

Skagit County Healthy Youth Survey

COMMERCIAL TOBACCO PRODUCT USE

Fact Sheet

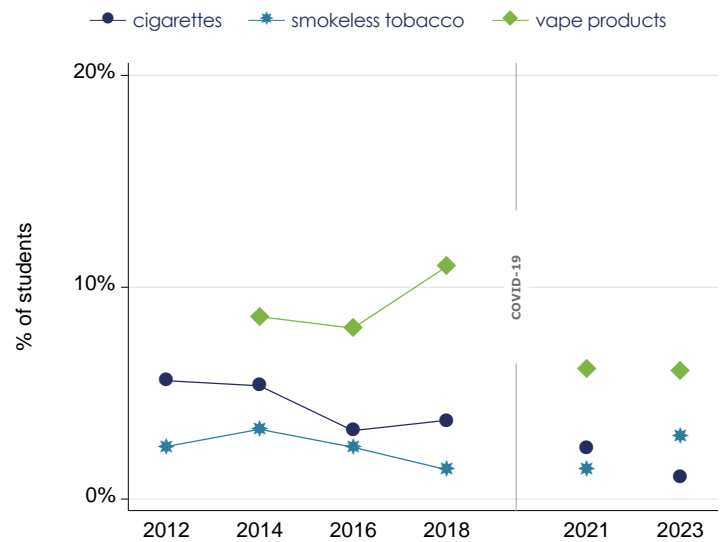


Year: 2023 Grade: 8 Sex: All Number of Students Surveyed: 1,126

BACKGROUND

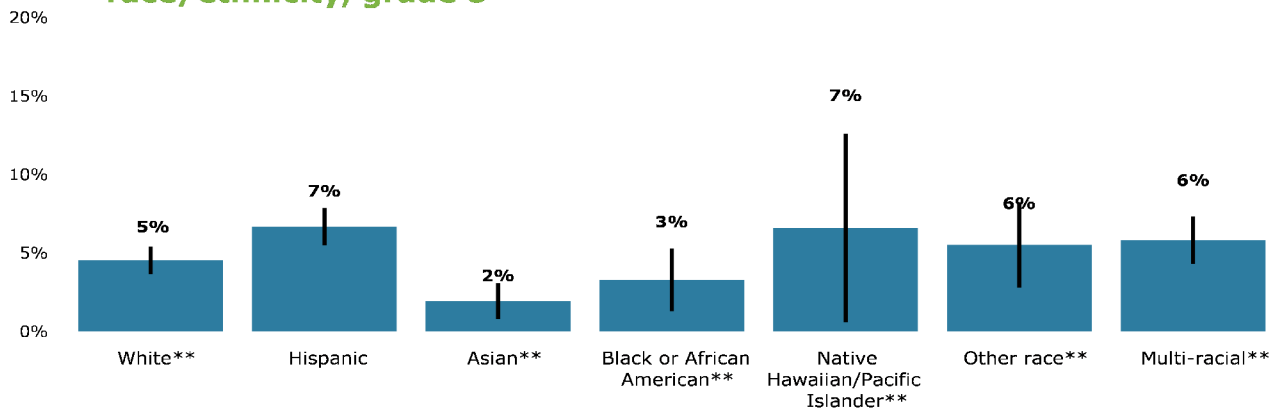
- Tobacco use remains the leading cause of preventable death and disease in Washington.
- Preventing youth initiation of tobacco and other nicotine use is critical to stem the tide of tobacco-related mortality, morbidity, and economic costs.
- Youth and young adults under age 18 are far more likely to start using tobacco than adults; nearly 9 out of 10 adults who smoke started by age 18.
- 104,000 Washington youth alive today will ultimately die prematurely from smoking.
- The emergence of vapor products (also called electronic cigarettes) has raised serious concern. Nicotine use can adversely affect brain development.
- The effects of nicotine exposure during youth and young adulthood can be long-lasting and can include lower impulse control and mood disorders. The nicotine in vapor products can prime young brains for tobacco use and addiction to other drugs.

Current (past 30-day) use trends, grade 8



Prevalence	2012	2014	2016	2018	2021	2023
cigarettes	6% ±1	5% ±1	3% ±1 ▼	4% ±1	2% ±1	1% ±1 ▼
smokeless tobacco	2% ±1	3% ±2	2% ±1	1% ±1	1% ±1	3% ±2
vape products	N/S	9% ±2	8% ±2	11% ±3	6% ±1 ▼	6% ±2

Statewide current [past 30 day] vapor product use and race/ethnicity, grade 8



**Non-Hispanic

Among 8th grade students, vaping varies by race and ethnicity. The highest rate of vaping is reported among non-Hispanic Native Hawaiian/Pacific Islander students and the lowest is among non-Hispanic Asian students. However, rates for some of these race/ethnicity sub-groups can

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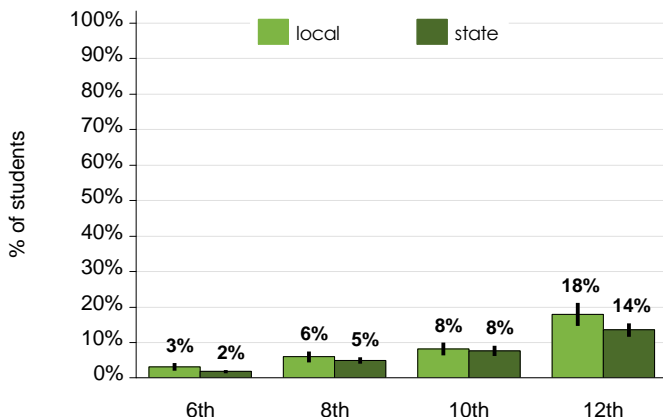
S = result suppressed due to insufficient reporting from students of schools;
N/G = grade not available; N/S = question was not surveyed this year;
N/A = question was not asked of this grade;

