

Population Health Trust Advisory Committee Meeting

Skagit County Board of Health
April 9th, 2015



Skagit County Board of Health - Population Health Trust

"Always working for a safer and healthier Skagit County"

*Kenneth A. Dahlstedt, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner*

Agenda

- Welcome, Agenda, Notes
- Steering, Vision, Mission and Operating Charter
- Update on Name the Effort
- Quality of Life Survey Process
- Community Health Indicators
- Budgets and Member Funding
- Quality of Life Sub-Committee
- Business Sub-Committee
- Forces of Change Presentations
- Process Survey, Trust Feedback and Ongoing Communication



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Notes from 3-5-15

Revisions to the Notes?



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Steering Committee Members

Lisa Janicki

Bill Henkel

Carol Hawk

Connie Davis

Debra Lancaster

Jennifer Johnson

Kari Ranten

Liz McNett Crowl

Beverly Keyes

Mark Raaka

David Jefferson



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Steering Committee Report

- Present an updated assessment plan (Survey and Indicators)
- Propose starting a Quality of Life (QOF) Survey Team
- More detailed Budget
- Report on availability/timeline from Snohomish County to help with Indicator Data
- Report on the Charter
- Beverly with look into College volunteers to help with survey
- Consider starting the Forces of Change with the Trust committee



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Vision

Growing Healthy Communities

Mission

Working together to improve health for ALL

Charter

See [work](#) of Carol Hawk, John Miller, Duncan West and Mark Raaka
Decision Making Process?



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The Short Version of Operating Norms

- Start and end on time
- Listen to learn
- Use language understandable to all
- Avoid side conversations
- Participate
- Show respect
- Decisions based on consensus
- Disagreements are welcome as a means to move us forward
- Be courteous to others in your use of electronic devices



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Name the Effort (22 votes)

Skagit Health Matters
(6 votes, 27%)

Skagit Community Health Collaborative
(5 votes, 23%)

Suggestion: Skagit Thrives



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Community Health Needs Assessment Review

- Raquel Luz Bournhonesque-RWJ
- Benton-Franklin-Rebecca Sutherland
- Kitsap-Siri Kushner
- Spokane Stacy Wenzel & Team
- Snohomish-Carrie McLachlan & EPI Team
- Island-Laura Luginbill
- Whatcom-Nicole Willis
- 4 County Collaboration on Data Set (Skagit Whatcom, Island, & Snohomish)



