SOLUTION TO ADDICTION

We all Know Someone

KNOW THE FACTS.

JOIN THE CONVERSATION.

BE PART OF THE SOLUTION.

SEPTEMBER 26, 2018

BE PART OF THE SOLUTION

AGENDA

- WELCOME | Swinomish Tribal
 Chairman Brian Cladoosby and Skagit
 County Commissioner Lisa Janicki
- · KEYNOTE | John Fitzgerald, PhD
- DINNER | Swinomish Casino & Lodge
- VIDEO | Person in Recovery
- SPEAKER | Denna Vandersloot
 M.Ed: What is recovery and how
 can the community help?
- PANEL | North Sound Recovery
 Coalition presentation: The Voice of
 Recovery moderated by David Jefferson
- SKAGIT COUNTY | What can you do?
- CLOSING | Remarks by
 Commissioner Ken Dahlstedt



Dr. Fitzgerald is the Statewide Addiction Treatment Analyst for the Oregon Criminal Justice Commission. He is presently leading all work on Senate Bill 1041, which involves studying, tracking, and accounting for all public money spent on addiction treatment in Oregon, and the outcomes achieved for that spend.

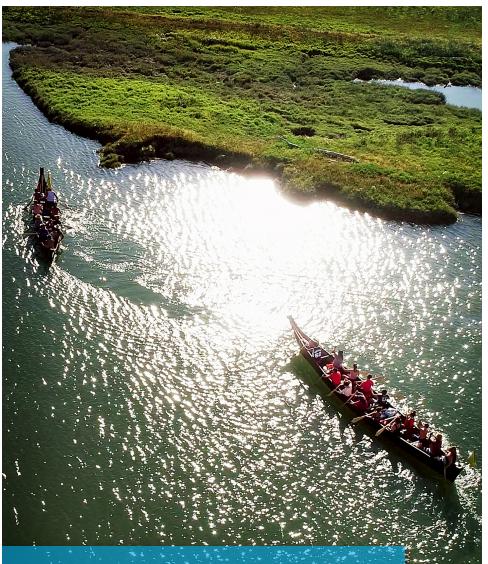
Dr. Fitzgerald also maintains a private practice in Lake Oswego working clinically as a Licensed Professional Counselor (LPC since 2001) and Certified Addiction Specialist (CAS since 2006). He is completing his first book, Optimizing Addiction Treatment: The 5-Actions Approach, that will be published by Routledge in 2019.

For the past decade, he has worked with colleagues to develop an evidence-based self-help online

solution to addiction. The integrated platform includes help for families utilizing the CRAFT approach, 24/7 phone support, and enhanced connection to medication-assisted treatment.

Dr. Fitzgerald has held various positions in the Department of Psychiatry at Oregon Health & Sciences University since 1997, and presently is Clinical Faculty. He has also been Adjunct Faculty in the Graduate Program of Systems Science at Portland State University since 2007.

Outside of his work in the addiction field, John is an avid photographer developing one of the largest portfolios of images exclusively focused on New York City. He also dedicates time to contemplative practices, travel, and – most importantly – his family.



Pulling together for a future free from addiction.

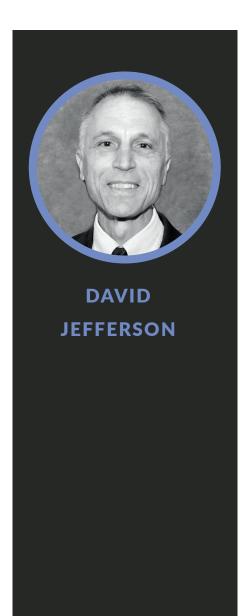




Denna Vandersloot is the codirector of the Northwest Addiction Technology Transfer Center at the Alcohol and Drug Abuse Institute at the University of Washington. She has worked as a health educator and consultant in the field of addiction and co-occurring disorders for the past 20 years. Her areas of expertise include healthcare integration, motivational interviewing, recovery-oriented systems of care and screening, brief intervention, and referral to treatment. She has worked with Skagit County Public Health Department on a variety of projects promoting early intervention and recovery focused services.



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David Jefferson has a Master's Degree in Social Work Administration from the University of Washington. He is a Public Health Analyst with Skagit County Public Health and is the lead staff directing the Population Health Trust Advisory Committee, consisting of 33 volunteer community leaders dedicated to improving health for ALL people in Skagit County.

David led a Skagit County needs assessment in 2015 that identified opioids as one of the leading problems in our community. This led to the launch of a gap analysis workgroup of community stakeholders that resulted in an action plan to address opioids in the area.

David is a member of the North Sound Accountable Communities of Health Program Council, chairs the North Sound Recovery Coalition, and a board member of the Northwest Career and Technical College. David has worked in the Behavioral Health field since 1988. The Northwest Addiction Technology Transfer Center serves workforce development needs of health organizations and clinicians

working with persons with substance use and co-occurring health disorders in **Alaska**, **Idaho**, **Oregon**, **and Washington**.

Located at the University of Washington's Alcohol & Drug Abuse Institute, the Northwest ATTC supports community-based implementation of evidence-based practices (EBPs) for treatment and recovery.



What We Do

- Provide intensive technical assistance to support community and organizational efforts to implement EBPs and create recovery-oriented systems of care
- Offer consultation for systems-level change in the emerging landscape of behavioral healthcare
- Disseminate science-based information on EBPs, cultural humility, and more



Focus Areas

Motivational Interviewing

Healing of the Canoe

Youth & Families

Recovery-Oriented Systems of Care

Opioid Use Disorder

Screening, Brief
Intervention, and Referral
to Treatment



Monthly Webinars

Join us for our monthly webinar series! Every last Wednesday of the month, from 12-1pm PST.



