

Year: 2023

Grade: 8

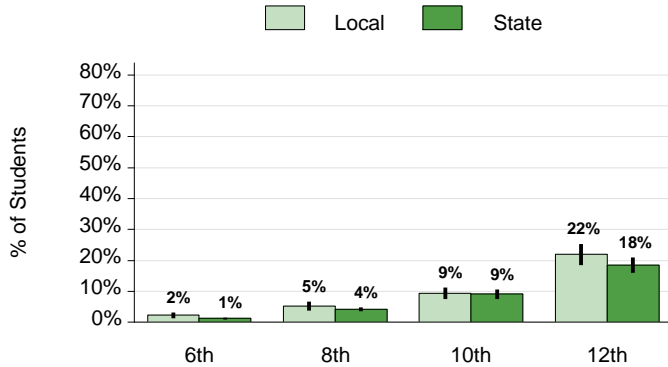
Sex: All

Number of Students Surveyed: 1,126

**Background:**

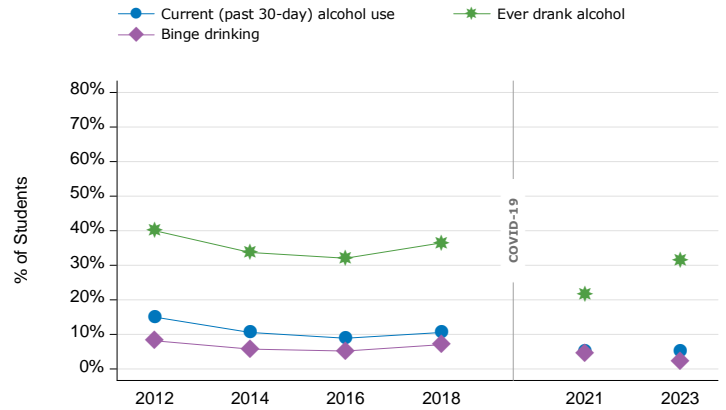
- Youth alcohol use is associated with violence, poor school performance, suicide, and risky sexual behavior.
- Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.

**Current (past 30 days) Alcohol Use Compared to the State, All Grades, 2023**



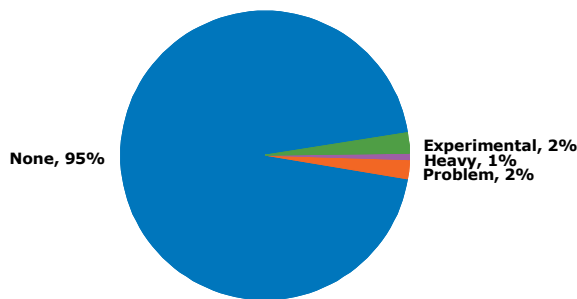
Prevalence	6th	8th	10th	12th
Local	2% ±1▲	5% ±1	9% ±2	22% ±3
State	1% ±0	4% ±1	9% ±2	18% ±3

**Alcohol Use 2012-2023, Grade 8**



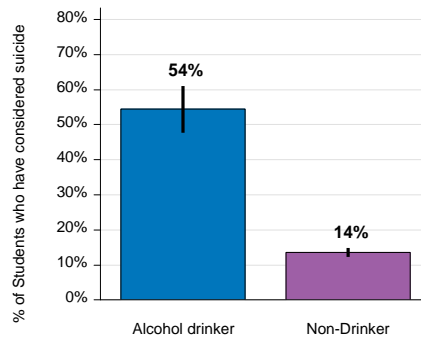
Prevalence	2012	2014	2016	2018	2021	2023
Current (past 30-day) alcohol use	15% ±2	11% ±2▼	9% ±2	11% ±2	5% ±1▼	5% ±1
Ever drank alcohol	40% ±3	34% ±3▼	32% ±3	36% ±3▲	22% ±3▼	32% ±3▲
Binge drinking	8% ±2	6% ±1▼	5% ±1	7% ±2	4% ±1▼	2% ±1▼