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3 Assessments

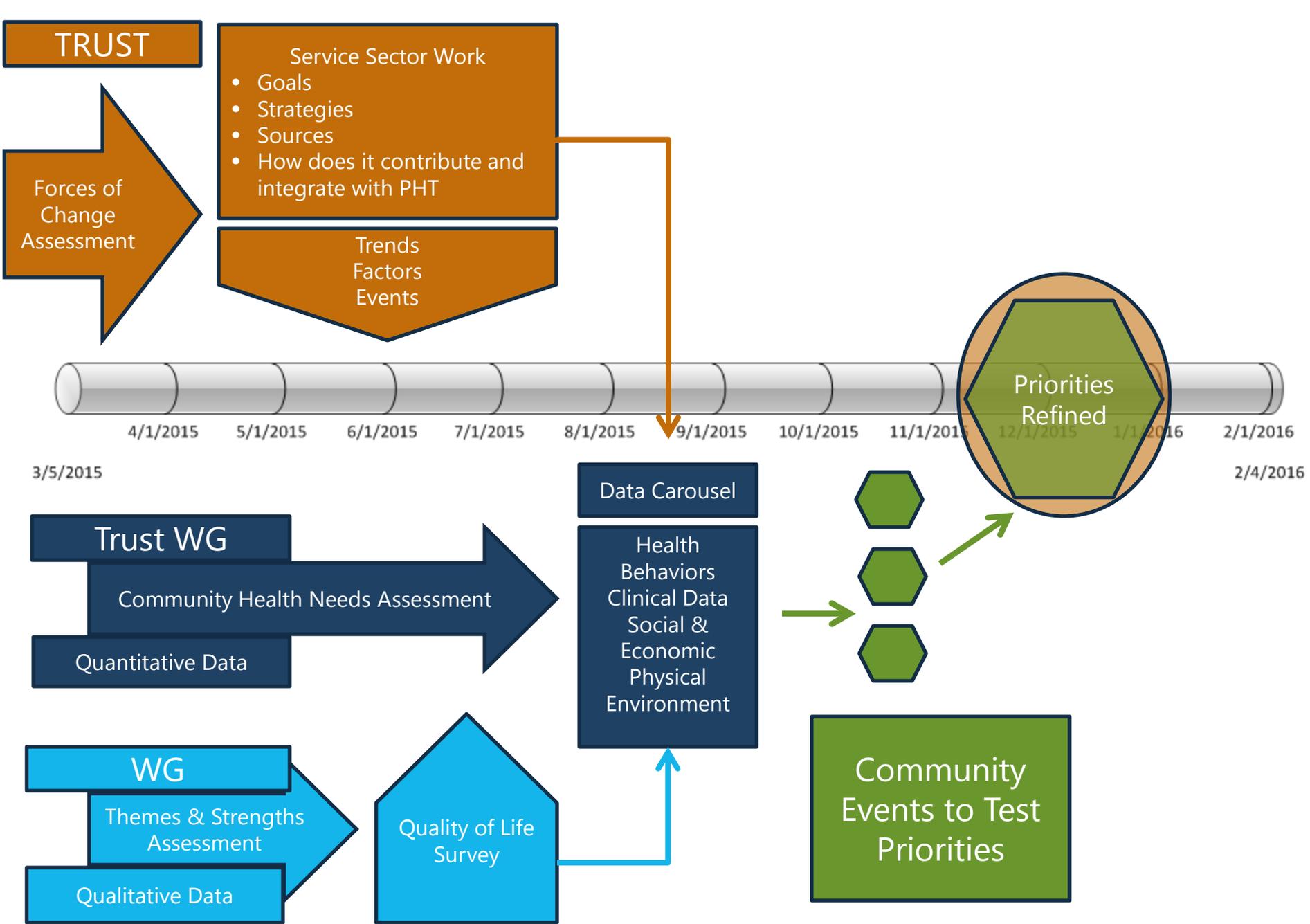
- **Quality of Life (Community)**
 - Themes and Strengths
 - Assets in the community
 - Provides qualitative data
- **Community Health Status Assessment (Trust)**
 - Review of health indicators
 - Provides quantitative information
- **Forces of Change (FoC) Assessment (Trust)**
 - Identifies forces that may affect a community and opportunities.



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Quality of Life Survey

Silver

Convenience Sample

Gold

Random Sample
N=383,
95% confidence level,
5% confidence interval

- [Kitsap](#)
 - Second round and well refined
 - Shared tools with us



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Community Health Status Assessment

Data Indicators

Silver

[RWJ](#) and [HCA](#)
[Resources](#)

Gold

[4 County Data Set](#)
Arranged according
to the CDC
[Community Health](#)
[Assessment for](#)
[Population Health](#)
[Improvement](#)



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Table 1: Community Health Assessment for Population Health Improvement: Most Frequently Recommended Health Metrics*

| Health Outcome Metrics | | Health Determinant and Correlate Metrics | | | |
|---|---|--|----------------------------------|-----------------------------------|----------------------|
| Mortality | Morbidity | Health Care (Access & Quality) | Health Behaviors | Demographics & Social Environment | Physical Environment |
| Mortality - Leading Causes of Death (9) | Obesity (6) | Health Insurance Coverage (6) | Tobacco Use/Smoking (8) | Age (9) | Air Quality (4) |
| Infant Mortality (6) | Low Birth-weight (3) | Provider Rates (PCPs, Dentists) (5) | Physical Activity (5) | Sex (6) | Water Quality (3) |
| Injury-related Mortality (3) | Hospital Utilization (4) | Asthma-Related Hospitalization (4) | Nutrition (4) | Race/Ethnicity (9) | Housing (5) |
| Motor Vehicle Mortality (3) | Cancer Rates (4) | | Unsafe Sex (3) | Income (9) | |
| Suicide (4) | Motor Vehicle Injury (4) | | Alcohol Use (4) | Poverty Level (6) | |
| Homicide (4) | Overall Health Status (4) | | Seatbelt Use (3) | Educational Attainment (6) | |
| | STDs (chlamydia, gonorrhea, syphilis) (4) | | Immunizations and Screenings (5) | Employment Status (6) | |
| | AIDS (3) | | | Foreign Born (3) | |
| | Tuberculosis (4) | | | Homelessness (3) | |

Numbers in parenthesis indicate the number of 10 Guidance Documents that recommended that specific outcome or determinant/correlate.



