

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Every Week 8:30-3:30 Footcare 9 Creative Circle 9 Woodcarving 9-12 Men's Pool 9:30-12 Computer Clinic 9:30 Acrylics 10 Silver Foxes Exercise 11:30-12:30 LUNCH 12:30 Bridge 12:30 Scrabble 1-2:30 Reiki Therapy 1:30 Strength and Balance 2:30 Strength and Balance	Every Week 9-11 Chair Massage 9-12 Women's Pool 9:30 ASL Practice Group 10:30 Spanish Conversation 11:30-12:30 LUNCH 12:30 Color Me Calm 1 Miracle of Art 2 Spanish Conversation (cancelled 8/22) 2 Seated Wellness	Every Week 9:30-12 Computer Clinic 9:30 Mosaic and Stained Glass Art Workshop 10 Silver Foxes Exercise 11:30-12:30 LUNCH 12 Jim Smith, piano 12:30 Partner Bridge 12:30 Double Deck Pinochle 1 Mexican Train 1-2:30 Reiki Therapy 1:30 Strength and Balance 2:30 Strength and Balance	Every Week 8:30 Cribbage 9:30-12 Computer Clinic 9:30 T'ai Chi Chih (no class 8/3) 11:30-12:30 LUNCH 1 Gentle Yoga 1 Beginning Drawing 1:10 or 1:30 Ukulele Jam (alternates each week) 2:45 Beginning Ukulele	Every Week 8:15 Line Dancing 9-12 Men's Pool 9:30 Watercolor 10 Silver Foxes Exercise 11:30-12:30 LUNCH 12:30 Cultured Palette 12:30 Pinochle 1 Singing with Soul 1:30 Strength and Balance
	9:30 Accessibility Meeting 1 11 Cultured Purls	10:30 Flyswatter Volleyball 2	9 Wellness Meeting 3 11:30 Needlepoint Guild	3 Living Well Support Group 4
11 Receptionists Mtg. 7 11 Farmers Market Flash	10 Coffee with Karl 8	9	2 Program Meeting 10	2 Governance Meeting 11
9 Finance/Marketing Meeting 14	15	8:30-5 Trip: Boeing/Everett 16 10:30 Flyswatter Volleyball 12 Health Council 1:15 Boys & Girls Club	8:30 Creekside Meeting 17 10 Artists NW 12 Economic Security	3 Living Well Support Group 18
11 Farmers Market Flash 21	1:30 Kidney Support 22 2 Taste of SongShine	8:30 AARP Smart Driver 23 1:30 Coffee with Laurie	9 Basket Class 24 11 Picnic at Wash. Park	10 Make Your Own Body Lotion 25
8:30-1:30 Haircuts 28	9-4 Dental Hygiene Clinic 29 9-1 ASAC Foundation Annual Planning Mtg. 9:30-10:30 Blood Pressure	8:30 AARP Smart Driver 30	31	
August 2017				