

Population Health Trust Advisory Committee Meeting

Skagit County Board of Health
June 2nd, 2016



Skagit County Board of Health - Population Health Trust

"Always working for a safer and healthier Skagit County"

Lisa Janicki, Chair
Kenneth A. Dahlstedt, Commissioner
Ron Wesen, Commissioner

Agenda

- Welcome & Introductions
- Review Steering Committee Conversation
- Planning Processes
- Selecting Our Initiatives
- Agree on steps going forward
- Consider 1115 Medicaid Waiver letter of support
- Next steps and closing remarks



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Introductions

- Members:
 - Name, Organization and role
- Guest:
 - Name and organization?



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Gratitude to our Steering Committee



Carol
Hawk



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Gratitude to Dashboard Host

- Carol Hays, Chairman, Bob Hicks, M... McMoran



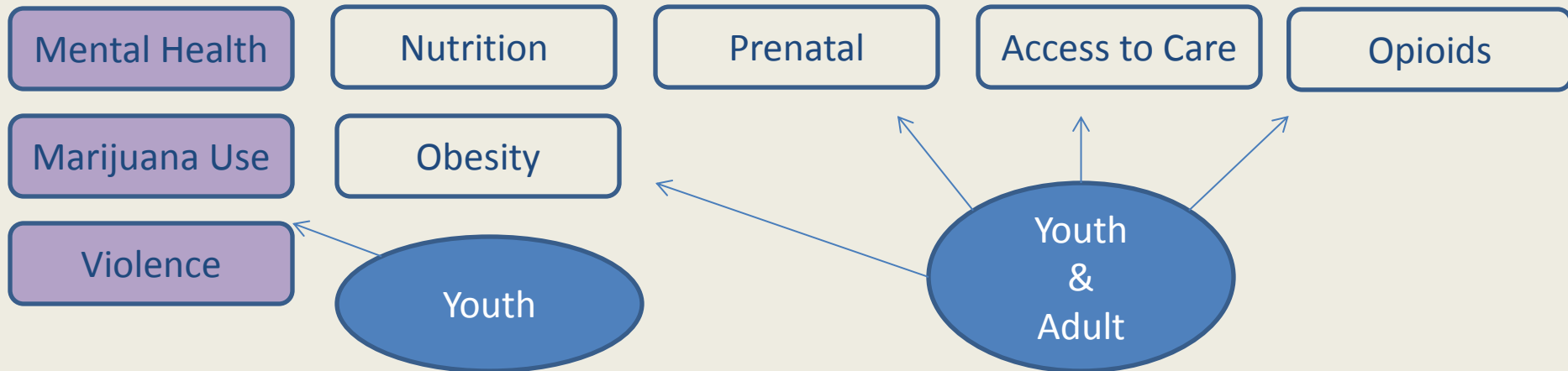
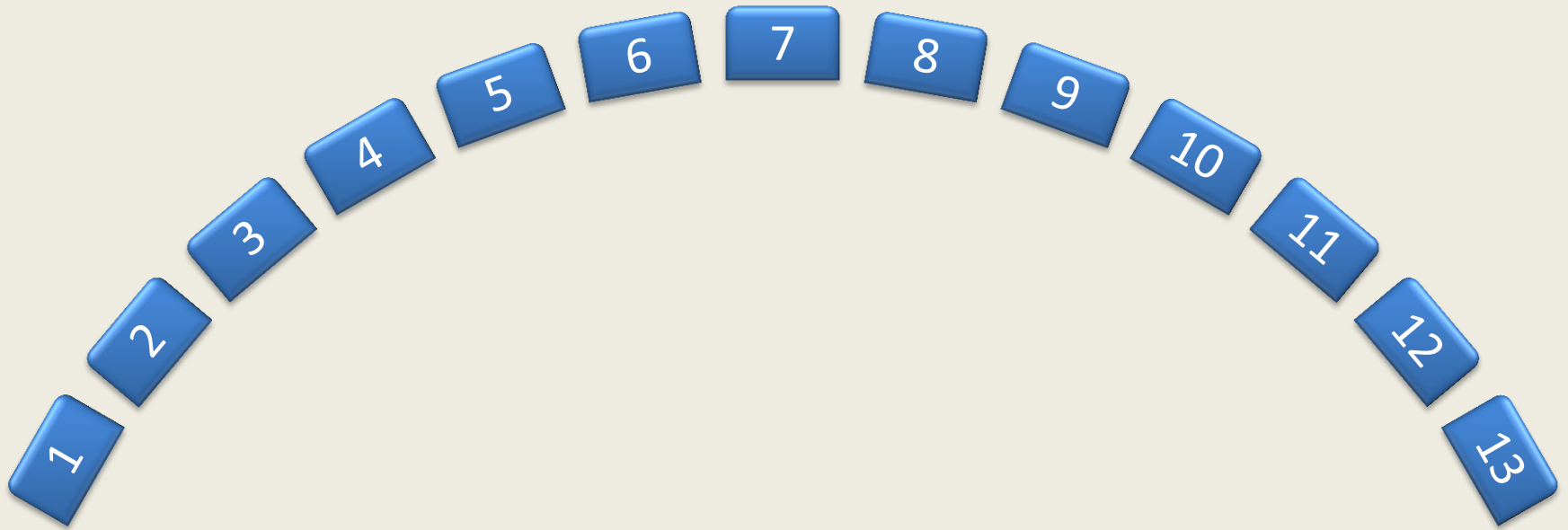
Lisa Samicki, Chair