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| Indicator | SC | WA | US | SC Trend | Goal | Size of Pop Affected (A)= Actual (P) = Potential | Seriousness |
|--|---------------|-----------------|-------|----------|---------------------------------------|---|--|
| Injury | | | | | | | |
| Fall hospitalization (cases per 100,00 people) | 292.0 | 309.7 | 263.4 | ↔ | | (Hosp) A: 1,901 P: 713,335 (All Ages) At Risk: Older adults | <ul style="list-style-type: none"> Falls are the leading cause of injury mortality among older adults 80% of deaths due to falls occurred in people 65 and older |
| Fall mortality (cases per 100,00 people) | 9.8 | 11.2 | 7.9 | ↑ | HP2020 7.0/100,000 pop all ages | (Mort) A: 67 P: 713,335 (All Ages) At Risk: Older adults | |
| Unintentional poisoning mortality | 12.6 | 10.8 | 9.9 | ↑ | HP 2020 13.1/100,000 pop | A: 93 P:713,335 (All Ages) At Risk: All Ages | Unintentional poisoning is the leading cause of injury mortality in Snohomish County |
| Households w/children that contain a loaded & unlocked firearm | 3% (of HH) | 2.5% (of HH) | — | | SC 0% | A: ~4,300 (children) P: 174,167 (0-17) At Risk: All Ages | Between 2001 and 2010, 14 children in Snohomish County were killed by firearms |
| Youth physical abuse | 17.6% | 17.2% | — | | NA | A: ~30,650 P: 174,167 (0-17) At Risk: Children & Youth | Physical abuse in childhood is a risk factor for mental & physical problems |



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Assessment Products

Kitsap Survey Report

Kitsap Health Status (Indicators) Report

Snohomish County Community Report Card



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Survey and Indicators Budget

| Survey | SILVER | GOLD |
|--|-----------------|-----------------|
| KSRV Underwriting @\$50 a week for ten spots | 300 | 300 |
| Newspaper Add (Steve) (16,300 copies) | 711 | 711 |
| Online Incentives @\$3x300 | 900 | 900 |
| In-Person Incentives @\$3x100 | 300 | 300 |
| Printing and Copying | 1500 | 1500 |
| Design costs/flyers/posters | 500 | 500 |
| Planning & Meeting Expenses | 250 | 250 |
| Random Mailing | 0 | 2500 |
| Sub Total | \$ 4,461 | \$ 6,961 |

Data Indicators

| | | |
|--|------------------|------------------|
| Data Elements from Spokane 200 hrs. | 0 | 16000 |
| Data Carousels @ \$500 each | 1000 | 1000 |
| Report Writing | 2500 | 2500 |
| EPI Consulting Services, Data Analysis | 3000 | 3000 |
| Volunteers Incentives | | |
| In Kind (staff and materials) | | |
| Sub Total | \$ 6,500 | \$ 22,500 |
| Total | \$ 10,961 | \$ 29,461 |



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2015-16 TIMELINE: Skagit County Community Health Needs Assessment

Can we agree on how to proceed?



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Business Sub Committee

- Focus is meaningful bi-directional relationships
- Craft message and develop information material
- Formulate questions to engage business
- Test process with small group
- Develop plan for engagement
- Identify short and long term outcomes
- Identify key business data for review



