



**POPULATION  
HEALTH TRUST**  
ADVISORY COMMITTEE

**Board of Health**  
Kenneth Dahlstedt, Chair  
Lisa Janicki, Commissioner  
Ron Wesen, Commissioner

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**PHT Membership Meeting**  
**Thursday March 1, 2018**  
**Skagit Transit Community Room**

**Members:** Bill Henkel, Carol Hawk, Colleen Pacheco, Connie Davis, Debra Lancaster, Don McDermott, Howard Leibrand, Jennifer Sass-Walton, Jennifer Johnson, Joanne Lynn, John Sternlicht, Ken Lawson, Kevin Murphy, Liz McNett Crawl, Margaret Rojas, Mary McGoffin, Mary Ellen Lykins, Maureen Pettitt, Michael Sharp, Phil Brockman, Sonia Garza

**Staff:** Kristen Ekstran, David Jefferson, Lea Hamner, Amanda Horvath and Mel Pedrosa

**Regrets:** Barbara Juarez, Cheryl Rasar, Chris Johnston, Diane Smith, Kari Ranten, Liz Lovelett, Randy Elde, Scott Hale, Stacy Phelps & Stephanie Morgareidge

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• **Welcome & Forces of Change Introduction discussion**

David asked the table groups to choose one speaker for the table to share information about their organization based on the criteria below in order to educate the Trust on the work of its members:

- ✓ Describe your organization
- ✓ Who you serve
- ✓ Trends or current factors shaping your services or organization
- ✓ A recent event that is influential or driving changes
- ✓ One organization goal for 2018

• **Agenda Review & Approve Previous Notes**

Please note, in the February 1 notes one change was under “Recognitions” the first bullet should read “collaborative effort between Head Start, Skagit Valley College, and Children’s Council of Skagit county.”

The change will be made and a corrected copy will be made available.

• **Recognitions**

- Mary Ellen shared that Head Start and Skagit Valley College received an Ed Ziegler Innovation Award. They have also been recognized by the Federal Head Start Office and is 1 of 12 Head Start Centers that will be sending Educational Staff to Washington DC for training.
- David shared the recent accomplishment by Skagit County and the Opioid Workgroup Leadership Team in the Secure Medicine Return Ordinance. Also, House Bill 1047, which would be a Secure Medicine Return Ordinance state-wide, passed and is in process for signature by the Washington State Governor for implementation.

- **Steering Committee Update**

Bill Henkel shared on the recent and current work of the Steering Committee, including:

- ✓ The Committee approved providing the conference fee for Mo Pettitt to attend the National Health outreach Conference to present on the Population Health Trust
- ✓ Clarified & prepared the 2018 priorities
- ✓ Discussed meeting location, and decided in no change at this time
- ✓ Reviewed the national health ranking report (included in your packet)
- ✓ Talked about a 2018 retreat, decided to table this until necessary
- ✓ Deliberated on the Forces of Change presentations and how and by use of what dynamic to incorporate those

- **Review “Guiding Principles” Work & Approve New Changes**

The group reviewed the document and David noted the changes and updates made to the form and asked for feedback. Big thanks to Mo Pettitt, Chris Johnston and Randy Elde for doing the review and completing the work.

Suggestions:

- ≈ A suggestion was made to include “Vulnerable Populations” in the glossary for clarification

The group agreed on all changes.

- **Trends Website & Selecting Newsletter Focus**

David shared a document with the list of Trends indicators that have been recently updated and shared the data graphs on 4 indicators:

- Median Age of the Population 0.1.2
- Median Household Income 2.1.2
- Population below the federal poverty level 2.5.1
- Total share of seniors and children living below the poverty level 2.5.2

Comments

- The graphs show the median income has increased, but it’s still deficient for a family
- The graph on seniors and children under 18 seems skewed, Lea will assess this and bring additional information to the next Membership meeting
- Add the cost of living index 2.2.5 as well

The group agrees the next Newsletter address the living wage, cost of living, disparities and how they affect health and wellness in Skagit County.