Topics include: Opioid Use Disorder, Recovery-Oriented Systems of Care, Healing of the Canoe, Harm Reduction, and more.

You can also view all of our past webinars online.

For more information, visit: http://bit.ly/NWATTCWebinars

Watch Our Next Webinar:

October 24th, 2018, 12-1pm PST Harm Reduction: An Organizing Framework to Address the Opioid Epidemic

Susan Collins, PhD, Univ. of Washington

Community Resources



Visit our website!

Featuring upcoming events and trainings, webinar series, detailed info on our areas of focus, and regional training resources.

http://attcnetwork.org/northwest

Washington State Resources

ADAI Find It! Toolkit

http://adai.uw.edu/findit

ADAI Clearinghouse http://adaiclearinghouse.org

WA Recovery Help Line http://warecoveryhelpline.org

Online toolkit of resources for professionals, families, communities, and college personnel.

Print and online prevention and treatment materials for providers, health specialists, and communities.

24-hour help and referral for substance use, problem gambling, and mental health.

Contact Us: northwest@attcnetwork.org

206-685-4419





RESOURCES	ADDRESS	PHONE	
Bywater Psychiatric Consultation	721 S. 1st St. Mount Vernon	(360) 708-9741	
Catholic Community Services	614 Peterson Rd. Burlington	(360) 757-0131	
Compass Health	1005 S. 3rd St. Mount Vernon	(360) 419-3600	
didg ^w álič Wellness Center	8212 S. March Point Rd. Anacortes	(360) 588-2800	
Evergreen Recovery	1905 Continental Pl. Mount Vernon	(360) 755-6400	
Follman Agency	910 S. Anacortes St. Burlington	cortes St. (360) 755-1125	
Ideal Option	1162 S Burlington Blvd. (877) 522-12 Burlington		
Island Behavioral Health	2511 M Ave. Anacortes	(360) 299-4297	
New Earth Recovery	P.O. Box 1473 Mount Vernon	(360) 848-9281	
Parent Child Assistance Program (PCAP) Brigid Collins	917 S. 3rd St. Mount Vernon	(360) 428-6622	
Phoenix Recovery Services	1601 E. College Way Mount Vernon	(360) 848-8437	



Puget Sound Refinery



Member driven, **whole person care** addressing medical, social, and behavioral health needs.

Targeted and effective programs that respond to the unique needs of our members.



chpw.org



RESOURCES	ADDRESS	PHONE
Sea Mar Mount Vernon Behavioral Health Center	1010 E. College Way Mount Vernon	(360) 542-8920
Skagit County Crisis Center (Pioneer Human Services)	201 Lila Ln. Burlington	(360) 757-7738
Sunrise Behavioral Health Services (Mount Vernon)	2500 E. College Way Mount Vernon	(360) 336-3762
Sunrise Behavioral Health Services (Concrete)	44942 State Route 20 Concrete	(360) 630-5430
Swinomish Wellness Program	17337 Reservation Rd. La Conner	(360) 466-7273
United Northwest Recovery Center	605-B Sunset Park Dr. Sedro-Woolley	(360) 856-6300
Upper Skagit Chemical Dependency Program	25959 Community Plaza Way Sedro-Woolley	(360) 530-1953
VOA Behavioral Health Services		(800) 584-3578



Providing treatment, housing and employment for justice-involved individuals

PioneerHumanServices.org 206.768.1990



Molina Healthcare proudly supports **Skagit County Addiction Symposium**

Thank you for contributing to recovery from substance use disorder.

To partner with Molina, contact Anastasia.Garcia@MolinaHealthcare.com

MolinaHealthcare.com



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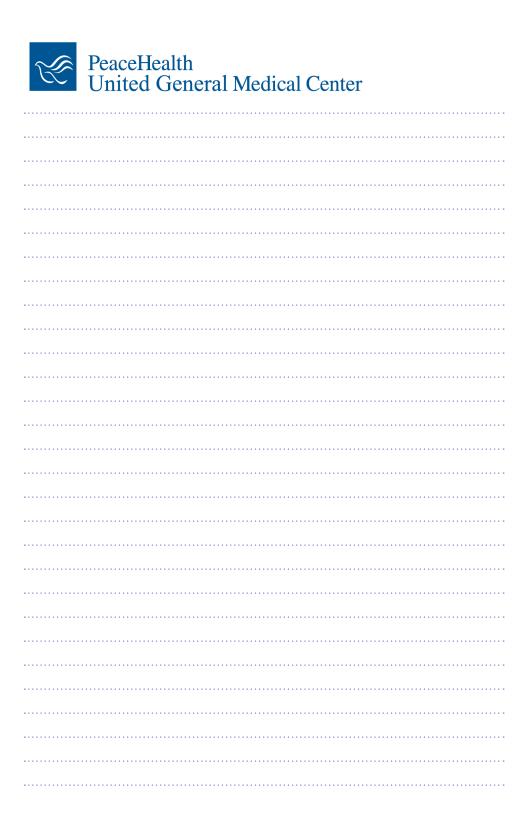
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RECOVERY SUPPORT	MEETING SCHEDULE	PHONE
Alcoholics Anonymous	district4aa.weebly.com	(360) 428-7155
Cocaine Anonymous	caofwa.org/ meetingschedule.htm	(425) 244-1150
Narcotics Anonymous	npsana.org/schedule.html	(818) 733-9999





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