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15 Minutes



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Charlie Presentation



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Corinne Story Presentation



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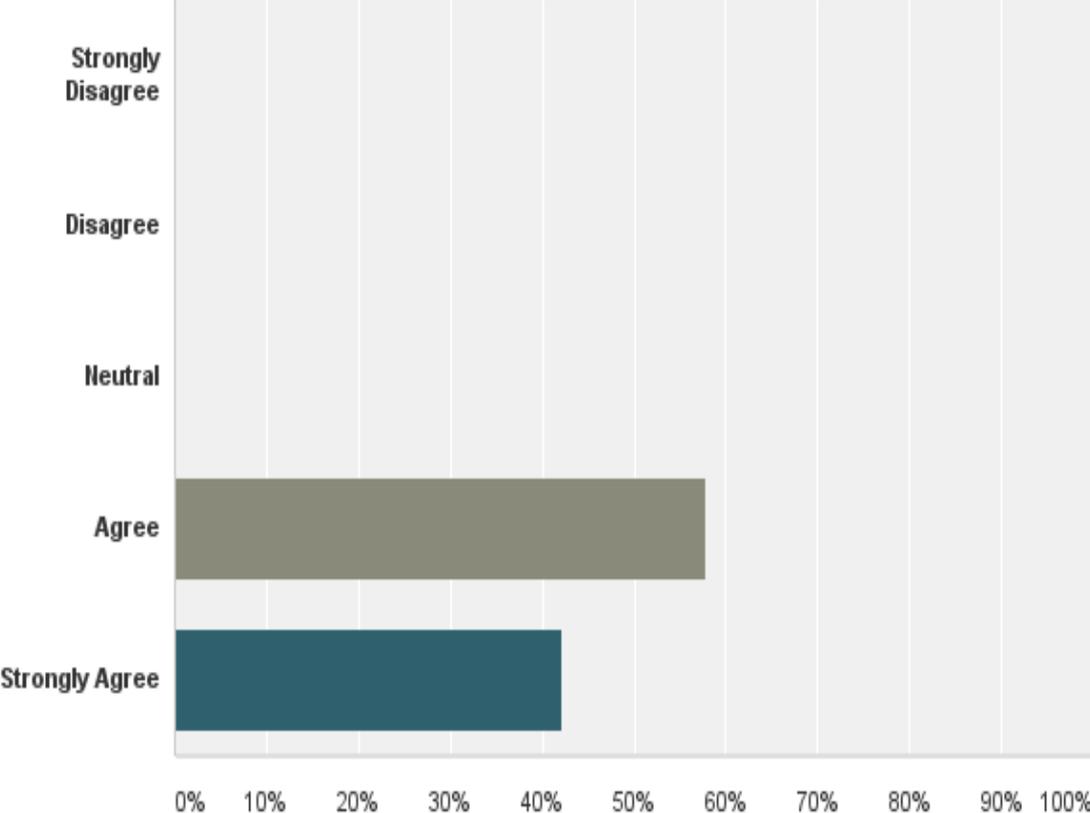
Population Health Trust Advisory Committee Process Evaluation (2)

Wednesday, April 08, 2015

Total Responses 20

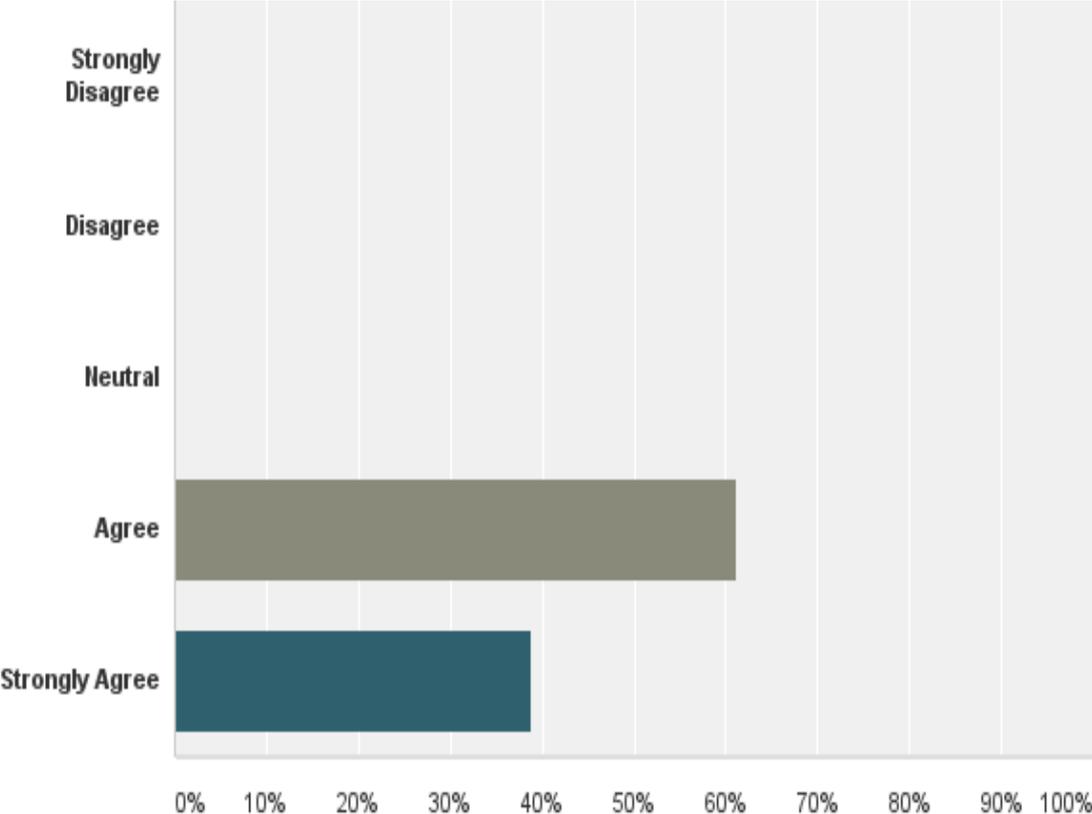
Q1: We set a tone of openness among participants.

