

# Hepatitis A

## HEALTH WARNING FOR PEOPLE LIVING HOMELESS



### WHAT IS HEPATITIS A?

Hepatitis A (hep A) is a virus that spreads easily. Many people don't know they have hep A so they spread it without knowing.

It can cause severe liver disease that can last for months.

Sometimes people die from hep A.

Hep A has been spreading in people living homeless in the U.S.



### HOW DOES IT SPREAD?

Hep A is in the poop of an infected person. If they haven't washed their hands after using the toilet, tiny bits of poop can get on things they touch. Hep A spreads from:



Touching objects or eating food that someone with hep A handled



Having sex with someone who has hep A



Sharing needles, pipes, or other items to take drugs



**Wash your hands with soap and water** after using the toilet, and before you cook or eat! Soap and water work best, but if they aren't available, use alcohol-based hand gel.

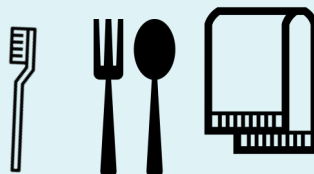
### HOW CAN YOU PREVENT HEPATITIS A?



Don't share food, drinks, needles, or smokes with other people



Don't have sex with someone who has hep A



Use your own towels, toothbrush and utensils



Get the hep A vaccine

## SYMPTOMS OF HEPATITIS A



Fever



Fatigue



Vomiting



No appetite



Jaundice  
(yellow eyes  
& skin)



Dark pee,  
pale poop,  
diarrhea

Some people with hep A don't have any symptoms

**If you think you might have hep A, see your doctor or go to the hospital**

## YOU CAN PROTECT YOURSELF FROM HEPATITIS A

Your **health care provider** can check your immunization status and provide a vaccination. Also most **pharmacies** offer the hep A shots if you have an insurance card. Call ahead to ensure the pharmacy has hep A vaccine.

### VACCINATING PHARMACY LOCATIONS:

#### ANACORTES:

Rite Aid, 1517 Commercial Ave..... (360) 293-2119  
Safeway, 911 11th St..... (360) 293-4148  
Walgreens, 909 17th St..... (360) 299-2816

#### MOUNT VERNON:

Haggen, 2601 E Division S..... (360) 848-6930  
Safeway, 315 E College Way..... (360) 424-0467  
Walmart, 2301 Freeway Dr..... (360) 428-3911  
Rite Aid, 412 E College Way..... (360) 424-7958

#### BURLINGTON:

Costco, 1725 S Burlington Blvd..... (360) 757-5702  
Fred Meyer, 920 S Burlington Blvd.. (360) 757-9133  
Haggen, 757 Haggen Dr..... (360) 814-1561  
Walgreens, 623 S Burlington Blv..... (360) 707-2741

#### SEDRO-WOOLLEY:

Rite Aid, 851 Moore St.....(360) 856-2153  
Walgreens, 320 Harrison St.....(360) 855-0735

Skagit County Public Health  
Communicable Disease Division  
700 S 2nd St, Mount Vernon, WA 98273  
(360) 416-1500

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