to take the lead on HEAL after motivating discussions during the annual Retreat. After discussion, Steering indicated that they would like to see us utilize the model already established with Opioids and First 1,000 Days in order to gather community partners for collective impact. They did suggest, however, that Mo and Diane could lead initial explorations of data and developing partners.

The group also decided that since “Access to Care” also needs a lot of definition and debate in order to figure out where PHT’s area of influence might be, that a strategy might be to use monthly PHT meetings for presentations, exploratory conversations, and updates. We can begin to outline the various topics, needs and challenges and hone in on the areas that PHT is best suited to influence.