Answered: 19 Skipped: 1



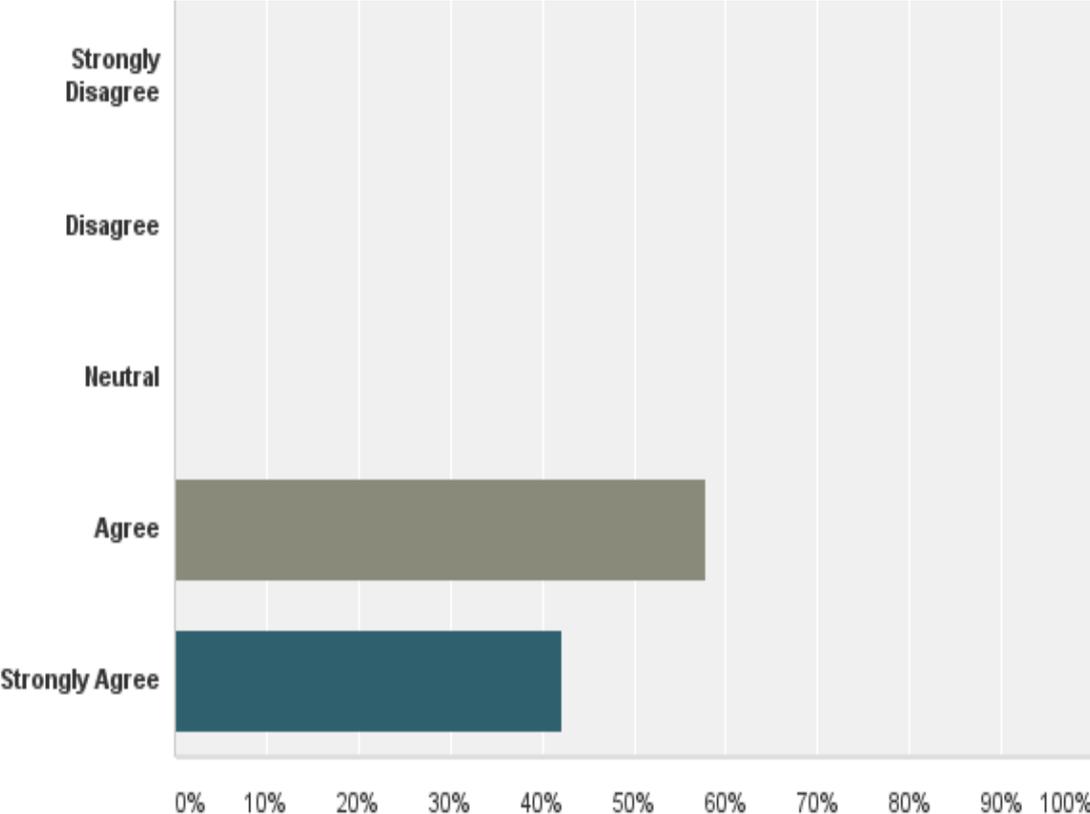
Q2: We structured a planning process that used your time well.