**Level of Alcohol Use Grade 8, 2023**



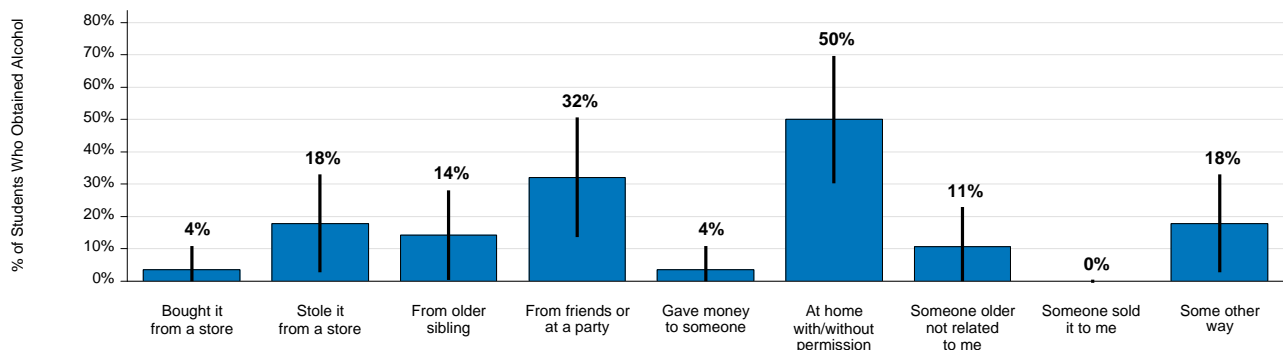
- None: no drinking in the past 30 days (95%)
- Experimental: 1-2 days drinking, and no binge drinking (2%)
- Heavy: 3-5 days drinking, and/or one binge (1%)
- Problem: 6+ days drinking, and/or 2+ binges (2%)

**Statewide Relationship between Considering Suicide and Current (past 30-day) Alcohol Use Grade 8, 2023**



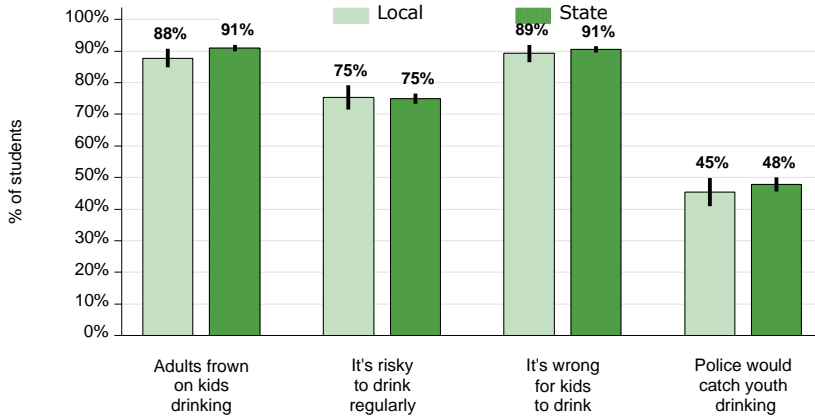
*Statewide, more 8th graders who drink alcohol report seriously considering suicide compared to those who don't drink.*

**Where Do Youth Get Alcohol? Grade 8, 2023**



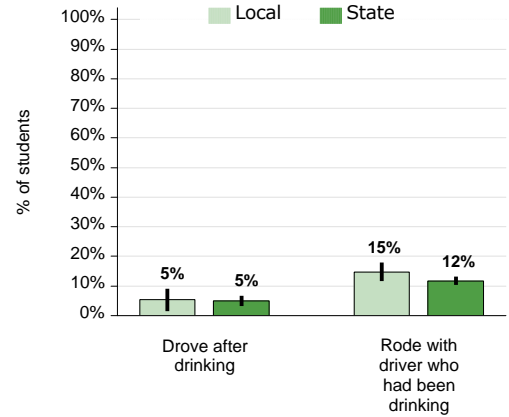
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

