



Skagit County Board of Health Population Health Trust

Kenneth A. Dahlstedt, Chair

Lisa Janicki, Commissioner

Ron Wesen, Commissioner

*"Always working for a safer and
healthier Skagit County"*

Population Health Trust Advisory Committee Mtg. #9

Thursday October 1, 2015 - 9:00 am-12:00 pm

Northwest Career & Technical Center

Attendees: Colleen Pacheco, Lisa Janicki, Terry Belcoe, Diane Smith, Charlie Wend, Karen Wanek, Andrea Doll, Mark Raaka, Bill Henkel, Kari Ranten, Liz McNett Crowl, Stephanie Morgareidge, Duncan West, Corinne Story, Yeshi Tulu, Connie Davis, Debra Lancaster, David Jefferson and Michael Sharp

Guests: Maureen Pettitt, Lori Nichols and Corrina Marote

Staff: Mel Pedrosa, Leslie Goff, Lupe Martinez

Topic	Action
1. Welcome & Review Agenda, Member Introductions and updates in service sectors <ul style="list-style-type: none"> • David introduced the Quality Of Life spread in the Skagit Valley Herald • David shared a video about a message from the Surgeon General Vice Admiral Vivek Murthy about health, courtesy of Liz McNett Crowl. 	
2. Business Advisory Committee - Report from Terry Belcoe Terry shared that the BAC is established and we have added a new member John Sternlicht, Executive Director of EDASC, Commissioner Janicki formally invited all to BAC members to data carousel. We cancelled October BAC meeting in hopes that all members attend the data carousel. The next BAC meeting is scheduled for November 16 th .	
3. Steering Committee - Report by Bill Henkel Bill shared discussion points from the steering committee were: transitioning from assessment to planning in 2016, a possible planning Retreat in January 2016, outreach to outside communities, Forces of Change have been mainly within our own service sectors, it was discussed the possibility of transcending service sectors- future collaborative Forces of Change presentations.	
4. Data Carousel Demonstration Mo Pettitt shared the "Turbo" demonstration of the data carousel from beginning until the end. There will be a multi-step process, participants will use topic-specific data to identify health-related concerns. Members will facilitate and process with these steps: <ul style="list-style-type: none"> • Step 1A-Review Data and Record Observations <ul style="list-style-type: none"> ➤ Review the data at your initial data station 	

- Make one observation per sticky note
- Concentrate on making objective observations about what the data tells you
- Step 1B- Review Data and Record Observations
 - Move to the next data station to validate and/or add to the previous groups observations
 - Review the data and the existing observations
 - Should you agree with an existing statement made by the group before you, add a check mark
 - Add any observations made by your group on a sticky note
- Step 2-Review Observations & Identify Concerns
 - Discuss the observations that your group, and others, made about the data at your initial station
 - Create stick note “buckets” of Strengths, Concerns, or More Data Needed
 - Post the sticky notes on the Worksheet provided under the appropriate category
- Step 3-Identify ONE area of Greatest Concern
 - Each group is purposefully comprised of individuals with a variety of perspectives, so reaching agreement on a single area of concern may be challenging
- Step 4-Brainstorming Underlying Causes
 - Brainstorm possible underlying causes behind your chosen area of concern
 - All input should be accepted; there are no wrong answers
 - List each underlying cause identified on a separate sticky note
- Step 5-Worksheet
- Step 6- Report out-Underlying Causes
 - Which of the underlying causes behind your chosen area of concern have both high significance and high control?
 - Could these be appropriate priorities for a Skagit County Population Health Plan?

5. Reviewed Event Detail for the Upcoming Data Carousel
 Our Carousel count is up to 102 total, 74 invitees-28 PHT Members
 The tentative breakdown are as follows:

- Social & Physical-35 Invitees, 9 PHT Members
- Health Access & Quality-22 Invitees, 11 PHT members
- Health Behaviors-17 invitees, 7 PHT Members

The group discussed the next steps regarding Forums post-carousel, we'll schedule

<p>3-5 forums in November or December and communicate to the community the outcomes and get input.</p>	
<p>6. Forces of Change-Diane Smith, Don McMoran WSU Extension</p>	
<p>7. Planning for 2016 David shared a promo video: Journey through Mental Models-CDC Health Indicators Measuring Population Health Outcomes to have the group begin thinking about the next phase in our journey. Also, in transitioning assessment to planning, what/who do we need?</p>	
<p>8. Next Steps-</p> <ul style="list-style-type: none"> • Steering Committee Oct 14, 2015 from 1:00pm-3:30pm at The Commissioner’s Building • Data Carousel Oct 21, 2015 8:30am-2:30pm at the Best Western Convention Center • Next PHT Meeting Nov 5, 2015 from 8:30am-12:00pm at the Northwest Tech & Career Center 	<p>All Members attend Data Carousel</p>