Answered: 18 Skipped: 2



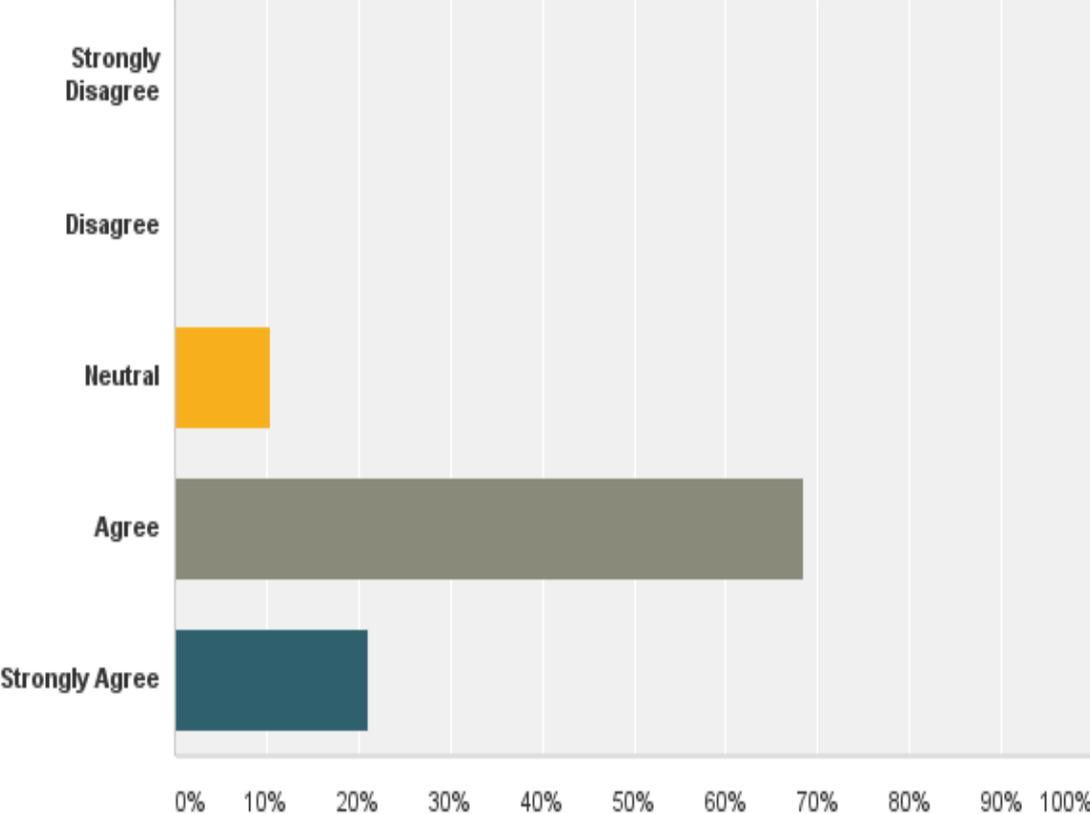
Q3: The meeting process engaged you and others as active partners.

