



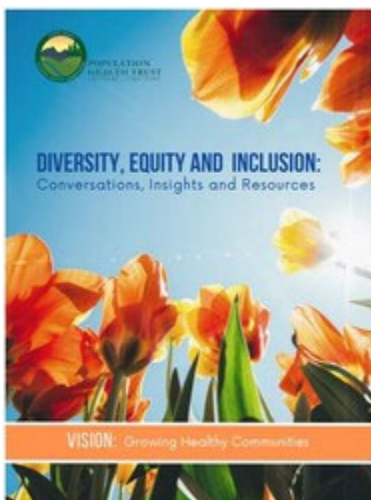
Population Health Trust May Newsletter

Community Advisory Board to the Skagit County Board of Health

May 30, 2023

At the PHT, our vision for health equity is that everyone in our community has a fair and just opportunity for healthy living. This requires that we address and remove barriers to individual and community health that arise from poverty and discrimination (whether based on race, education, gender identity, sexual orientation, job status, housing status, or disability) that result in compromised health and powerlessness, often derived from lack of access to:

- good jobs with fair pay
- quality of education
- healthy housing
- nutritious food
- safe environments and active lifestyles
- quality health care



In the [2022 COVID Recovery Plan](#), the PHT intentionally included separate equity goals and objectives, but also embedded equity into objectives in each goal area.

As we began our Diversity, Equity and Inclusion (DEI) work, we realized that organizations in Skagit County are in different places with their knowledge, organizational practices, and needs. As a result, the Trust determined that the first DEI initiative would be creating a report that could be used as a resource by other organizations and agencies in the county. The content of the report is based on insights and learnings provided by Trust members as their organizations embarked on individual DEI journeys.

The report is now available, and organizations are encouraged to utilize and share it with others!

[Read the Diversity, Equity and Inclusion Report](#)

We value your input as we consider next steps in our DEI work. After reading the report, if you have suggestions, ideas, and/or opportunities you would like us to know about, we would love to hear from you. Please contact Kristen Ekstran at kekstran@co.skagit.wa.us or (360) 416-1524.

Thank you for your partnership in keeping Skagit County healthy!



The Population Health Trust was founded in 2015 and is the Community Advisory Board to the Skagit County Board of Health. For more information, check out our [website](#).

Population Health Trust

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