**Youth Perceptions about Alcohol Compared to the State, Grade 8, 2023**



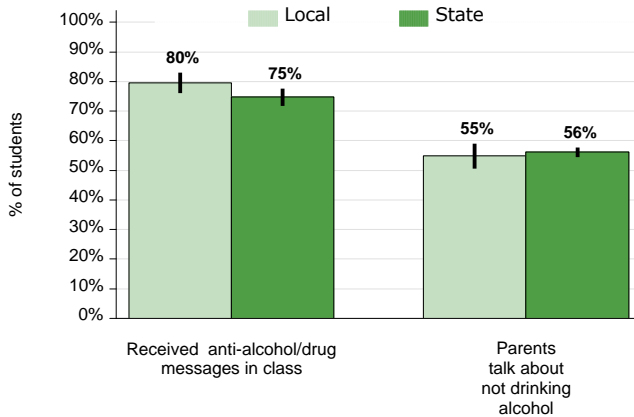
Prevalence	Adults frown on kids drinking	Regular drinking is risky	Drinking is wrong for kids	Police would catch youth drinking
Local	88% ±3	75% ±4	89% ±3	45% ±4
State	91% ±1	75% ±2	91% ±1	48% ±2

**Drinking and Driving/Riding Compared to the State, Grade 8, 2023**



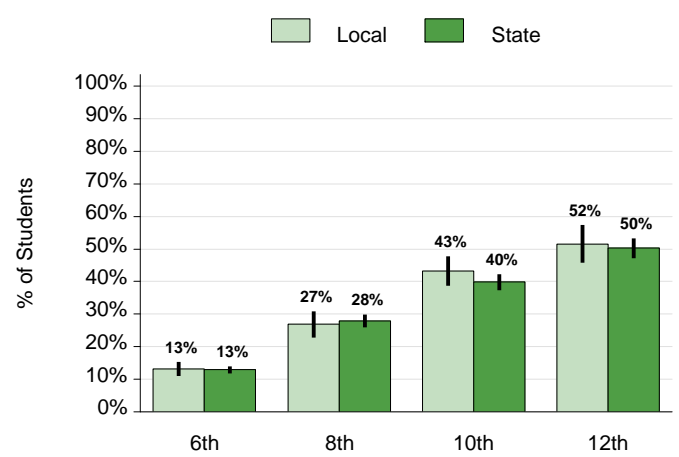
Prevalence	Drove after drinking	Rode with driver who had been drinking
Local	5% ±4	15% ±3
State	5% ±2	12% ±1

**Received Anti-Alcohol Messages Compared to the State, Grade 8, 2023**



Prevalence	Received anti-alcohol/drug messages in class	Parents talked about drinking
Local	80% ±3	55% ±4
State	75% ±3	56% ±2

**Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2023**

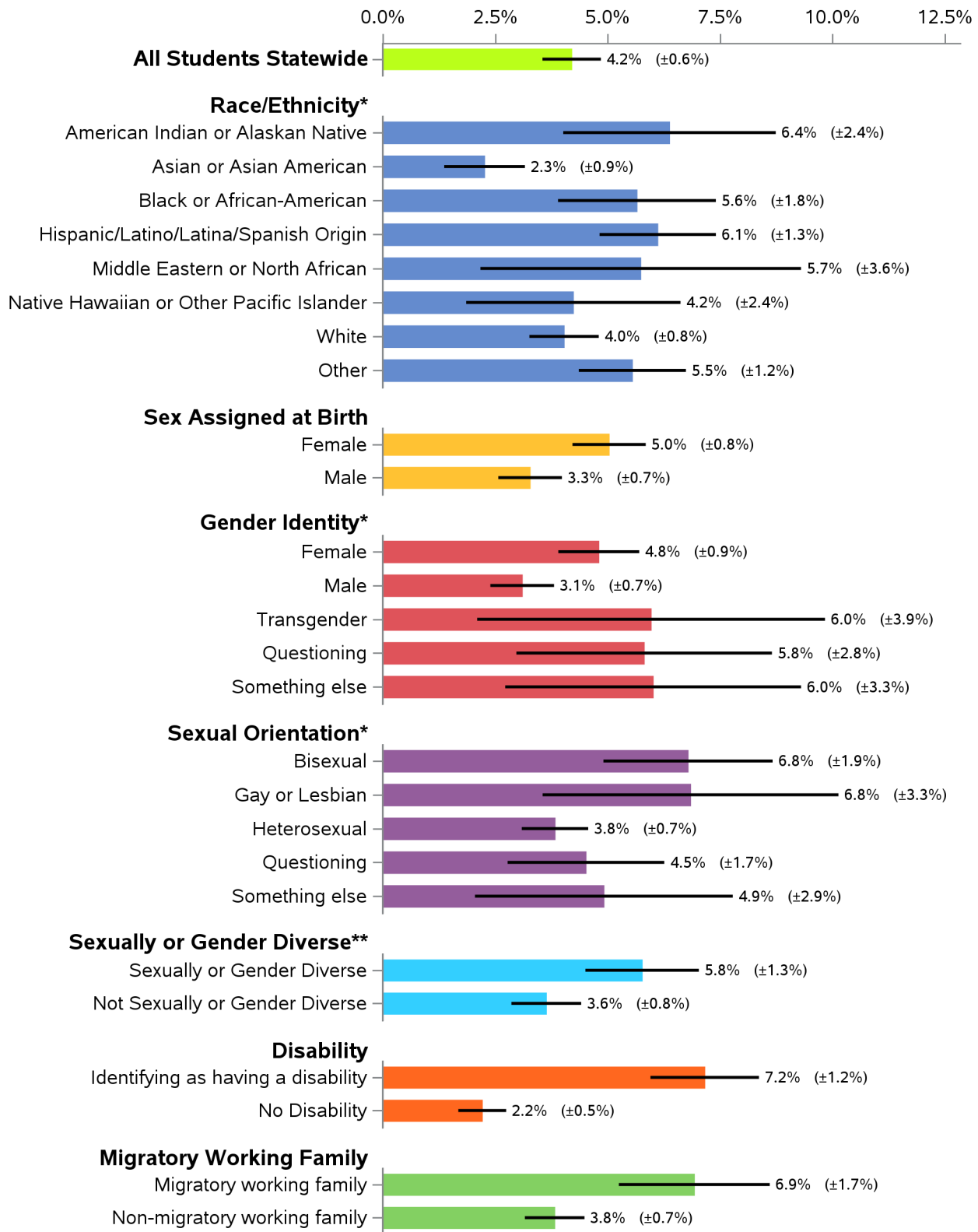


Prevalence	6th	8th	10th	12th
Local	13% ±2	27% ±4	43% ±5	52% ±6
State	13% ±1	28% ±2	40% ±2	50% ±3

**For More Information:**

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For research and resources on alcohol, visit CDC Alcohol and Public Health <https://www.cdc.gov/alcohol/fact-sheets/underage-drinking.htm>
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

# Statewide Relationship between Current (past 30 days) Alcohol Use and Demographics, Grade 8, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

\*\*Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

Year: 2023

Grade: 10

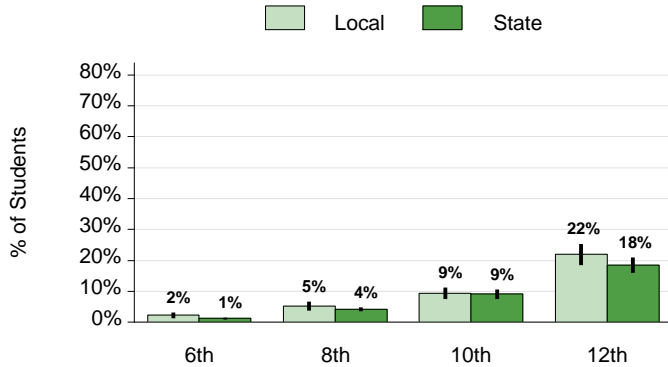
Sex: All

Number of Students Surveyed: 1,056

**Background:**

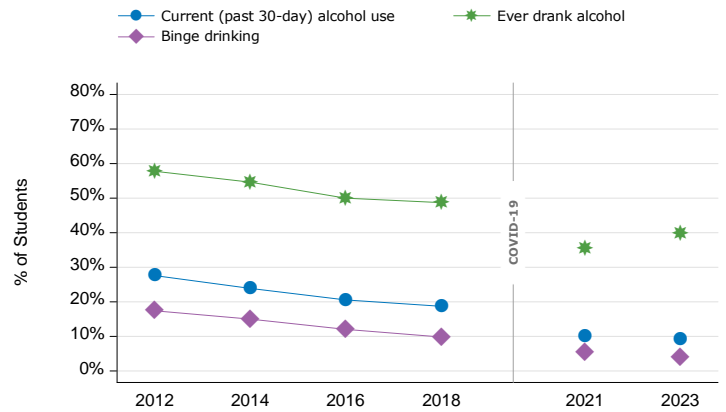
- Youth alcohol use is associated with violence, poor school performance, suicide, and risky sexual behavior.
- Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.

