



Skagit County Board of Health Population Health Trust

*Kenneth A. Dahlstedt, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner*

*"Always working for a safer and
healthier Skagit County"*

Notes from the Population Health Trust Advisory Committee Mtg. #4

Date / time 05/07/2015 at 9:00-12:00 pm

Northwest Career & Technical Center

Attendees: David Jefferson, Jennifer Johnson, Lisa Janicki, Andrea Doll, Beverly Keyes, Brian Burch, Colleen Pacheco, Connie Davis, Corinne Story, Debra Lancaster, Diane Smith, Duncan West, Jennifer Sass-Walton, John Miller, Kari Ranten, Liz McNett Crawl, Randy Elde, Stephanie Morgareidge, Terry Belcoe, Tina Willett, Michael Sharp, Mark Raaka, Bill Henkel, Margaret Rojas, Howard Leibrand

Sent Regrets: Charlie Wend, Douglas Spingelt, Carol Hawk

Guests: Maureen Pettitt

Staff: Leslie Goff, Mel Pedrosa

Topic	Action
<p>1. Welcome</p> <ul style="list-style-type: none"> • David Jefferson opened the meeting, presented agenda. • April 9th notes were approved as written. • David asked if anyone has questions or discussion regarding any recent community news. <ul style="list-style-type: none"> ○ <u>Duncan West</u> asked if anyone can explain the Needle Exchange numbers in the paper recently. <u>Jennifer Johnson</u> explained the new Needle Exchange program and clarified that the number of needles exchanged, as documented on the Skagit Valley Herald, was based on weekly numbers. <u>Connie Davis</u> stated that they have been seeing a higher number of heart infections, or endocarditis, and hopes that this Needle Exchange Program will help to lower the numbers they've seen • Group Introductions and Welcome to Michael Sharp from Island Hospital 	
<p>2. Steering Committee Update by Bill Henkel</p> <ul style="list-style-type: none"> • Bill shared a reminder of who are the committee members and what we do as the steering committee, and what we think is a good practice. • Email Headings update-David will be titling emails with Action Requested, Information, and Provide Deadlines to make it easy for the members to categorize their email inbox. • The role between Board of Health and Skagit County is pending and in deliberation. • The Steering Committee will provide the PHT with an updated Budget. 	

<ul style="list-style-type: none"> • Discussed the Survey work that is underway *Open for questions or comments-No additional Comments* 	
<p>3. Proposed Business Sub-Committee</p> <p><u>Terry Belcoe</u> shared how the Business Sub-committee came out of a conversation that he and David had on how to incorporate all of the community not just the low-income sector. The business community being 90% of the local economy, what does a Healthy Community look like to them? How do we draw them into this effort?</p> <ul style="list-style-type: none"> • There have been 2 meetings to discuss formation • The Charter is being written and a first Draft is ready for review <p><u>Jennifer Johnson</u> shared “It comes down to the community being informed and encouraged to be involved in THEIR community. In previous efforts that have led to PHT, people voiced wanting a larger business presence, but until now, it hasn’t come to fruition.”</p> <p>*Questions/Comments*</p> <p><u>Stephanie Morgareidge</u> shared that being from East county, where it is a really deficient business economy, this would be a great way to involve all sectors.</p> <p><u>Debra Lancaster</u> shared that most people are working every day, and we forget how important they are. She recently had an opportunity to work with a local business and asked them how it would be accepted if incentives were offered to employees to incorporate healthy steps into their life, and they thought it would be a great way to incorporate healthy living into their business practices.</p> <p><u>Connie Davis</u> shared that it would be a great way to inform the Healthcare system and get a feel for what the community wants.</p> <p>The concern was brought up that what the business sectors wants is longevity of work force.</p> <p>*Questions were posed, are there some downsides to this*?</p> <p><u>Diane Smith</u> shared an awareness. Looking towards the business sector, we should be assessing upcoming programs for possible collaborations, and not inundate the business community with monetary donation requests.</p> <p><u>Lisa Janicki</u> shared that she and Terry have contacted some business reps in the community and have been asking them about participating.</p> <p><u>David Jefferson</u> shared If we get their input early on, it will help us get their involvement. It’s an exploration of opportunities.</p> <p><u>Tina Willet</u> shared that there are a lot of business and cultural opportunities in the county, citing adult family homes as an example.</p> <p><u>Liz McNett Crowl</u> shared that most employers who contribute to healthcare costs, are self-insured, vested, and are involved in keeping their employees healthy. There are a lot of layers to this, and it would be great to collaborate</p>	<p>David will continue to work with Terry and Lisa to bring together a business sub-committee</p>