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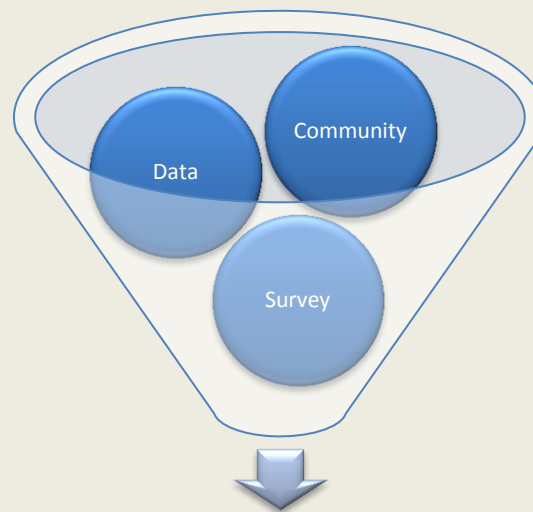
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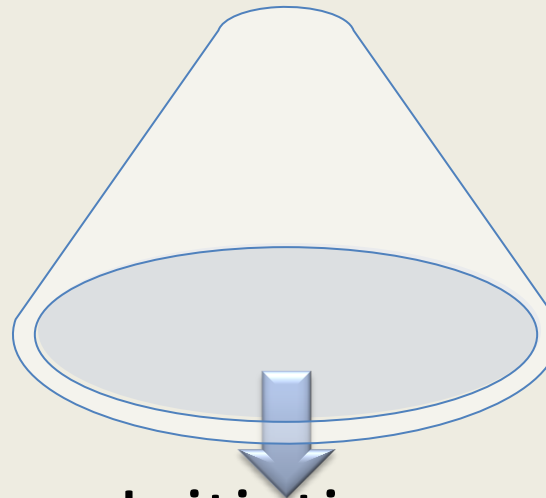
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13 Priorities



Initiatives



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- **Active and Healthy Living (youth and adults)**
 - Lowering obesity
 - Improving nutrition
 - Increasing physical activity
- **Youth Health and Wellness**
 - Reducing suicide ideation
 - Marijuana use
 - Adverse Childhood Experiences (violence & abuse)
- **Maternal and Child Health**
 - Prenatal care
- **Health Care Delivery**
 - Access to medical, dental, MH and SUD



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1. Active and healthy living

HP2020: Promote health and reduce chronic disease risk through the consumption of healthful diets and achievement and maintenance of healthy body weights.

RWJ: 73 different policies and programs

2. Youth growing up Marijuana free

HP2020: Reduce substance abuse to protect the health, safety, and quality of life for all, especially children.

