



## Population Health Trust July Newsletter

### *Community Advisory Board to the Skagit County Board of Health*

**July 25, 2023**

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There is always much to celebrate during the month of July; long, sunny days, summer break, vacations, and markets full of fresh produce. I hope you are finding time to enjoy all the season has to offer!

As we continue to move through these summer days, the Food Security Workgroup has been hard at work gaining a better understanding of our local food system, mapping assets and gaps, and beginning to develop goals for building a stronger and more resilient system for all Skagitonians.

Early on, we realized the need for localized data on food insecurity - data would allow for the development of goals and strategies specific to the needs of our community. To address this challenge, we developed and administered a survey this spring.

The surveys were available in English and Spanish, and outreach included visits to local food banks, senior centers, and Meals on Wheels clients. Surveys were also shared on social media. A total of 463 completed responses were received.

Now that the data has been analyzed, we have a better understanding of food security in our community, especially for some of our more vulnerable populations, like senior citizens. This data will be used by the Food Security Workgroup to develop goals, strategies, and actions to specifically address needs among these populations.

To learn more about food security in our community, you can access the summaries below. We look forward to providing additional updates on the Food Security Workgroup in future newsletters.



[English | Survey Results](#)

[Español | Resultados de la Encuesta](#)

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Thank you for your partnership in keeping Skagit County healthy!



The Population Health Trust was founded in 2015 and is the Community Advisory Board to the Skagit County Board of Health. For more information, check out our [website](#).

**Population Health Trust**

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