Prevalence is displayed with 95% confidence intervals (a± or black bar |)
*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 02/24/2024

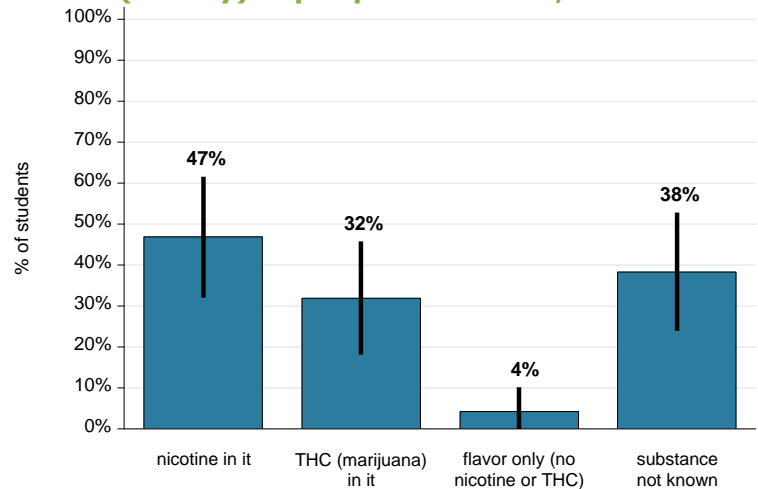
- Vapor products are the most common nicotine product used by youth.
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence. According to the U.S. Surgeon General, there is a strong association between the use of e-cigarettes, cigarettes, and the use of other burned tobacco products by young people.
- The minimum age of purchase for tobacco and vapor products is 21, but youth can get these products from their older friends and classmates.
- In 2016, Washington State passed a Vapor Products law, establishing a statewide licensing system and important protections to reduce illegal youth access to vapor products. This law applies to any vapor product, whether or not it contains nicotine.

Current (past 30-day) vapor product use compared to the state, all grades



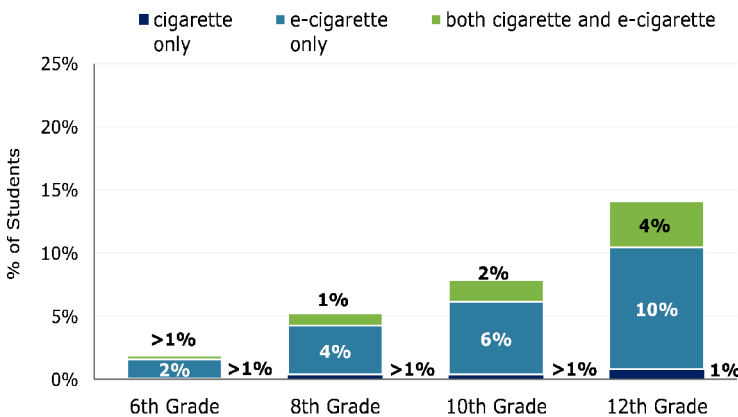
Prevalence	6th	8th	10th	12th
local	3% ±1	6% ±2	8% ±2	18% ±3
state	2% ±0	5% ±1	8% ±1	14% ±2

Reported substance "vaped" among current (30-day) vapor product users, Grade 8

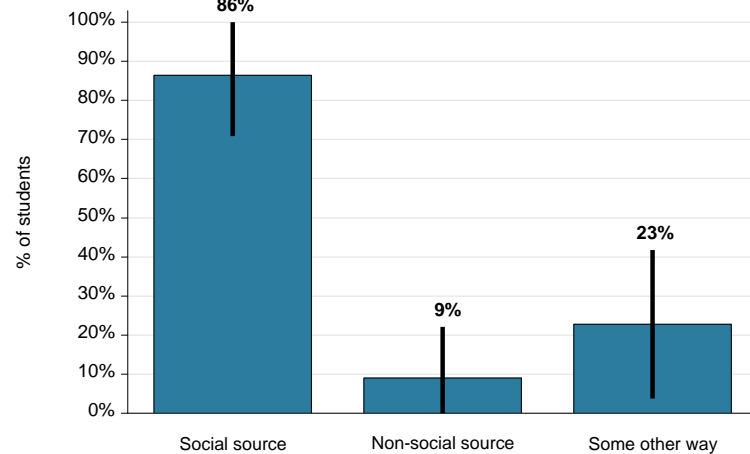


*Students can select more than one type of substance

Statewide prevalence of past 30 day e-cigarette, cigarette, and use of both among youth by grade



