



**POPULATION  
HEALTH TRUST**  
ADVISORY COMMITTEE

**Board of Health**  
Ron Wesen, Chair  
Kenneth Dahlstedt, Commissioner  
Lisa Janicki, Commissioner

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**PHT Membership Meeting**

**June 1, 2017, 8:00 – 9:45am**

**EMS Building**

**Members:** Andrea Doll, Barbara Juarez, Bill Henkel, Charlie Wend, Cheryl Rasar, Chris Johnston, Colleen Pacheco, Diane Smith, Howard Leibrand, Jennifer Sass-Walton, John Sternlicht, Kari Ranten, Kenneth Lawson, Michael Sharp, Mo Pettitt, Murray Laidley, Phil Brockman, & Randy Elde

**Staff:** David Jefferson, Kristen Ekstran & Mel Pedrosa

**Absent:** Carol Hawk, Connie Davis, Debra Lancaster, Jennifer Johnson, Joanne Lynn, Kevin Murphy, Liz McNett Crawl, Margaret Rojas, Mary Ellen Lykins, Scott Hale, Sonia Garza, Stacy Phelps, Stephanie Morgareidge & Tina Willett

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• **Welcome**

Member Updates:

- 4 PHT Members are involved with the Spring edition of the Skagit Trends newsletter
- There is an immediate need for a Principal/Administrator at Emerson High School in Mount Vernon, please forward this link to any interested parties: <http://youthnetnw.net/how-to-help/employment-opportunities.html>

• **Retreat Review**

David shared the small group reports from the retreat, which included the high level concerns and subsequent responses throughout the membership. Feedback from the group is as follows:

- Good retreat
- Commonality around the room

David shared that he has contacted Leadership Skagit to explore collaborating on a young person mentorship program as a means to engage diverse people and mentor leaders. David also shared that he would add an agenda item for recruitment discussion at the upcoming Steering Committee meeting.

• **Best Start for Kids Presentation follow-up**

David asked the group for feedback on the presentation by Sheila Capestany, and for suggestions or thoughts on establishing similar youth work here in Skagit County. As follows:

- Liked the multi-generational approach, which is usually unaddressed
- Prenatal to age 5, changes at this early stage enables long-term success
- Awesome framework, just making sure other human services aren't cut
- Looking at the underlying issues and how we can impact those

- Appreciated their connection to the communities, in spite of the size of the county, which is something we should routinely do for the Trust
- Include educating ourselves on Skagit's climate for type of work, i.e. support, finances, issues, gaps, etc.
- Stay conscious of unintended consequences
- Seeking philanthropic funding sources in Skagit, PHT should investigate them
- Having a conversation with Seattle/King's existing funding sources, ask who's accountable for these outcomes and have they made them better.

*Is this the journey PHT should pursue, or is there another path PHT should be taking?*

- Members suggested we should be looking for sustainable resources i.e. levy, grants, etc.
- Caution-don't chase "any" funds, stick to vision/mission
- Can't ignore the private sector, funding can be a multi-pronged approach
- Conduct an environmental scan for gaps, prior to seeking funding sources

Since the backbone staff of the Trust are County employees, they are prohibited from being involved in any funding efforts related to taxes. Private sector member(s) would have to be responsible for this type of conversation and organize a workgroup independently of County staff.

The membership discussed going forward with a general workgroup to explore all for funding possibilities. At this point there was one interested member, Colleen Pacheco. Will take up this item at the next Steering Committee to explore next steps.

## • **Updates**

### Opioid Workgroup (OWLT)

Kristen shared current and ongoing work of the OWLT, which included a one page Team Outcome document for January-May 2017 (attached in meeting packet).

- Howard shared that the Ideal Option clinics saw 730 people across 5 states, and they are in process of hiring a Chief Medical Officer to oversee all clinics.

### Maternal & Child Health

Kristen shared an update on MCH workgroup.

### EDASC Cluster Work

John Sternlicht shared this new project that EDASC is working on called the Skagit County Economic Cluster Initiative. To learn about the Initiative and meet with peers and prospective partners across the 15 industry sector groups, a meeting is scheduled for Wednesday June 7, 2017 for 4:00pm-6:00pm located at Skagit Transit Station.

## • **Next Steps & Summary**

- Next Steering Committee is scheduled for Monday June 12, 2017 from 12:00pm-1:30pm

- July PHT meetings cancelled, PHT will resume on Thursday August 3, 2017 from 9:00am-11:00am, located at Skagit EMS

*Meeting Summary:*

- ✓ The retreat summary was accurate and useful process to validate our status and sharpen our focus
- ✓ Despite the hopes of setting a long term vision for the Trust, we continue to move our priority areas forward effectively
- ✓ Explore and expand diversity in our membership
- ✓ Make sure that priorities drive resources and watch from getting distracted
- ✓ There may be a desire to form a subgroup to explore resources
- ✓ Be mindful that fiscal decisions will have effects on other services, “Don’t rob Peter to pay Paul”
- ✓ Continue our Gaps Analysis work and report service and resource needs
- ✓ Continue to be focused on our efforts despite all the outside influences
- ✓ Plan to engage with the community and share our priorities and efforts-Speaker Bureau?
- ✓ Opioid and Maternal and Child continue to move forward (see opioid handout)