



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Lisa Janicki, Chair
Ron Wesen, Commissioner
Kenneth Dahlstedt, Commissioner

PHT Membership Meeting #45
February 7, 2019 - 8:30-10:30am
Skagit Transit Community Room
Meeting Minutes

Members: Bill Henkel, Chris Johnston, , Debra Lancaster, Kenneth Lawson , Howard Leibrand, Jennifer Johnson, Jennifer Sass-Walton, Joanne Lynn, John Sternlicht, Liz Lovelett, Mary McGoffin, Kevin Murphy ,Michael Sharp, Mo Pettitt, Phil Brockman, Randy Elde.

Staff: David Jefferson, Lea Hamner and Kristen Ekstran

Absent: Claudia Marken, Barbara Juarez, Carol Hawk, Sonia Garza, Cheryl Rasar, Connie Davis, Don McDermott, Mary Ellen Lykins, Liz McNett Crowl, Margaret Rojas, Diane Smith.

Guests: Rocio Castillo-Foell, Anneliese Vance-Sherman, Marci Bloomquist

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- **Introductions, agenda review and approve previous minutes-** Rocio Castillo-Foell from SeaMar, Anneliese Vance-Sherman from the Employment Security department, Marci Bloomquist from Community Health Plan of Washington participated as guest and potential Trust members. Tammi Dee from the Mount Vernon School district was in attendance to lead an Equity conversation.
 - **Recognitions-**
 - PHT recognized and congratulated Liz Lovelett on her appointment this week to the Washington State Legislature as a Senator from the 40th District. Her presence and collaboration will be greatly missed.
 - Kristen recognized the OWLT outreach/presentation team and in particular Dr. Leibrand for changing the way a surgery center in Skagit County has thought about post-operative pain management and processes. Their consultation with Dr. Leibrand has resulted in reduced prescriptions, better outcomes and much fewer diversion activities.
 - Bill showed appreciation for the work of Liz Jennings at Community Action and for the members of the Welcome Home Coalition who attended Advocacy Days in Olympia and did a great job with lawmakers.
 - Howard announced an expansion of Ideal Option into Whatcom and Oak Harbor which will mean that there are more treatment spaces in Burlington for local residents.
 - **Maternal and Child Health update-** Kristen shared progress on the First 1,000 Days work:
 - An expanded Implementation team has begun to meet monthly to focus on community roll-out, developing a strategy map and beginning to monitor community efforts. The full workgroup will meet quarterly this first year.
 - A community-wide logo and branding for parent programming and communication has been developed: Bright Beginnings for a Brighter Future. United Way is building out a resource website for families, medical providers and others who work with families.

- Additional progress through funding for program expansion (home visiting services with Brigid Collins) and capacity building (perinatal behavioral health).
- **Nomination Status-** We will be looking for a West County rep. to replace Liz. She has some potential suggestions. Rocío, Marci and Annelise attended to better understand our purpose and process. David will follow up with them and will bring forward to the Steering committee for further consideration.
- **Spring PHT Event-** There was no strong feeling about “Powerful Partnerships – The Answer to Better Health,” but Debra suggested “Powerful Partnerships – Prescription for Health.” There were questions and conversation about the Terry Belcoe award. Steering committee will continue to refine the agenda for our event. An event flyer will be available this month.
- **Updated Goals for 2019 –** Mary suggested that acronyms be spelled out. Otherwise, the group approved.
- **Equity Conversation –** Tammi Dee from the MVSD kicked off a discussion on equity aimed at helping the Trust determine our level of competence around the definitions, potential next steps and assess how much we prioritize the issue. We looked at historical underpinnings of structural racism, reviewed systemic oppression and held table talk around these issues around a data point regarding arrest rates. At the end of the discussion, Trust members took an online poll that indicated that we want to find ways to focus on and emphasize equity work. Potential options to be further discussed include looking at protocols for:
 - Data
 - Policy
 - Funding
 - Internal capacity
 - Inclusion

In our decision-making we could be asking:

- Who benefits?
- Who is un-proportionally impacted?
- What would be the impact on the most vulnerable populations?

Meeting Summary and Closing Remarks

- David thanked guests for attending
- Meeting Adjourned, next meeting is March 7th, 2019