**Current (past 30 days) Alcohol Use Compared to the State, All Grades, 2023**



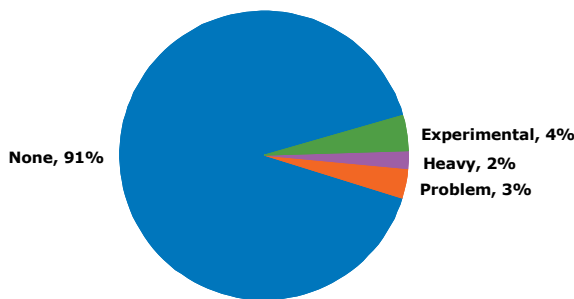
Prevalence	6th	8th	10th	12th
Local	2% ±1▲	5% ±1	9% ±2	22% ±3
State	1% ±0	4% ±1	9% ±2	18% ±3

**Alcohol Use 2012-2023, Grade 10**



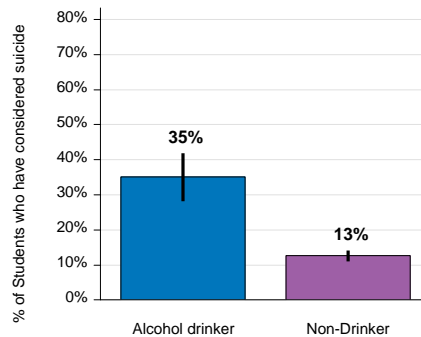
Prevalence	2012	2014	2016	2018	2021	2023
Current (past 30-day) alcohol use	28% ±3	24% ±3	21% ±3	19% ±2	10% ±2▼	9% ±2
Ever drank alcohol	58% ±3	55% ±3	50% ±3▼	49% ±3	35% ±3▼	40% ±3
Binge drinking	17% ±2	15% ±2	12% ±2	10% ±2	5% ±1▼	4% ±1

**Level of Alcohol Use Grade 10, 2023**



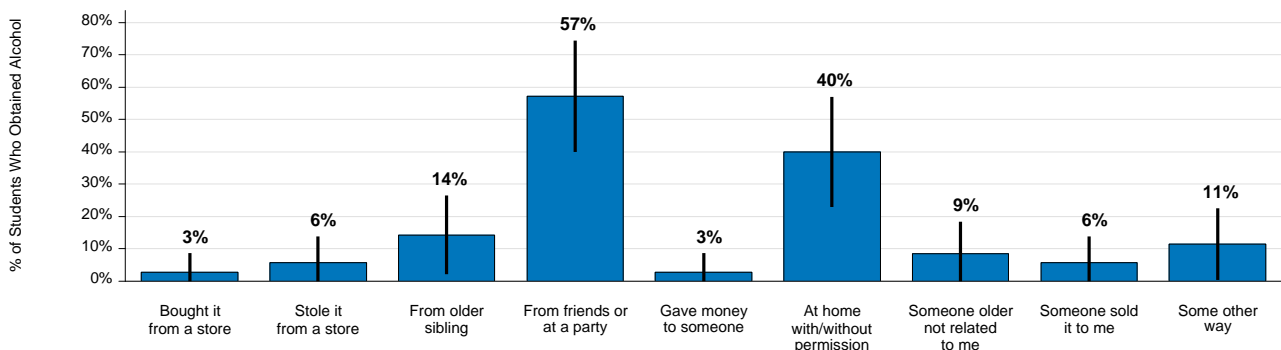
- None: no drinking in the past 30 days (91%)
- Experimental: 1-2 days drinking, and no binge drinking (4%)
- Heavy: 3-5 days drinking, and/or one binge (2%)
- Problem: 6+ days drinking, and/or 2+ binges (3%)

