



PHT Mtg #50– Skagit Transit Community Room
Thursday 10/03/19 - 8:30 am to 10:30 am

Present: Kelli Baker, Marci Bloomquist, Thomas Boucher, Phil Brockman, Randy Elde, Bill Henkel, Jennifer Johnson, Claudia Marken, Mary McGoffin, Kevin Murphy, Maureen Pettitt, Margaret Rojas, Jennifer Sass-Walton, Anneliese Vance-Sherman

Staff: Kristen Ekstran and Mimi Chimera

Introductions, Agenda Review and August minutes were approved.

Announcements

- Kristen welcomed guest Kelli Baker from Peace Health and announced that Lyndie Simmons from United General District 304 would be filling Carol Hawk's position .
- First 1000 Days updates
 - The Peace Health Community Collaboration Committee approved \$50,000.00 to be used over five years by United General District 304. Peace Health is also investing \$2.1 million dollars into a Training Center that will house family education and engagement programs.
 - A grant has been submitted to make the Vroom app available for families which will send text messages that contain age appropriate activities and recommendations.
 - Jen Lindbeck has seen the 100th baby through Welcome Baby since the beginning of the program.
 - Jennifer Sass-Walton gave an update that the Pritzker Foundation process is still in its early planning stages.
- Jennifer Sass-Walton shared that the North Cascades Seventh Day Adventist will be offering free medical, dental, and vision services to those in need in the community through the Love Heals Free Clinic on February 15 & 16, 2020. They are looking for volunteers or individuals who would like to offer financial support. For further information on how you can get involved email burlington@lovehealsfreeclinic.org.
- Claudia Marken shared that the a community meal program in East County was featured in the Skagit Valley Herald. Jennifer Johnson announced that the Public Health Department was awarded \$1,000,000 for the Reentry Initiatives: Building System Capacity & Testing Strategies to Reduce Recidivism Grant that will be used to assist inmates with successful transition from jail to civilian life.
- Phil Brockman thanked the Trust members for all their work. He reported that the work with the Wellness Grant in the schools is going great and the MOU has been signed, creating a partnership between the Sedro-Woolley school district and Peace Health.

Steering Committee Report: Equity

Jennifer Johnson reviewed the PHT Health Equity Vision and Commitment to Health Equity statements that came out of the last PHT Steering Committee. The Committee chose to use the Robert Wood Johnson definition format to create PHT's Vision and Commitment statements.

Discussion and approval of Vision and Commitment statements

Discussion was held on the format and language of the Vision and Commitment statements. The statement includes three parts: a definition that can be shared with the community, a condensed definition, and a statement describing how Trust members will work together toward equity goals.

Retreat Agenda Draft

1. Introduction to the Board of Health with one a minute time allotment for each Trust member to share what brings them to the table and/or what they consider the greatest concern for the population health in Skagit County.
2. Overview of current activities by Jennifer Johnson and Kristen Ekstran.
3. Discussion on what conversations the Trust members want to have with the BOH.
 - a. What other influences does the BOH have that has an impact in their decision making process?
 - b. Are there priority areas the BOH would like the PHT to focus on?
 - c. What are the BOH's expectations of the PHT?
4. Initial planning of the 2020 assessment will initiate a review of updated indicators.
5. Lunch
6. PM – Trust members only. The afternoon will start with Kevin Murphy discussing housing policies, with a focus on whether a universal goal around advocacy for a community would help.
 - a. An example of a universal goal for members to think about could be that everyone in Skagit County should have the opportunity to have affordable housing.

Brainstorm activity for December BOH meeting

- 1st Group – Focused on getting the BOH support with **housing, mental health and homelessness**, brainstorming solutions for **food insecurity** and collecting more information for **employment opportunities**.
- 2nd Group – **Behavioral health and housing** was the main focus, to include review from the Housing Summit and focusing on universal goal of access to **affordable housing** and access **behavioral health** support in the county by getting the BOH support.
- 3rd Group – **Housing** and brainstorming solutions around a universal goal was the main focus, as well as leaving opportunity to add topic that comes from a greater **understanding of BOH thoughts, concerns and priorities from the retreat**.
- 4th Group – Collecting more information regarding **affordable housing** models, brainstorming solutions for **shelters**, and getting the BOH support for **equity** were the main focus.

Science of Gender video by Linden Jordan, discussion and take away

- Health Equity is not about our personal thoughts, it is about people and the health impact on individuals in the community.
- The video gives an opportunity to step aside of personal assumptions and think about the community.

Mr. Linden is willing to meet with the Trust for discussion about the needs of the LGBTQ community and advise regarding future work within that community.

Resource: <https://medium.com/@mrsexsmith/dear-cis-people-who-put-your-pronouns-on-your-hello-my-name-is-nametags-78c047ed7af1>

Adjourn

PHT Retreat November 7, 8:30-2:00 – SVC Career and Technical Center