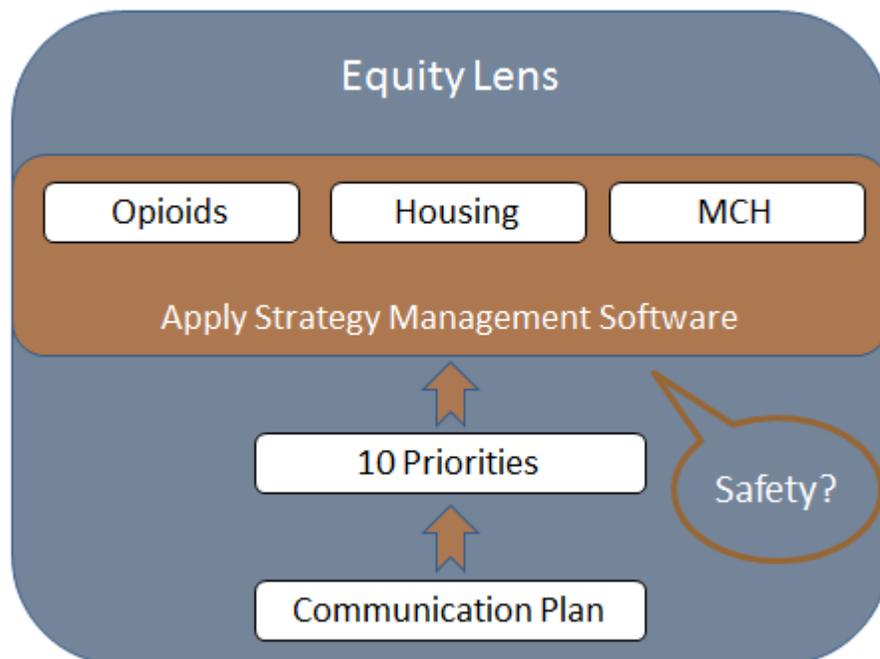
- **Housing White Paper Update**

David shared the draft outline and comments received from the Membership on the survey. These comments depicted the effects housing effects their represented organizations and sectors through a health lens.

David encouraged those members that haven't contributed to do so, as well as include any data available from their organization, in order to educate and update the Board of Health on the severity of this epidemic.

- **2018 Priorities**

David shared the info graphic used to communicate the 2018 priorities



Comments/Suggestions:

- Ken suggested the "10 Priorities" should come before the "Communication Plan"
- Mo suggested the "assessment" drove the priorities, so that should be included
- Jennifer J shared that it is important to stay flexible for emergent indicators and items that may not be on our priority levels, i.e., Opioids

David proposed that due to the current climate regarding safety, the Membership considering implementing Safety as the next priority indicator post-Maternal & Child Health. Kristen shared that we currently have 10-12 data indicators on the Trends site regarding safety.

Through robust discussion and deliberation, the group agrees to consider Safety as the next priority indicator. The group also agrees on the Steering Committee discuss the details on what "Safety" will represent and ensuring a broad scope such as gun safety, violence, etc.

- **Maternal & Child Health Update**

Kristen shared an update on the recent work of the First 1K Days workgroup, highlights include:

- ✓ Asset mapping: no coordinated/organized system to bridge the families/clients to services
- ✓ Key gaps found: lack of coordination between services, lack of funding support, families lack of resources, lack of programs
- ✓ Created a list of programs/services that Skagit County needs more of

- **Summary & Next Steps**

- ✓ Reminder to members to submit comments on housing and health and how that effects their sector
- ✓ Newsletter suggestions
- ✓ Priorities document reviewed and accepted
- ✓ Forces of Change-continue with the format used at the beginning of this meeting
- ✓ Next Trust meeting scheduled for Thursday April 5, 2018 from 8:30am-10:30am located the Skagit Transit Community Room