RWJ Programs and policies that reduce youth marijuana use, (2)

3. Healthy minds & healthy thoughts (Reducing suicide ideation in youth)

HP2020: Improve mental health through prevention and by ensuring access to appropriate, quality mental health services.

RWJ: Programs and policies that improve youth social and emotional health (Decrease suicide thoughts/depression, (5)



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4. Safe Youth Skagit

HP2020: Reduce bullying among adolescents; Reduce physical fighting among adolescents; Reduce weapon carrying by adolescents on school property; and Reduce children's exposure to violence

RWJ: Programs and policies to reduce youth violence, bullying and being hurt on purpose by an adult, (12)

5. Stop the Opioid Epidemic in Skagit County

RWJ: Programs and policies to reduce opioid use and increase the health of people affected, (3)

WA Interagency Opioid Working Plan

6. Strong Start for Mothers

HP2020: Increase the proportion of pregnant women who receive early and adequate prenatal care (MICH-10.2)

RWJ: Programs and policies that can improve health, (20)

7. Health Care Delivery

HP2020: Improve access to comprehensive, quality health care services

RWJ: Extensive programs and strategies



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Common Focus Areas Across the Region

	IZ	Violence	Mental Health	Access to Care	Opioid
Island	X	X	X	X	
Skagit	X	X	X	X	X
Snohomish	X	X	X	X	X
Whatcom	X	X	X	X	
5C Shared Services					X
1115 Waiver		X	x	X	



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How Many Initiatives Should We Consider?



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Possibly A

Initiative 1

Initiative 2

Initiative 3

Initiative 4



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Possibility B

Start Opioid Demo

Start Second

Start Third

Start Forth



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Possibility C

Start Opioid Demo

Start First

Start Second

Start Third



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Why Demo?

- Develop a planning method that works for the Trust
- Learn what it means to engage in shared goals and shared outcomes
- Practice collaborating on an issue
- Learn how we message to the public
- Explore and confirm Trust member roles
- Acquire planning skills and scale to other initiatives



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Cons



Pros



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Selecting Our Initiatives

- Do you want Big Initiative(s) with sub categories or you want Modest Initiative(s)?
- Do you agree we should Demo with Opioids?
- Do you like plan:
 - A - all at once
 - B - start with opioids and then start another
 - C - start opioids and another at same time

Criteria:

- Provides an opportunity for the Trust to succeed
- Willingness of the “Body”
- Matches our capacity to carry forward



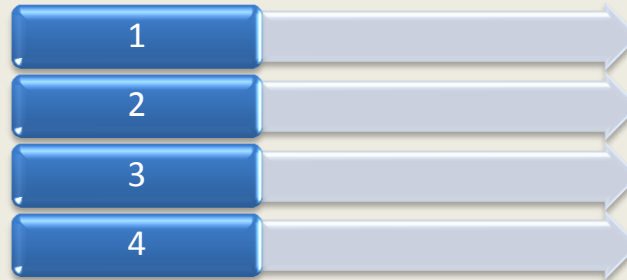
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What is the Plan?

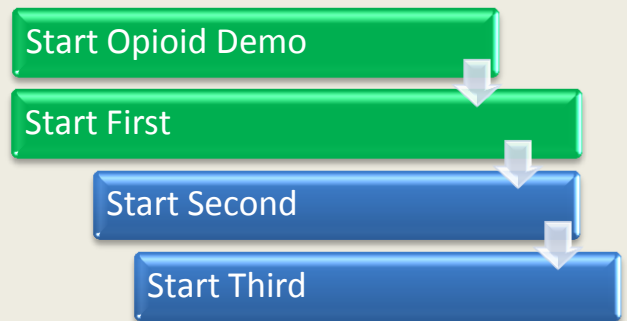
A



B



C



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done



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1115 Medicaid Waiver Letter of Support



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Next Steps

- **Should we form a workgroup(s)**
- **What needs to be accomplished?**
- **Northwest Education Service District (NWESD)**
- **August 4th**
- **Time: 8:30 to 12:00**



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