Source of tobacco and vapor products among those who use them, Grade 8

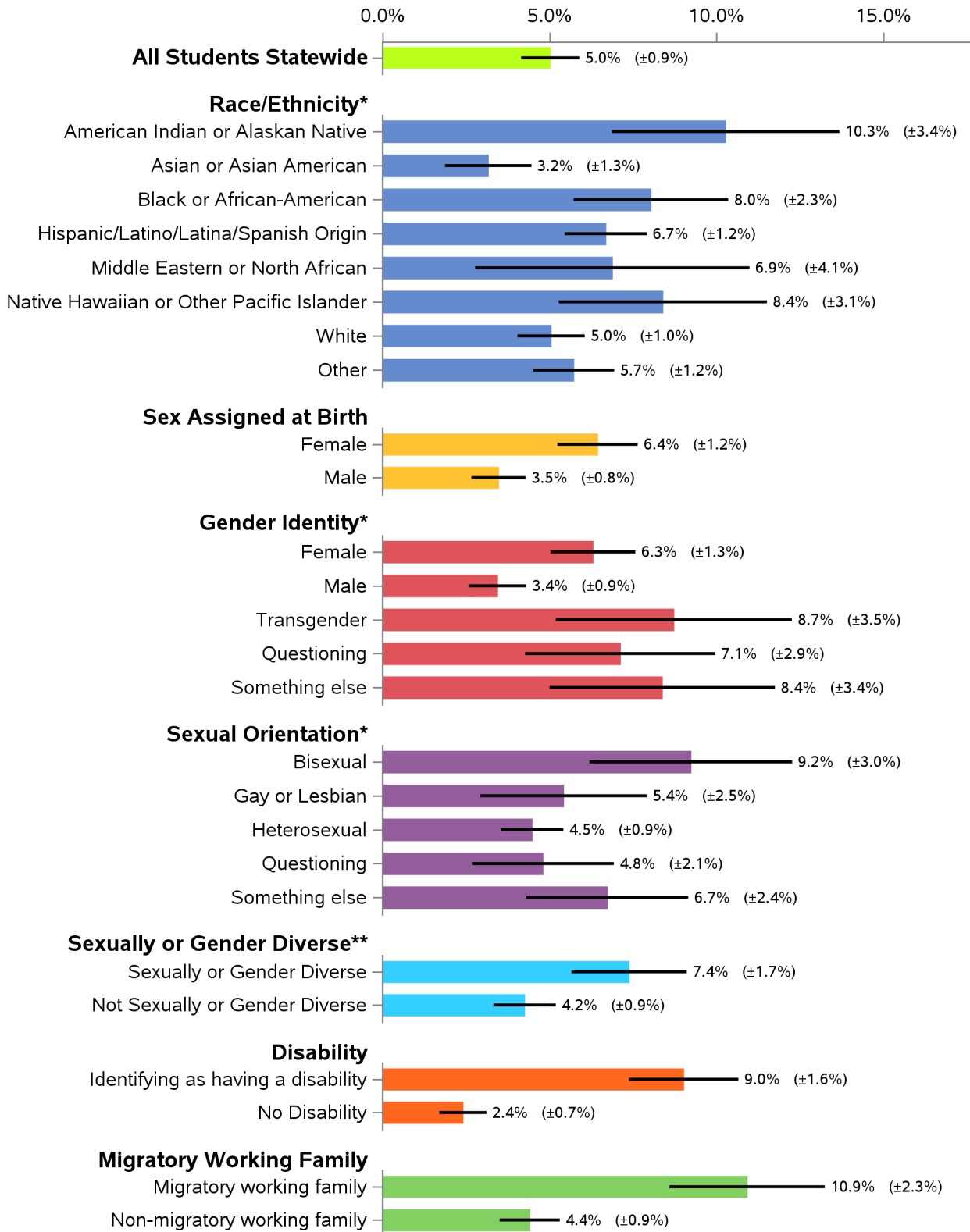


**Social sources include: giving money to someone, "bumming", from a person 21 or older, and taking from a store or family. Non-social sources include buying from a store, the internet, or a vending machine.

MORE INFORMATION...

- Through key partnerships, the Commercial Tobacco Prevention Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more here: <https://www.doh.wa.gov/YouandYourFamily/Tobacco>
- For help quitting vaping, teens can text DITCHVAPE to 88709 to sign up for This is Quitting, a program from Truth Initiative. For help quitting any commercial tobacco use, teens can download an app at <https://doh.wa.gov/quit> or call 1-800-QUIT-NOW to receive support from a Quit Coach. All services are free and confidential.
- For 24-hour help with mental health, substance abuse, and problem gambling, call 1-866-789-1511 or visit <http://www.warecoveryhelpline.org>.

Statewide Relationship between Current (past 30-day) Vapor Product Use and Demographics, Grade 8, 2023



*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

**Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

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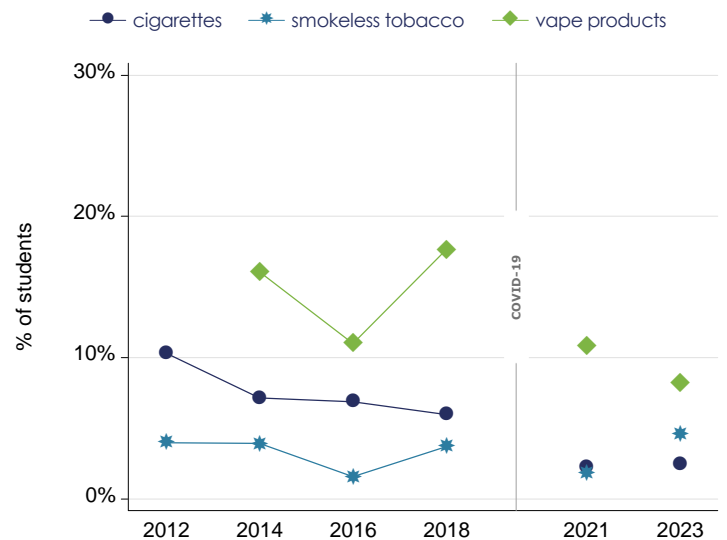