Answered: 19 Skipped: 1



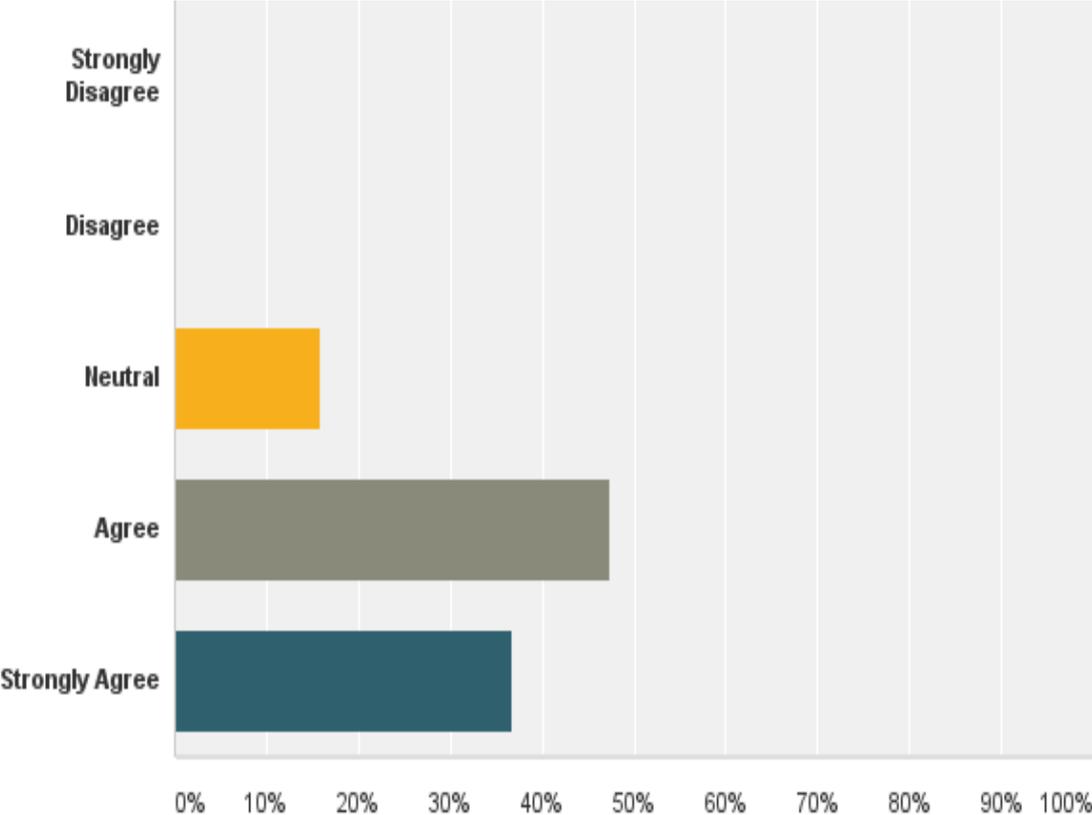
Q4: We were clear about activities, participant responsibility and expected results of the meeting.

Answered: 19 Skipped: 1



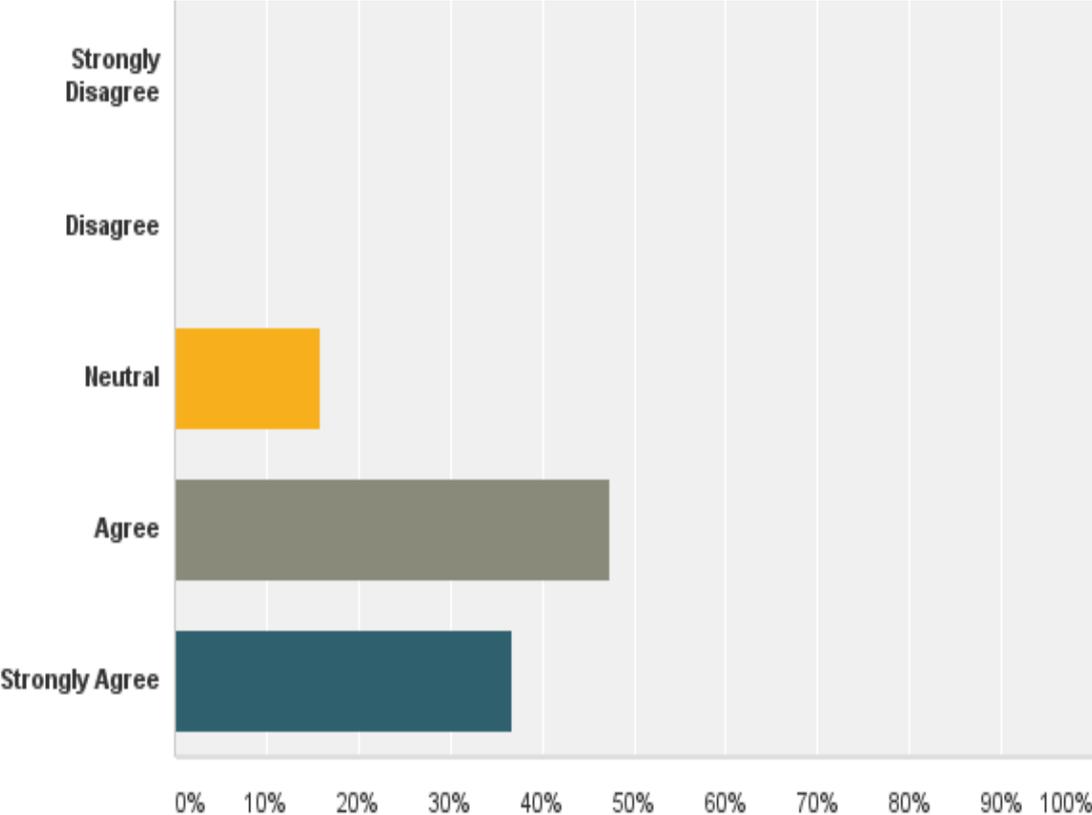
Q5: The process increased your commitment to the Trust.