<p>with this sector.</p> <p>The Question was asked, should we move forward with the sub-committee? The group unanimously agreed.</p>	
<p>4. Charter language regarding consensus</p> <p>Decisions will be based on reaching consensus, defined as “general agreement or majority of opinion“ of the attending membership. If an issue has significant disagreement or dissent, Trust members will continue to deliberate until members feel confident in the decision. Voting by majority will be used as a last resort in order to keep momentum going. The group unanimously agreed</p>	
<p>5. Website Presentation *Questions/Comments*</p> <p><u>Diane Smith</u> shared that “it’s an Excellent first start. It’s great to have something to refer people to. Will the subcommittees be included?” <u>Bill Henkel</u> asked, “Were you thinking of adding the RWJ links, since that what we have our framework from. Were you thinking of putting in an interface?” <u>Duncan West</u> suggested, though it would be hard to maintain, adding a hyperlink to the individual members organizations. <u>Tina Willet</u> asked “Is there an option for organizations or people to make donations? <u>Brian Burch</u> suggested a reference tab. <u>Duncan West</u> suggested if we’re asking for money, we should consider asking for volunteers for future work related to the assessment process. <u>Margaret Rojas</u> asked if this is for our use or for the public to use? It seems cumbersome for the general public. <u>Debra Lancaster</u> shared that asking people to donate is a great thing but it’s an expensive thing to set up. <u>Kari Ranten</u> suggested we use the web site for internal needs and work toward a public version.</p>	<p>David will start making edits to the web site to include, subcommittees. RWJ, Donations, reference or language library</p>
<p>6. Budget *Questions/comments*</p> <p><u>Terry Belcoe</u> stated, “This is probably stating the obvious, but this is going to have to be sustained beyond 2015. This is one of the other areas that, as we engage the population, if we can show them true value on the work that’s been done, then we could have ongoing sponsorships.” <u>Jennifer Johnson</u> suggested the budget was shy of the real cost and needed to be revised. It was agreed that the proposed amount for the consultant should</p>	<p>David will put together a macro budget to add to the external budget, increases the amount for the</p>

<p>be increased.</p> <p>*What are our sources of money currently*?</p> <p><u>Jennifer Johnson</u> shared in regards to the Public Health & Community Services, she has not asked for additional funds so far. A significant amount of staff time has been donated.</p> <p>The group agreed that it was a modest budget.</p> <p>The suggestion was made that monetary donations would not be feasible for some organizations, but in-kind and other help should be noted.</p> <p><u>Jennifer Johnson</u> shared that there is discussion of PHCS donating to PHT for 3 years, to contribute to the sustainability.</p> <p>*David asks for consensus-the group agreed.*</p> <p><u>Lisa Janicki</u> suggested that we add another line on the external budget and have the steering committee suggest the dollar amount from organizations.</p> <p><u>John Miller</u> shared a key piece of information regarding donations being tax deductible. According to IRS.gov:</p> <p>The United States or any state, the District of Columbia, a U.S. possession (including Puerto Rico), a political subdivision of a state or U.S. possession, or an Indian tribal government or any of its subdivisions that perform substantial government functions. (Your contribution to this type of organization is deductible only if it is to be used solely for public purposes.) Publication 526, page 3, #5</p>	<p>consultant, Add in-kind</p> <p>Will check about the County tax status</p>
<p>8. Survey Sub Committee met and came up with a first draft. The group will continue to define and select the right questions and review process for release.</p>	<p>David will pilot test with Trust members and a few other outside people</p>
<ul style="list-style-type: none"> • Forces of Change Presentations <ul style="list-style-type: none"> • Corinne Story <ul style="list-style-type: none"> *Questions/comments* <p>The group agrees that Environment Health is the foundation of the community</p> <ul style="list-style-type: none"> • Forces of Change Presentations Mark Raaka <ul style="list-style-type: none"> *Questions/comments* <p><u>Howard Leibrand</u> voiced concern over risk management issues that come up when you try and triage situations, and asked if that was taken into consideration.</p> <p><u>Mark</u> explained that a lot of these systems have been tried and tested and are trying to be cognizant of errors. It's a hard question to answer, it's a resource issue. Part of it is training our people better.</p> <p><u>Duncan West</u> suggested looking at the cluster of top call areas in the county, you can assess the area and a group like us could set up an organization to</p>	

<p>assess the environment of that local. <u>Bill Henkel</u> suggested that he would like more information about the paramedic or “para-human” services connection to the community via emergency calls.</p>	
<p>9. Closing Remarks- David requests volunteers for future Forces of Change presentations David announces Bev’s retirement. Bev will consult with Tom Keagan about a College replacement Next Agenda-What other indicators do we need to include?</p>	<p>Diane Smith, Jennifer Johnson, Bill Henkel, and Colleen Pacheco commit to presenting at future meetings</p>