



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Kenneth Dahlstedt, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner

PHT Membership Meeting

Thursday January 4, 2018 from 8:30am-10:30am

Skagit Transit Community Room

Members: Bill Henkel, Cheryl Rasar, Carol Hawk, Cheryl Rasar, Colleen Pacheco, Chris Johnston, Debra Lancaster, Diane Smith, Howard Leibrand, Jennifer Sass-Walton, Jennifer Johnson, John Sternlicht, Kari Ranten, Kevin Murphy, Liz McNett Crawl, Maureen Pettitt, Margaret Rojas, Mary Ellen Lykins, Michael Sharp, Phil Brockman, Randy Elde, Sonia Garza, , Stephanie Morgareidge, & Scott Hale

Staff: David Jefferson, Kristen Ekstran, Lea Hamner & Mel Pedrosa

Absent: Joanne Lynn, Barbara Juarez, Connie Davis, Stacy Phelps & Ken Lawson

Guests: Amanda Horvath

Time	Item	Owner
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- **Welcome, Agenda Review & Approve previous notes**
- **Recognitions and Celebrations**
 - Phil Brockman shared a brief overview of progress in Skagit. Phil expect there will be additional dollars from the state for capital projects and to continue fulfilling the mandate to fully fund education and they are going forward with the local school bond. Phil reported that students achievement assessment levels are up and they have a couple of new superintendents. In Sedro-Woolley, 2 schools were named as Schools of Distinction this year. He noted that Rich Weyrich is addressing the Opioid Epidemic and the County is exploring filing a suit against pharmaceutical companies to recover the cost of the epidemic. Rich met with school districts, as well as other municipalities and organizations within Skagit County seeking support. Sedro Woolley School District is currently drafting a letter of support and will possibly join the cause.
 - Cheryl Rasar shared the didg^Walič is now fully licensed and will begin bringing in 25 clients a day for triage and assessment, and will soon be running at full capacity.
 - Diane Smith shared about the Cutting Hunger project that takes place on weekends between UW, Skagit Publishing, Sedro-Woolley Food Bank, and the WSU Extension. There is a website for families in the Sedro-Woolley School District where they are able to self-identify the need for additional food. Once submitted, the food bank creates a food bag for the weekend and delivers to the family. In September of 2017 about 40 families were served, and 260 families were served in the month of December. Families reported they felt the process was done with dignity and respect, and enabled them to feel more relief

for providing for their families. The project will be expanding to Mount Vernon School District in collaborations with Neighbors in Need in the upcoming months.

- Mo shared that her and Diane submitted a proposal to the National Health Outreach Conference on the PHT document for presentation and was accepted!
- David would like to recognize Jennifer Johnson as a Medically Assisted Treatment (MAT) champion. Jennifer has been working really hard to get MAT in our new Criminal Justice System.
- Jennifer Johnson shared that the Health system at the Criminal Justice center will be changing as of February 2018, Contracting with Naphcare. MAT and Dental care included in the contract, which Howard has been an advocate for as well. The County has been supportive of the change.
- Kristen shared the info flyer on Secure Medicine Return Ordinance.
- Howard shared he will be giving a lecture on Suboxone and the work at Ideal option, next week.

- **Nominations**

David shared about the current efforts for additions and replacements of previous members. Those currently committed to be a candidates are Liz Lovett (West County Representative) and Mary McGoffin (Foundations.) The Law & Justice Council will be deliberating on a candidate next week and will let us know who that will be to fill Charlie Wend's position. The group agrees to bring these candidates before the Board of Health for approval.

- **Operation Principles**

David shared the current Trust *Operating Principles* need to be reviewed and updated. David asked for 3 volunteers to review and deliver a draft by the end of March 2018. 3 people volunteered to review the Operating Principles: Chris, Mo and Randy.

- **Membership**

David began the conversation about membership attendance and charged the group with discussing the current attendance climate. Through much discussion, the group agrees to continue with the current attendance structure.

- **Maternal & Child Health Update**

Kristen shared an update on the MCH workgroup. MCH will be launching 2 workgroups in January. A Parent Advisory Group on January 11th, and the First 1K Days Workgroup on January 23rd. Lea will continue to work on an Internal Report regarding the qualitative and quantitative data, more to come.

David and Kristen shared a video on Maternal & Child Health regarding Brain Science.

- **The Terry Belcoe Award**

Debra and Bill shared the new proposed Terry Belcoe Award, including the criteria created, ownership of the award, and logistics of the process. The planning group will tentatively be

presenting the award at the Community Action Low-income Prosperity event at the end on March 27th. Once the preliminary draft is completed, David will send out the flyer and nomination forms, hopefully late next week. The group agrees to move forward with this award.

- **Skagit Council of Governments (SCOG) Housing Action Report**

David shared with the group about the proposed alignment with the SCOG Housing Plan. Through much discussion, the group agrees to support the SCOG Housing Action Plan with the caveat of creating a white paper which highlights the correlation of housing and health and present to the Board of Health for adoption for the entire county.

David and Kristen will create an online comment area for PHT and their constituents to report on the impacts of housing to their organizations and sectors through a health lens.

Volunteers to be a part of a workgroup to create a white paper: Scott, Mo, Carol (graphic layout report), John volunteered.

- **Next Steps**

- The next Steering Committee Meeting is scheduled for Monday January 8, 2018 from 12:00pm-1:30pm located at the Skagit County Commissioner's Building
- The next OWLT Meeting is scheduled for Thursday January 11, 2018 from 2:00pm-4:00pm, located at Skagit Publishing
- The Maternal & Child Health Parent Advisory Workgroup launches on Thursday January 11, 2018 from 4:00pm-7:00pm located at the Children's Museum
- The Maternal & Child Health First 1K Days Workgroup launches on Tuesday January 23, 2018 from 9:00am-12:00pm, located at the Skagit Transit Community Room
- The Secure Medicine Return ordinance presented to the Board of Health is scheduled for Monday February 5, 2018 at 11:00am located at the Skagit County Commissioner's Hearing Room