



POPULATION HEALTH TRUST

700 S. 2nd St. STE 301
Mount Vernon, WA 98273

Lisa Janicki, Chair
Ron Wesen, Commissioner
Ken Dahlstedt, Commissioner

PHT Membership Meeting Thursday June 2, 2016 9:00am-12:00pm Northwest Career & Technical Academy

Attendees: David Jefferson, Bill Henkel, Kevin Murphy, Jennifer Johnson, Liz McNett Crowl, Connie Davis, Phil Brockman, Duncan West, Yeshi Tulu, Chris Johnston, Terry Belcoe, Bob Hicks, Mark Raaka, Charlie Wend, Jennifer Sass-Walton, Joanne Lynn, Colleen Pacheco, Tina Willett, Mo Pettit, Karen Wanek
Absentees: Debra Lancaster, Barbara Juarez, Margaret Rojas, Stephanie Morgareidge, John Sternlicht, Mary Ellen Lykins, Jennifer Johnson, Carol Hawk, Diane Smith, Randy Elde, Scott Hale, Howard Leibrand, Michael Sharp, Douglas Spingelt
Guests: Amanda McDade
Staff: Mel Pedrosa

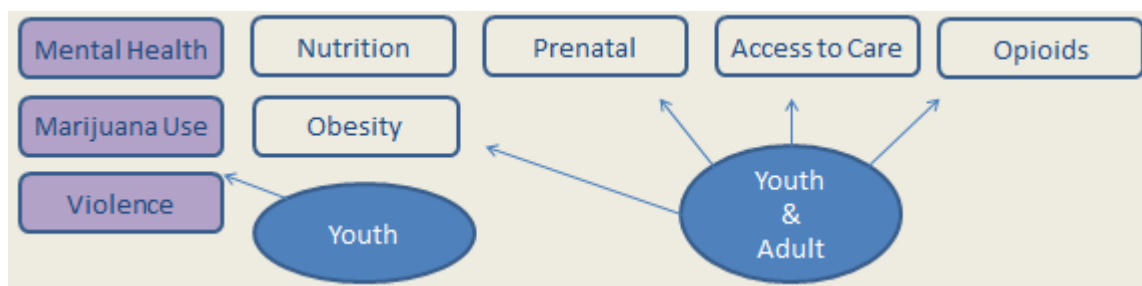
1. Welcome, Review & Introductions

2. Review Steering Meeting

David shared the discussion from the previous Steering Meeting on 05/19/2016. The committee discussed Plan options for the Initiatives chosen by the larger PHT Membership. The group deliberated on these processes as well as asked for clarification on both. Option B was the most popular choice, with revision suggestions.

3. Recap & Overview of the Planning Process

The goal was to organize and select our Initiatives, as well as agree on our next steps, in order to move forward in the planning process. David challenged the table groupings with the task of reviewing the 13 Priorities and determining whether some could be combined under a similar focus or narrowed down by certain criteria i.e. items that have momentum, ease of execution and commonalities with surrounding counties and maybe ACH.



The next goal was to determine which Plan fits best for Skagit County, The 3 plan options were as follows:



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- Plan A-Take all chosen initiatives, staff the process, have them work on it for a specific time frame, while reporting back to PHT periodically, and each group is charged with developing a plan
- Plan B- Is a slower approach, choosing initiatives according to what we can handle as the PHT, demo with Opioids first, working on one at a time while keeping PHT strong throughout the process, and stagger priorities at 3-6 month intervals
- Plan C-start with Opioid Demo and the first initiative simultaneously start another initiative and stagger the remaining ones based on readiness

Argument for why to Demo with Opioid:

- ✓ To develop a planning method that works for the Trust
- ✓ Learn what it means to engage in shared goals and outcomes
- ✓ Practice collaborating on an issue
- ✓ Learn how to message to the public
- ✓ Explore and confirm Trust Member Roles
- ✓ Acquire planning skills and scale to other initiatives

David asked the table groups to determine what Plan and what Initiatives should we choose. The groups shared the following conclusions:

- **Table 1** Plan C-Opioids, Youth Health & Wellness, Strong Start for Mothers/children, active & healthy living, healthcare delivery
- **Table 2** Plan B-Opioids, Strong Start for mothers/children, healthy minds/thoughts youth suicide, active & healthy living
- **Table 3** Plan C-Opioids, active & healthy living
- **Table 4** Plan A-Let people self-select a group

No consensus was reached, with the exception of Opioids. The suggestion was made to send a Doodle Poll to determine what the 2nd, 3rd, and 4th Initiative will be. This will be done before the August meeting but is dependent on completed a brief environment scan of resources and gaps of the 7 items

David asked for volunteers for an Opioid work group. The following volunteered: Mo Pettitt, Duncan West, Chris Johnston, Tina Willett, Connie Davis, Joanne Lynn Jennifer Sass-Walton, and Mark Raaka

4. 1115 Medicaid Waiver letter

David presented a proposed letter of support to Federal Representatives supporting the 1115 Medicaid Transformation Waiver.



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No consensus was met on signing and supporting this letter so it will be tabled for future discussion. Members would like to develop a process for supporting policies and position papers.

5. Next steps

- PHT Steering Meeting on Monday June 27th at Continental Place, Commissioner's Building
- July PHT Membership Meeting cancelled
- Next PHT Membership Meeting scheduled for Thursday August 4th located at NWESD in Anacortes

6. Action Items

- ✓ David will provide group with a scan of resources and gaps for the 7 initiatives
- ✓ Group will participate in an on line vote about priorities before the August meeting
- ✓ David will send a blueprint and scope of effort for the opioid workgroup
- ✓ Start the opioid workgroup and recruit outside participants
- ✓ Will bring up for discussion a process to sign letter and support position papers