



PHT Meeting Minutes
February 6, 2020 – 8:30-10:30 AM
Skagit Station Meeting Room

Members: Phil Brockman, Bill Henkel, Jennifer Johnson, Ken Lawson, Howard Leibrand, Mary Ellen Lykins, Kevin Murphy, Maureen Pettitt, Margaret Rojas, Michael Sharp, Lyndie Simmons, Diane Smith, Josh Pelonio, Jennifer Sass-Walton, Anneliese Vance-Sherman

Staff: Kristen Ekstran, April Gunderson

Guests: Vicki Jacobs, Don Bryan

Regrets: Rocio Castillo-Foell, Polly Dubbel, Claudia Marken, Dean Snider, Chad Clark, Marci Bloomquist, Connie Davis, Thomas Boucher, Sonia Garza, Chris Johnston, Barbara Juarez, Debra Lancaster, Cheryl Rasar, John Sternlicht

Welcome, Agenda Review, and Approve December Minutes

- Kristen Ekstran welcomed everyone and went over the agenda and meeting packet. In addition to the agenda and minutes, the meeting packet also included a meeting schedule for 2020, a member roster, and the Guiding Principles, which were updated to reflect the equity statements and vision that were written in the summer.
- December minutes were approved.
- Members of the Population Health Trust shared some news. Phil Brockman announced their wellness center is now open and invited everyone to attend the ribbon cutting. Howard Leibrand announced that Ideal Option is now treating Hepatitis C.

Love Heals

Guest speaker Vicki Jacobs presented on the Love Heals Free Clinic on April 25 and 26. The Free Clinic will provide medical, dental, and vision care to anyone. For more information, visit <http://www.lovehealsfreeclinic.org>.

Nutrition Month

Diane Smith presented on Nutrition Month and the 5210 message about Healthy Eating Active Living (HEAL). The Population Health Trust brainstormed ways they could adopt the 5210 message about HEAL in support of Nutrition Month. Ideas brainstormed were: hiking clubs, the theme of the Connections Conference, sustaining programs already in place, attending a dine and shop event, supporting each other's initiatives, having a central place to post HEAL opportunities, developing partnerships with the City, conducting internal staff education, and utilizing social media and the Be Active website.

Checking in on Health Behaviors Priority: Chlamydia

Lea Hamner presented on the increasing rates of STDs in Skagit County and asked the Population Health Trust to weigh in on potential solutions. Members talked about the fine line for sex education in schools and they liked that parents were informed of what their child is learning with regards to sex education. Members suggested looking at the issue

with an equity lens and doing targeted outreach to certain communities. Members liked the idea about safe sex messaging in dating apps, funding for a Public Service Announcement, and funding for healthcare provider training. The Population Health Trust will continue to be informed of policy updates and were urged to take flyers and condoms and share the posts about STDs on Skagit County Public Health's Facebook Page.

Updates on Community Health Improvement Plan (CHIP) Initiatives

April Gunderson shared some updates for the three CHIP initiatives: First 1,000 Days, Opioids, and Housing.

- First 1,000 Days: The Population Health Trust released a survey asking organizations about their efforts towards furthering the goals in the First 1,000 Days plan since its release. These accomplishments will be shared at the next Population Health Trust meeting.
- Opioids: The Opioid Workgroup Leadership Team has set priorities for 2020 which are grouped into four categories: Advocacy, Education and Outreach, Narcan Distribution, and Other. They will be narrowing the scope of these priorities down to be more actionable at the next Opioid Workgroup Leadership Team meeting.
- Housing: The Steering Committee has recommended that launching a housing data workgroup would be a good idea to move forward on the next step of Targeted Universalism, which is to assess the state of housing to see how well the overall population fares relative to the universal housing goal of everyone in Skagit County having the opportunity to have stable, safe, and affordable housing. The housing data workgroup will likely meet in February.

Community Health Assessment

Kristen Ekstran presented to the Population Health Trust on a regional Equity Report that will drive the upcoming Community Health Assessment work. She shared some of the priority areas, which included Demographics, Behavioral Health, Maternal and Child Health, Housing, and Access and Quality of Care. At the next Steering Committee meeting, they will discuss a proposed framework for the Community Health Assessment to see how the Equity Report fits into the overall Community Health Assessment.

Other

- Jennifer Sass-Walton announced the Second Annual Pregnancy and Beyond Conference, which will be at the Swinomish Casino and Lodge on April 29, 2020.
- Bill Henkel announced a community event called Have a Heart for Community Training, which will be at the Swinomish Casino and Lodge on March 25, 2020.
- Lea Hamner provided an update on the Novel Coronavirus and confirmed that the risk to the general population was low. She described what Skagit County Public Health does and encourages Population Health Trust members to help in stopping the spread of misinformation.
- Kristen Ekstran announced a save the date for the Second Annual Population Health Trust Community Event and Skagit Changemaker Award Presentation at McIntyre Hall.

Adjourn