Year: 2023 Grade: 10 Sex: All Number of Students Surveyed: 1,056

BACKGROUND

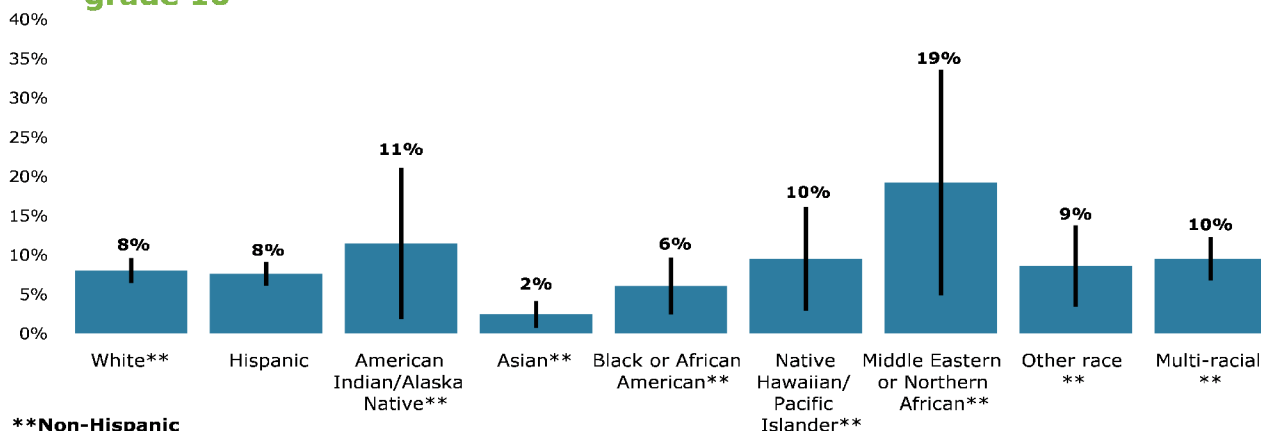
- Tobacco use remains the leading cause of preventable death and disease in Washington.
- Preventing youth initiation of tobacco and other nicotine use is critical to stem the tide of tobacco-related mortality, morbidity, and economic costs.
- Youth and young adults under age 18 are far more likely to start using tobacco than adults; nearly 9 out of 10 adults who smoke started by age 18.
- 104,000 Washington youth alive today will ultimately die prematurely from smoking.
- The emergence of vapor products (also called electronic cigarettes) has raised serious concern. Nicotine use can adversely affect brain development.
- The effects of nicotine exposure during youth and young adulthood can be long-lasting and can include lower impulse control and mood disorders. The nicotine in vapor products can prime young brains for tobacco use and addiction to other drugs.

Current (past 30-day) use trends, grade 10



Prevalence	2012	2014	2016	2018	2021	2023
cigarettes	10% ±2	7% ±2▼	7% ±2	6% ±1	2% ±1▼	2% ±1
smokeless tobacco	4% ±1	4% ±2	2% ±1▼	4% ±2▲	2% ±1	5% ±2▲
vape products	N/S	16% ±3	11% ±3▼	18% ±3▲	11% ±2▼	8% ±2

Statewide current [past 30 day] vapor product use and race/ethnicity, grade 10



Among 10th grade students, vaping varies by race and ethnicity. The highest rate of vaping is reported among non-Hispanic Middle Eastern or North African students and the lowest is among non-Hispanic Asian students. However, rates for some of these race/ethnicity sub-groups can vary widely.

**Non-Hispanic

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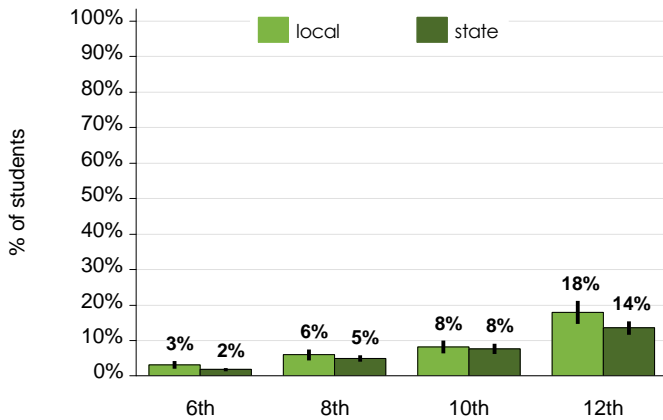
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results generated at www.askhys.net on 02/24/2024

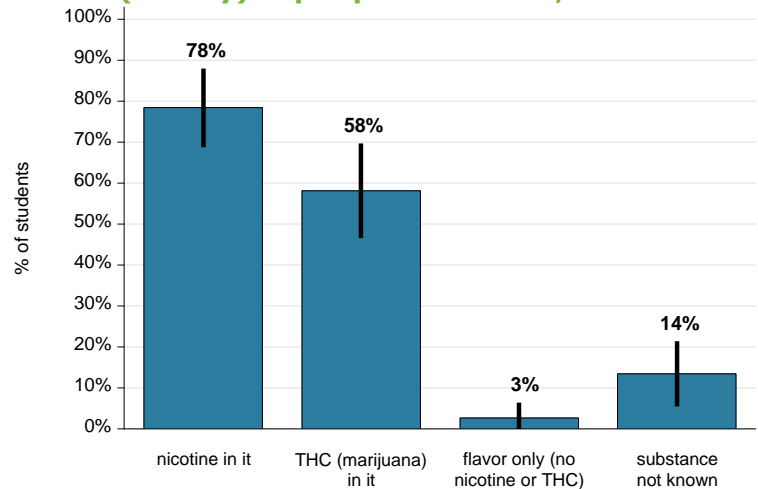
- Vapor products are the most common nicotine product used by youth.
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence. According to the U.S. Surgeon General, there is a strong association between the use of e-cigarettes, cigarettes, and the use of other burned tobacco products by young people.
- The minimum age of purchase for tobacco and vapor products is 21, but youth can get these products from their older friends and classmates.
- In 2016, Washington State passed a Vapor Products law, establishing a statewide licensing system and important protections to reduce illegal youth access to vapor products. This law applies to any vapor product, whether or not it contains nicotine.

