Avoid medicine accumulation. Make sure your doctor and pharmacist are only supplying you with medications you will use. Decline free samples unless you know it is the correct quantity of a medication you can use. Review your medicines frequently and remove those that will not be used.

Dispose of medicines correctly. NEVER put medicines down the drain. Deposit unused medicines in a law enforcement collection box if possible. Collection locations and types of medicines accepted:

<table>
<thead>
<tr>
<th>Skagit County Sheriff’s Office</th>
<th>600 South Third Street, Mount Vernon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours 8:30am to 4:30pm Monday through Friday</td>
<td></td>
</tr>
<tr>
<td>Swinomish Tribal Police</td>
<td>17353 Reservation Road, La Conner</td>
</tr>
<tr>
<td>Hours 8:30am to 4:30pm Monday through Friday</td>
<td></td>
</tr>
</tbody>
</table>

**Accept Liquid or Pill form of**  
- Prescription drugs  
- Over the counter drugs  
- Vitamins  
- Inhalers  
- Unused Epi Pens  

**Do Not Accept**  
- IV bags  
- Bloody or infectious waste  
- Needles or syringes  
- Used Epi pens  
- Personal care products  
- Thermometers  
- Aerosol cans  

<table>
<thead>
<tr>
<th>City of Anacortes Police Department*</th>
<th>1218 24th Street, Anacortes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours 8:00am to 5:00pm Monday through Friday</td>
<td></td>
</tr>
<tr>
<td>City of Mount Vernon Police Department</td>
<td>1805 Continental Place, Mount Vernon</td>
</tr>
<tr>
<td>Hours 8:00am to 5:00pm Monday through Friday</td>
<td></td>
</tr>
<tr>
<td>City of Sedro Woolley Police Department</td>
<td>325 Metcalf Street, Sedro Woolley</td>
</tr>
<tr>
<td>Hours 10:00am to 5:00pm Monday through Friday</td>
<td></td>
</tr>
<tr>
<td>Washington State Patrol</td>
<td>2700 - 116th Street Northeast, Marysville</td>
</tr>
<tr>
<td>Hours 8:00am to 5:00pm Monday through Friday, closed 12-1pm for lunch</td>
<td></td>
</tr>
</tbody>
</table>

**All Accept Pill* form only of**  
- Prescription drugs  
- Over the counter drugs  
- Vitamins  

*All pills must be removed from containers and placed into a paper bag*  

**Do Not Accept**  
- Liquids in bottles or IV bags  
- Bloody or infectious waste  
- Needles or syringes  
- Epi pens  
- Personal care products  
- Thermometers  
- Aerosol cans  
- Inhalers  

If you cannot dispose of liquids or other medicines at a collection site please:
1. Take the medicines out of their original containers.
2. Mix with an undesirable absorbent substance, such as cat litter, oatmeal, or used coffee grounds.
3. Put the mixture into a disposable container with a lid, such as an empty margarine tub, or into a sealable bag.
4. Conceal or remove any personal information, including Rx number, on the empty containers by covering it with black permanent marker or duct tape, or by scratching it off.
5. Place the sealed container with the mixture, and the empty drug containers, in the trash.

If you have questions regarding sharps disposal or other hazardous waste disposal please contact the Skagit County Environmental Public Health Department at 416-1500 or visit our website at [www.skagitcounty.net/EH](http://www.skagitcounty.net/EH).