



**POPULATION  
HEALTH TRUST**  
ADVISORY COMMITTEE

**Board of Health**  
Ron Wesen, Chair  
Kenneth Dahlstedt, Commissioner  
Lisa Janicki, Commissioner

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**PHT Membership Meeting #22**

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**Thursday February 2, 2017**

**Skagit EMS**

**Members:** Andrea Doll, Charlie Wend, Cheryl Rasar, Chris Johnston, David Jefferson, Debra Lancaster, Diane Smith, , Howard Leibrand, Jennifer Sass-Walton, Kari Ranten, Kevin Murphy, Kristen Ekstran, Liz McNett Crowl, Margaret Rojas, Mary Ellen Lykins, Michael Sharp, Mo Pettitt, Murray Laidley, Phil Brockman, Randy Elde, Scott Hale, Stacy Phelps, Stephanie Morgareidge, and Tina Willett

**Absent:** Barbara Juarez, Bill Henkel, Carol Hawk, Colleen Pacheco, Connie Davis, Douglas Spingelt, Joanne Lynn, John Sternlicht, and Yeshi Tulu

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- **Welcome** Margaret Rojas
- **Member Introductions**  
≈ Welcome new Member Murray Laidley from MIN-NS
- **Agenda Review & approve previous meeting minutes**
- **Safe Firearm Presentation-Seattle Children's Hospital** Chelsie Gallagher

Chelsie Gallagher shared a presentation on an initiative that Seattle Children's Hospital has started regarding Firearm Safety at Home. Chelsie shared that Seattle Children's Hospital has started hosting Community Giveaway Events. At these large scale events, Children's distributes free safe storage devices and educates families and individuals about the importance and effectiveness on safe firearm storage. The objectives of these events are to:

1. Increase access and use of safe storage devices
2. Increase awareness
3. Increase skill/competence

Children's is planning a Spring Event in Skagit County and has 2 possible locations lined up. Anyone who would like to volunteer to help at the event, can contact Chelsie at [chelsie.gallagher@seattlechildrens.org](mailto:chelsie.gallagher@seattlechildrens.org).

- **Skagit Regional Health** Howard Leibrand

Howard gave an update of the current action steps that Skagit Regional Health has taken to fulfill the commitment made to move the dial on the Opioid epidemic in Skagit County. Some highlights are as follows:

- ✓ Communication-SRH is implementing steps necessary for clear communication on opiates to its providers
- ✓ Aligning with the State Opioid Plan
- ✓ Connie Davis has committed to obtaining internal prescribing data, in order to assess the prescribing practices
- ✓ More physicians affiliated with SRH have completed the Suboxone training, and SRH continues to educate their providers on safe prescribing practices as well as appropriate use of buprenorphine
- ✓ Educate staff on the utilization of alternate modalities for pain management, in lieu of opiate prescription
- ✓ The emergency department is providing Narcan kits to patients discharged with opioid problems
- ✓ Current work on a “hot hand-off,” aiming to connect client with OUD within a 3-5 day window with a referral from the ED to Ideal Option

#### Comments

David commended that most of action steps that Howard and SRH are doing are identified in the Opioid Action Plan.

- **Steering Meeting Update**

Kevin Murphy

Kevin shared an update and most recent work the Steering Committee. This included deliberation on the following:

- ✓ Reviewing the Member Survey and suggestions for how to improve Member engagement
- ✓ Elevator Speech
- ✓ OWLT Work update
- ✓ Next priority item, this will be deliberated and recommendations brought to the March PHT Meeting

- **Elevator Speech (take 4)**

David Jefferson

David shared a latest draft of the proposed elevator speech, including suggestions made at the last PHT meeting. Through deliberation, the group agreed on this format.

It was suggested that this be condensed for use on a card that members can carry for a reference. David will update and send out for one last approval offline, then print.

- **2017 Budget**

David Jefferson

David introduced the \$88,220 FY 2017 budget at the January Membership meeting, but didn't request approval. He has provided a copy to the group today, it was motioned to approved, 2<sup>nd</sup>, and approved. Please note, one abstainer was our new member Murray Laidley due to it being his first meeting.

- **Presentation Goals**

David Jefferson

The total presentations recorded since December are 8. There are some upcoming presentations scheduled and the members will let Mel know when completed to add to the tally.

David shared with the group that Eastern Washington University is currently working on our first newsletter, the topic being Opioids since it's on the Federal, State, and local fore front. David will let the PHT know when that is launched.

Some marketing ideas from the group were:

- Libraries-posting up the brochure or info card
- Outreach in Anacortes-would be well received and well attended

- **Opioid Update**

Kristen/Randy/David

Randy shared an OWLT update and their current progress in the area of Prevention. Talked about the current House Bill 1047 regarding Drug Take-Back programs. King County has passed an ordinance for drug take-back sites in a variety of locations throughout the county. This is funded by the Drug Manufacturer's, this is fully functional in King County, Snohomish, Kitsap, and Pierce is following suit. Kristen introduced a Trust Letter of Support for House Bill 1047 and asked for a motion. The group approved. The completed letter will be sent to local representatives, as well as the House Representatives, and a copy forwarded to PHT Members for distribution locally.

- ❖ The next OWLT meeting is scheduled for February 9, and will be setting out a charter in order to establish the group as a coalition. A position has be approved for the maintenance of the OWLT work and Kristen shared a Scope of Work for the proposed position and asks that any recommendations be sent to her.
- ❖ The Opioid Action Plan is complete and has been made public. We will be printing formal copies that will available for distribution soon. Outreach for additional Action items will be within the next 90 days.

David asked the group about holding a Community Summit on Opioids or start small with individual groups i.e. Rotary, Kiwanis, Chambers etc.

Some concerns shared from the group was that starting with a Summit would hinder the amount and caliber of people from attending, The group suggested that start presentations with small groups to peak interest and listen to their needs and concerns. Let's revisit this question in 3-4 months and decide what is the best way to reach the public.

David shared that we would like to start a Stigma-Reduction Trainings in the county as well. These would be to raise awareness on opiates, commonalties across populations, and the need for help at any level. Item sis pending

David Jefferson

- **Next Steps**

- The next Steering Committee Meeting is scheduled for Monday February 13<sup>th</sup> from 12:00pm-1:30pm, located at the Commissioner's Building
- The next PHT Meeting is scheduled for Thursday March 2<sup>nd</sup>, form 8:30am-11:00am, located at Skagit EMS
- Send Elevator speech to the group
- Send Gun Safety presentation to the group
- Invite people the to the March 7<sup>th</sup> Board of Health meeting where an Opioid Plan Resolution will be read into the record