Current (past 30-day) vapor product use compared to the state, all grades



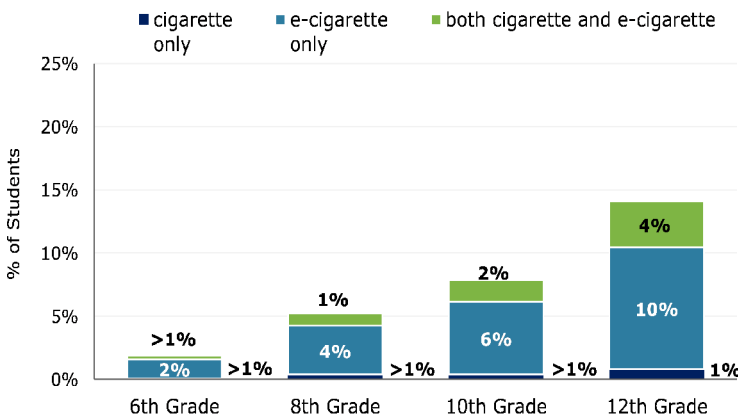
Prevalence	6th	8th	10th	12th
local	3% ±1	6% ±2	8% ±2	18% ±3
state	2% ±0	5% ±1	8% ±1	14% ±2

Reported substance "vaped" among current (30-day) vapor product users, Grade 10

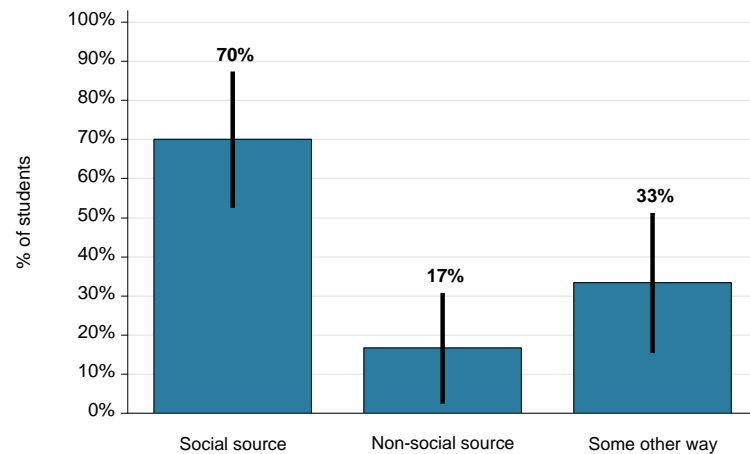


*Students can select more than one type of substance

Statewide prevalence of past 30 day e-cigarette, cigarette, and use of both among youth by grade