Answered: 19 Skipped: 1

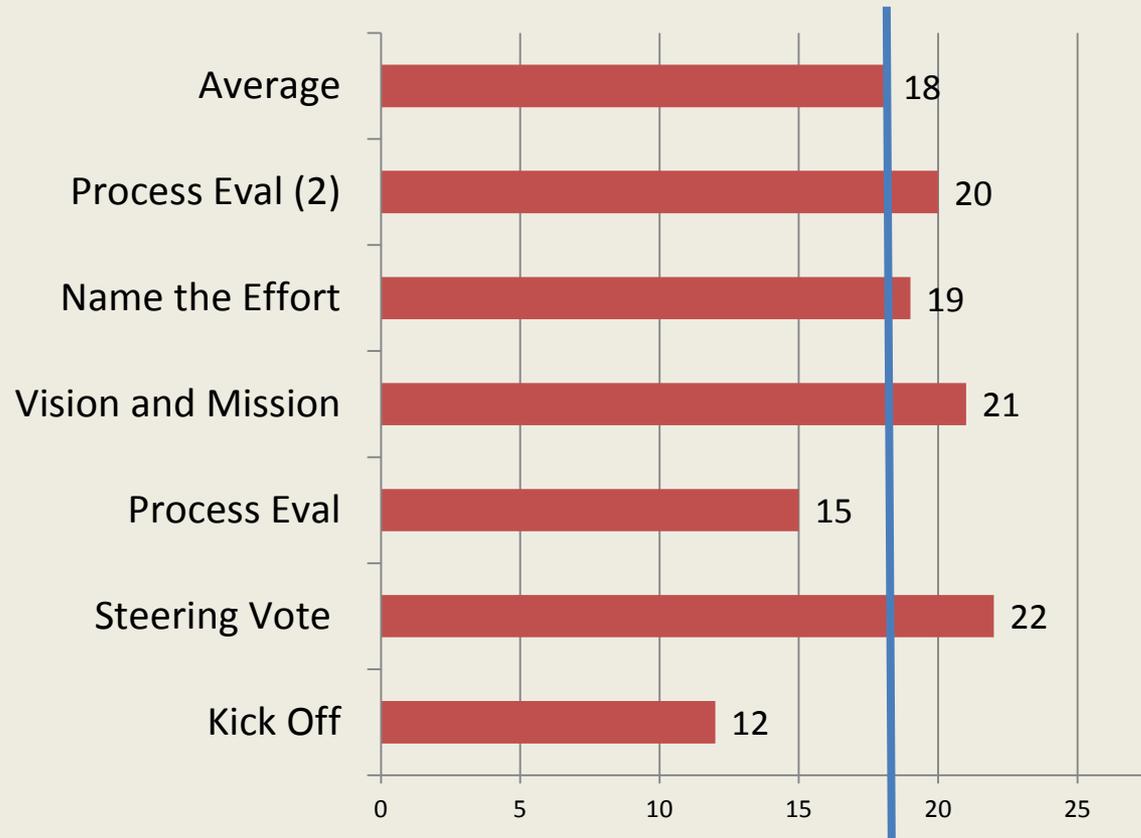


Q6: The meeting increased your confidence that we can create a healthier Skagit County.

Answered: 19 Skipped: 1



Summary of Survey Participation



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- Thoughts about process improvements
 - Information at and between mtgs
 - Communication amount and frequency
-
- Help with reviewing web site information
 - Review & Next Steps



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Closing

- **Next meeting May 7th**
- **Northwest Career and Tech Academy**
- **Meeting: 9:00 to 11:00 ?**



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