

“Exit Strategies”

Comprehensive Behavior Clarification Group

Introduction and Hypothesis:

“Exit Strategies” is a multi tier behavior clarification group designed to counteract the influences, nuances, appeal, and allure of the various youth sub-cultures and behavioral life styles. Clarification is needed before modification; and the core component of the groups are grounded in an integrated cognitive behavior approach that is character focused. An initial assessment process will determine the level of gang involvement and guide the approach of the group facilitator. It is incumbent upon the facilitator to regulate groups in order to have a united and relevant message for all participants.

The Law Related Education curriculum (L.R.E.) included in both groups will examine youth sub-cultures from a perspective of law enforcement, education, mental health, and civic virtue. This in-depth psycho educational approach will demonstrate the direct correlation between low self-esteem; poor decision making, and the pervasive insecurities impacting youth resorting to gang activities and crime, truancy and poor educational performance, while focusing on non compliant attitudes.

Program Description:

“Exit Strategies” is a Comprehensive Behavior Clarification Groups (CBCG) implemented by JRA region 3. This prevention/intervention project is designed to target a continuum of youth ranging from the population of youth on the fringes of self-destructive activities to those who are deeply involved in criminal enterprise.

The referral process to the group will be regulated by facilitator Ron Carr through Program Manager Nick Clovsky. Youth referred to the group are expected to participate throughout the duration of the group, which is six weekly sessions of 90 minutes duration.

The group is designed to impact the behavior of at risk youth and high risk youth that are causing disruption in the educational venue, community and at home.

Documentation Process:

Each youth referred to the program will receive an initial assessment which will place them in the appropriate group. An initial assessment will be performed by JRA staff using oral interview and written assessment tools created for this project. The youth will then be referred to the appropriate class and be expected to attend all sessions. A post curricular interview will then be conducted by JRA staff. Following the completion of the preceding documentation a 6 month, 12 month and 18 month follow up will be performed by JRA staff. All data collected and created during this process will be kept in a student’s individual folder and be treated as confidential.