Source of tobacco and vapor products among those who use them, Grade 10

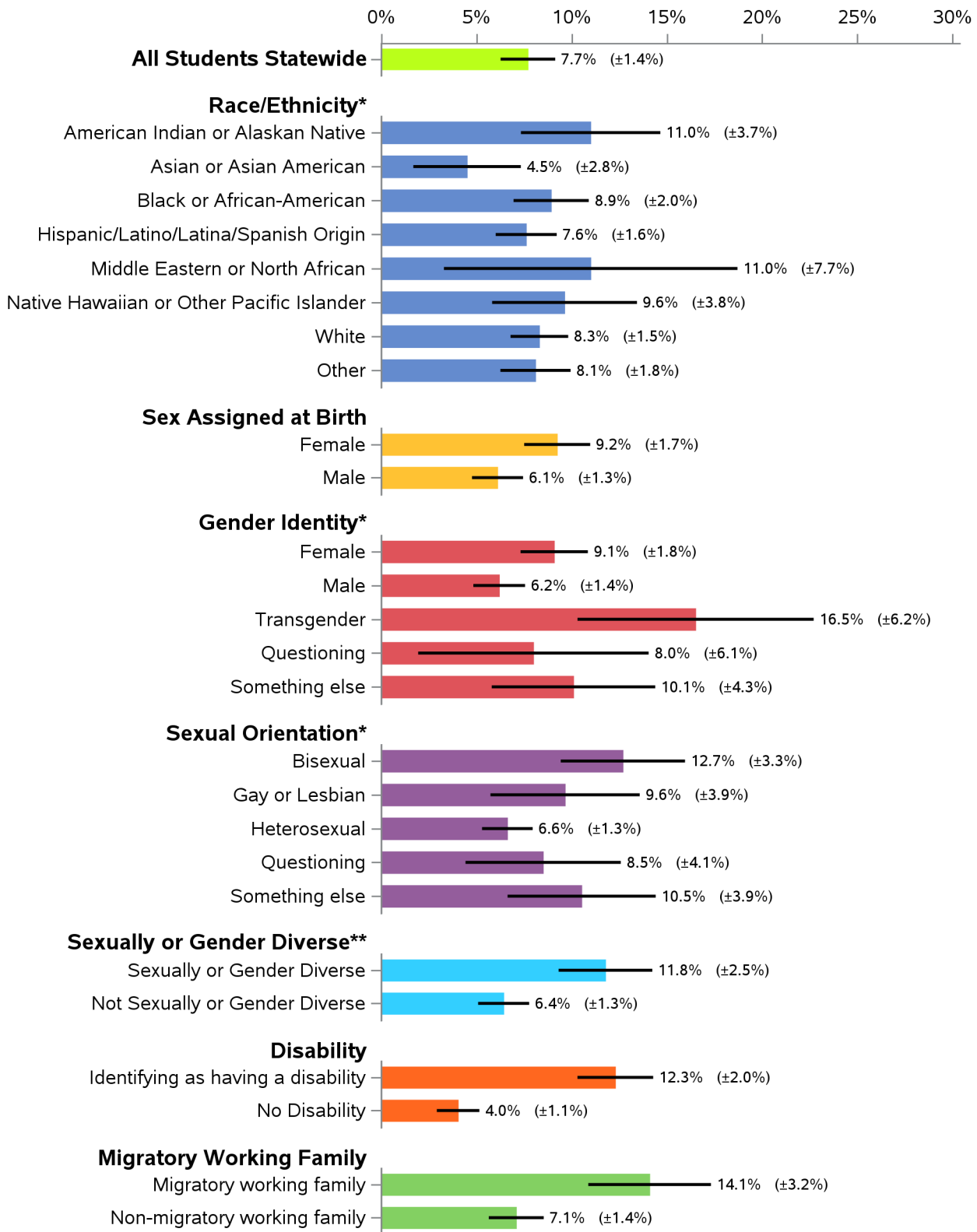


**Social sources include: giving money to someone, "bumming", from a person 21 or older, and taking from a store or family. Non-social sources include buying from a store, the internet, or a vending machine.

MORE INFORMATION...

- Through key partnerships, the Commercial Tobacco Prevention Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more here: <https://www.doh.wa.gov/YouandYourFamily/Tobacco>
- For help quitting vaping, teens can text DITCHVAPE to 88709 to sign up for This is Quitting, a program from Truth Initiative. For help quitting any commercial tobacco use, teens can download an app at <https://doh.wa.gov/quit> or call 1-800-QUIT-NOW to receive support from a Quit Coach. All services are free and confidential.
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Statewide Relationship between Current (past 30-day) Vapor Product Use and Demographics, Grade 10, 2023



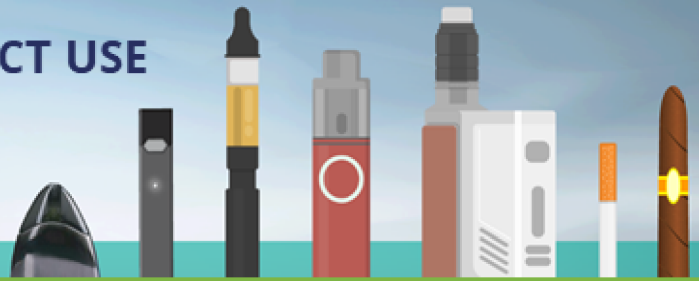
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Year: 2023

Grade: 12

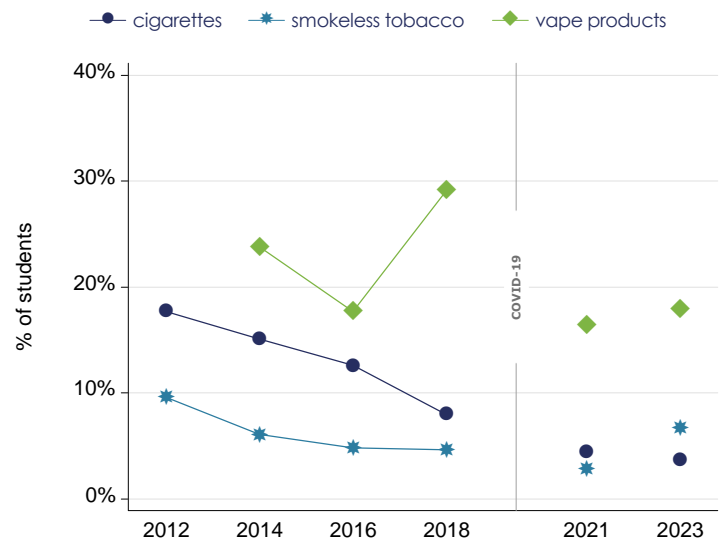
Sex: All

Number of Students Surveyed: 643

BACKGROUND

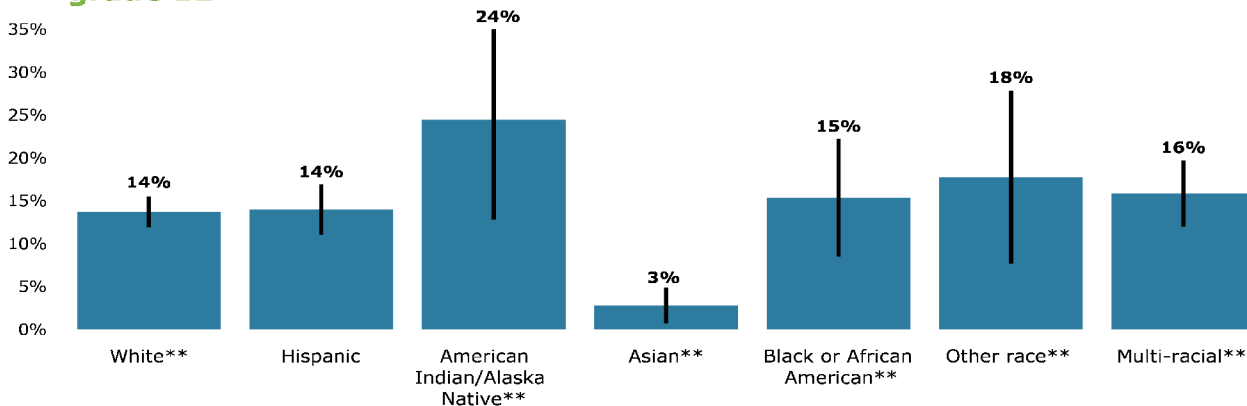
- Tobacco use remains the leading cause of preventable death and disease in Washington.
- Preventing youth initiation of tobacco and other nicotine use is critical to stem the tide of tobacco-related mortality, morbidity, and economic costs.
- Youth and young adults under age 18 are far more likely to start using tobacco than adults; nearly 9 out of 10 adults who smoke started by age 18.
- 104,000 Washington youth alive today will ultimately die prematurely from smoking.
- The emergence of vapor products (also called electronic cigarettes) has raised serious concern. Nicotine use can adversely affect brain development.
- The effects of nicotine exposure during youth and young adulthood can be long-lasting and can include lower impulse control and mood disorders. The nicotine in vapor products can prime young brains for tobacco use and addiction to other drugs.

