



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Kenneth Dahlstedt, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner

PHT Membership Meeting #43
January 3, 2019 - 8:30-10:30am
Skagit Transit Community Room
Meeting Minutes

Members: Bill Henkel, Chris Johnston, Claudia Marken, Debra Lancaster, Diane Smith, Jennifer Sass-Walton, Joanne Lynn, John Sternlicht, Liz Lovelett, Mary McGoffin, Mary Ellen Lykins, Michael Sharp, Mo Pettitt, Phil Brockman, Sonia Garza, Randy Elde.

Staff: David Jefferson, Lea Hamner and Dawn Koenig

Absent: Barbara Juarez, Carol Hawk, Cheryl Rasar, Connie Davis, Don McDermott, Howard Leibrand, Jennifer Johnson, Kenneth Lawson, Kevin Murphy, Kristen Ekstran, Liz McNett Crowl, Margaret Rojas.

- **Introductions, agenda review and approve previous minutes-** Previous minutes were approved.
- **Recognitions-** Phil talked about the Prevention funding and the ability to hire 3 intervention people in the Sedro-Woolley area. He praised Julie's work on moving the SBHC forward and for the county's support in this effort. Planning to open the health clinic next fall in the high school in partnership with PeaceHealth. Mary's comments: "Applaud the grassroots solutions made here and the partnership between neighbors (school district and PeaceHealth)." Bill Henkel acknowledged Anacortes Councilman Eric Johnson for helping with homeless situation and providing resources to the community. Liz Lovelett thanked the county for their collaboration on the Salvation Army shelter in Anacortes. Bill said he was grateful for the Opioid navigation funds and they hope to hire a person for the position soon. He also mentioned the good collaboration with Erin Von Kemp.
- **Board of Health Update-**David shared a slide presentation in which he talked about the Board of Health being expanded by two more people. One of those being from the community and one being from the Trust. The BOH has fiscal responsibilities, the power to vote on dollars. The fiscal authority will move to the Commissioners. That way a citizen and/or Trust member can participate in decision making. The new board should be formed by the fall.
- **Nomination Status-** We will rely on PHT members for nominations and the Steering Committee to evaluate the nominations. They will take the time needed beyond the typical February entrance. We may consider slowing down the process and taking more time. It will be a year round position, and before they sign up they will need to know what is expected of them. David shared some of the people he has reached out to. Some of the things we are looking for in a member are:
 1. Subject are leader and representative
 2. People with diversity and diverse people
 3. Decision maker or closely connected
 4. Interest in advancing health for all
 5. Interest in policy and systems
 6. Connected to community partners
 7. Likes working at a macros level

David asked that we take about a month and talk about it and send any ideas and/or names to him.

There was some concern about the committee getting too big and we reiterated that it's "quality over quantity." We need committed, dependable candidates.

- **Spring PHT Event-** The Trust would like to host an event in the spring in which we will be talking about the health of the county. One goal is to demonstrate our collective impact efforts to the public and emphasize the value of our strong relations. Draft agenda items:
 1. **Who are we**
 2. **What have we done together (success)**
 3. **How data is informing our decisions**
 4. **Pending challenges**
 5. **Goals for 2019**
 6. **Changer Maker Award**

The health of the county will be the topic. Members discussed the idea that the "Health of the County" isn't just about having a high temperature, it really means "Am I happy, am I busy, Do I have healthy relationships?" It takes us individually, thinking about the community as a whole. It should give us an opportunity to show how the Trust is making changes in people of all walks of life, families, and the entire community. We will talk about what the Trust has accomplished thus far, health statistics and discuss the Trusts collective impact on the community. People in the community would benefit from knowing what that all means.

The audience will be made up of decision makers, policy makers, a variety of organizations, business community, service sectors that we represent, members of the media and the community. We want to ask how they can participate and/or contribute.

The two dates that are being considered are May 2nd and May 16th 2019. McIntyre Hall could be the venue. The approximate time would be 4:00pm-6:00pm or 4:30 to 6:30 with approximately 30 minutes after for socializing. We would like to have about 200 in attendance. Suggest we serve light appetizers and a no-host bar. The PHT has funds to cover this event but we will develop a budget and bring to the Steering Committee. We could consider purchasing an event organizers to help with logistics.

The thought is to have a couple speakers, possible stories from people about how their lives have been changed around opioids and/or addiction. We can provide some visuals and messages about success. Keeping a positive message about successes and all the resources out there. Possibly printing cards with "10 Things You Can Do" and handing them out to participants. Asking the question, "How can you contribute?" We need to energize individuals to want to get involved.

It was suggested that we all think about it and bring ideas back to the group for more discussion.

Review Goals 2019

- 2018 slide of goals
- 2019 slide of priority areas
- Discussion
 - Spring event plays into communication plan
 - Try and find linkages between priority areas and actions beneath them so they are reinforcing actions.
 - Question about will we have HEAL or Access to Care started by Spring Event? Previous priority areas used full-scale gap analysis that took 6 months +. With the advent of InsightVision and our increasing familiarity, we can speed it up.
 - Ken: equity isn't a priority area but an undergirding principle. Communications too. They should support the others that are priority areas.
 - Maybe we should place this on a timetable to see how this unfolds. Gantt chart.
 - Bill: Remember this is a long-term process. It can seem overwhelming if we don't remember that. We could also easily get stuck in opioids, MCH, and housing alone. We need to keep other priorities in sight and moving.
 - Reevaluation of our assessment.

Meeting Summary and Closing Remarks

- Send Trust Member description and Guiding Principles document
- Member to send PHT nominations to David
- Terry Belcoe nominations: will be posted soon on a website. There is a list of criteria too. Announcement will come out
- Meeting Adjourned, next meeting is February 7th, 2019