

Transcription

Production Jennifer Johnson Address
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Hello, I'm Jennifer Johnson, Director of your Public Health Department. Thanks for joining me as we talk again about physical distancing. I'm sure you've heard this before, so I'll keep it short:

Physical distancing is one of the best ways to prevent Coronavirus from spreading. When the governor modifies the stay-home order, we **MUST** be diligent about keeping physical distance. We don't want the virus to spread, even when we begin to see fewer new cases. Why is staying apart so critical? You may have seen this analogy making the rounds online: Physical distance is like a parachute. Coronavirus is like gravity. A parachute slows you down. But do you **REALLY** want to close it before you're safely on the ground? Of course not. Physical distance helps slow the spread - But we can't just stop because things have slowed down. We need to remain committed until we've stopped the spread. So, when you go out, please wear a mask or face covering in public. Keep 6-feet away from others. Wash your hands frequently for 20 seconds or more with soap and warm water. And please - be patient with yourself and others. This is a struggle for everyone, and for many different reasons. **YOU** are doing a great job. **YOU** are keeping yourself and your community safe. Thank you.