Current (past 30-day) use trends, grade 12



Prevalence	2012	2014	2016	2018	2021	2023
cigarettes	18% ±3	15% ±2	13% ±2	8% ±2▼	4% ±2▼	4% ±2
smokeless tobacco	10% ±2	6% ±2▼	5% ±2	5% ±2	3% ±2	7% ±3▲
vape products	N/S	24% ±4	18% ±4▼	29% ±5▲	16% ±3▼	18% ±3

Statewide current [past 30 day] vapor product use and race/ethnicity, grade 12



**Non-Hispanic

Among 12th grade students, vaping varies by race and ethnicity. The highest rate of vaping is reported among non-Hispanic American Indian/Alaska Native students and the lowest is among non-Hispanic Asian and non-Hispanic Black or African American students. However, rates for some of these race/ethnicity sub-groups can vary widely.

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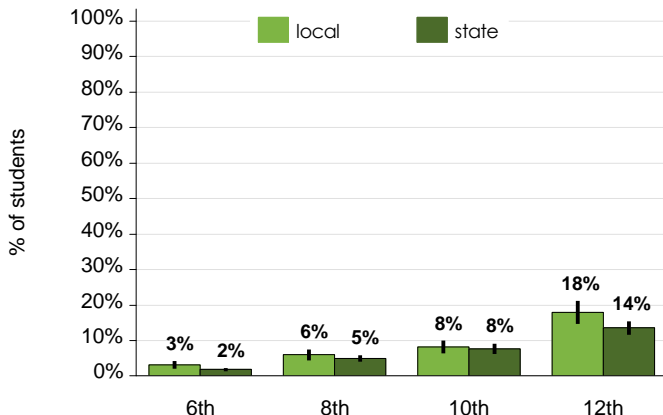
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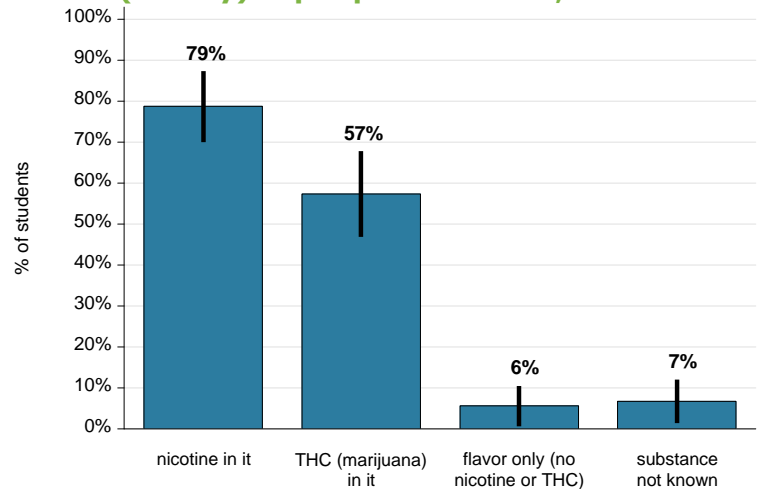
- Vapor products are the most common nicotine product used by youth.
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence. According to the U.S. Surgeon General, there is a strong association between the use of e-cigarettes, cigarettes, and the use of other burned tobacco products by young people.
- The minimum age of purchase for tobacco and vapor products is 21, but youth can get these products from their older friends and classmates.
- In 2016, Washington State passed a Vapor Products law, establishing a statewide licensing system and important protections to reduce illegal youth access to vapor products. This law applies to any vapor product, whether or not it contains nicotine.

Current (past 30-day) vapor product use compared to the state, all grades



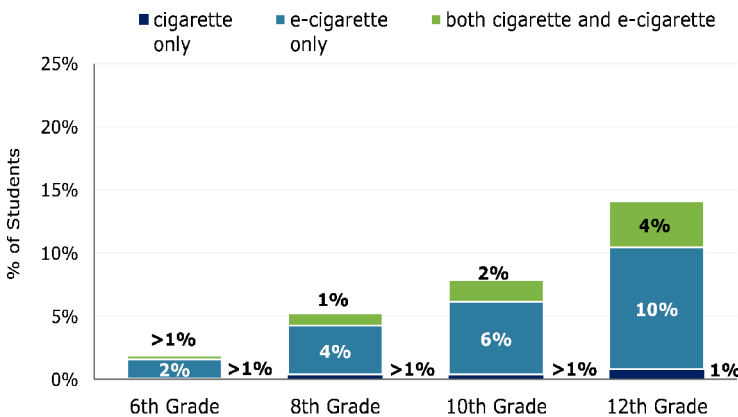
Prevalence	6th	8th	10th	12th
local	3% ±1	6% ±2	8% ±2	18% ±3
state	2% ±0	5% ±1	8% ±1	14% ±2

Reported substance "vaped" among current (30-day) vapor product users, Grade 12

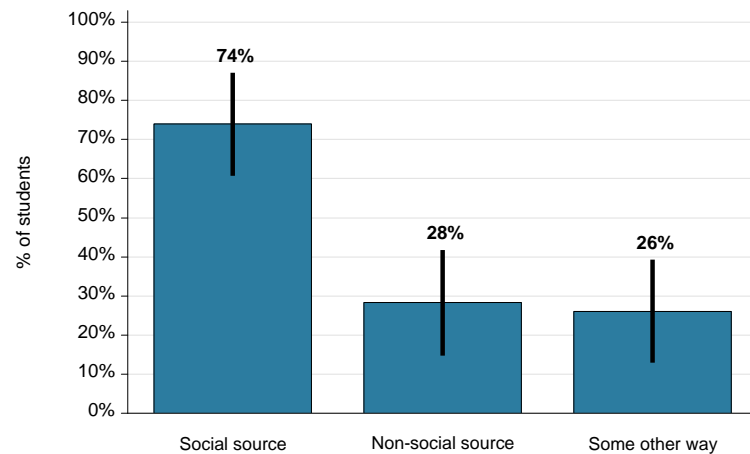


*Students can select more than one type of substance

Statewide prevalence of past 30 day e-cigarette, cigarette, and use of both among youth by grade



Source of tobacco and vapor products among those who use them, Grade 12

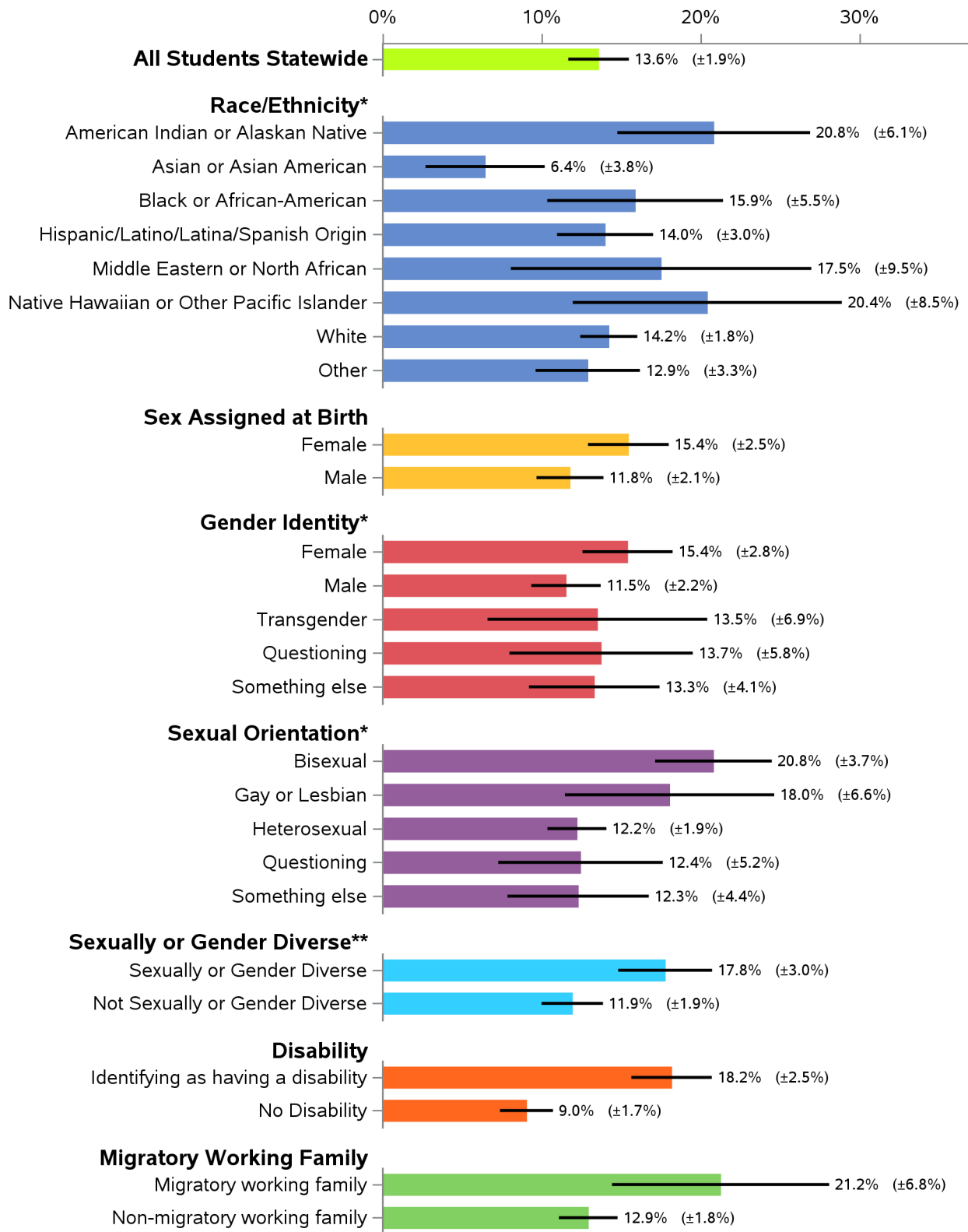


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Statewide Relationship between Current (past 30-day) Vapor Product Use and Demographics, Grade 12, 2023



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