**Statewide Relationship between Considering Suicide and Current (past 30-day) Alcohol Use Grade 10, 2023**



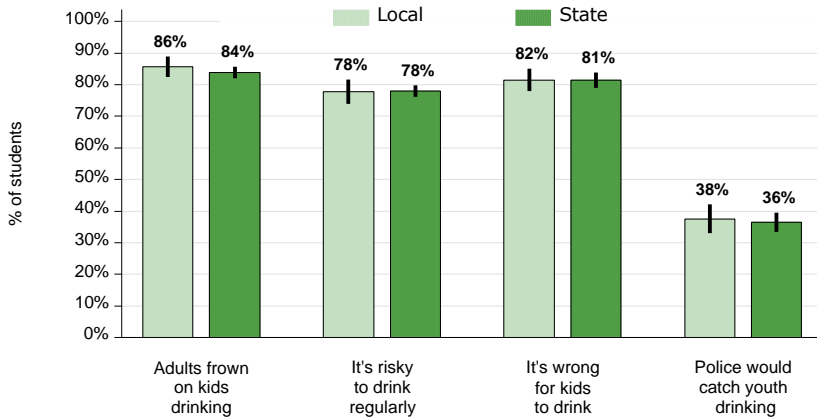
*Statewide, more 10th graders who drink alcohol report seriously considering suicide compared to those who don't drink.*

**Where Do Youth Get Alcohol? Grade 10, 2023**



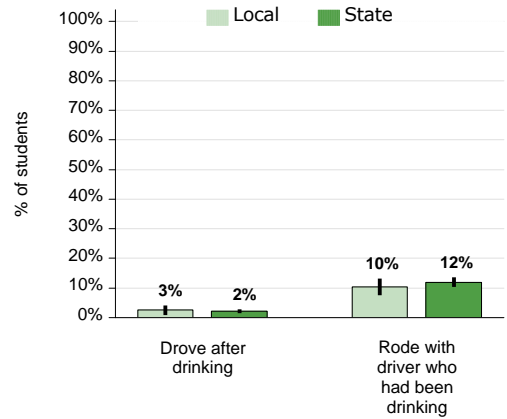
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

**Youth Perceptions about Alcohol Compared to the State, Grade 10, 2023**



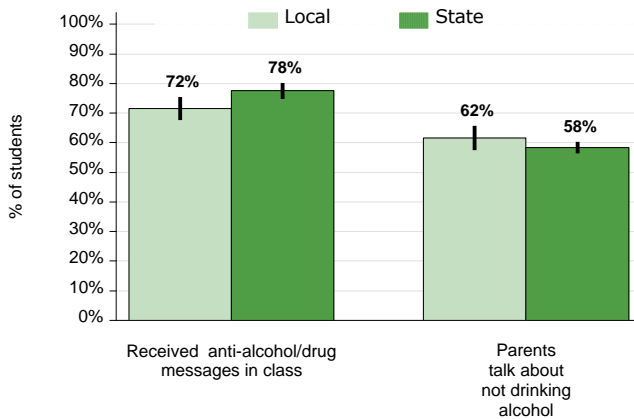
Prevalence	Adults frown on drinking	Regular drinking is risky	Drinking is wrong for kids	Police would catch youth drinking
Local	86% ±3	78% ±4	82% ±3	38% ±5
State	84% ±2	78% ±2	81% ±2	36% ±3

**Drinking and Driving/Riding Compared to the State, Grade 10, 2023**



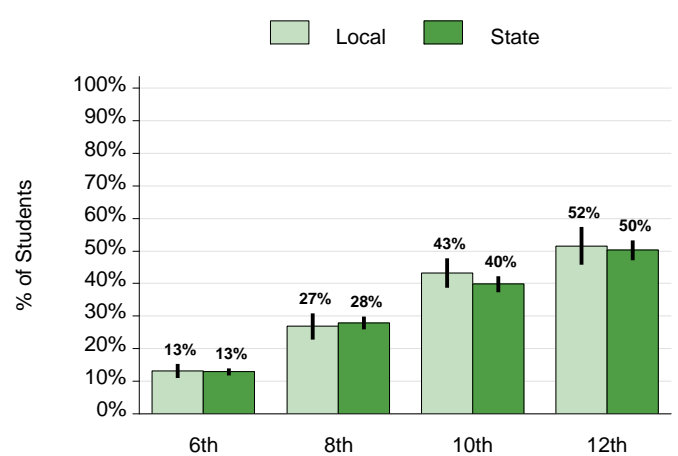
Prevalence	Drove after drinking	Rode with driver who had been drinking
Local	3% ±2	10% ±3
State	2% ±1	12% ±2

**Received Anti-Alcohol Messages Compared to the State, Grade 10, 2023**



Prevalence	Received anti-alcohol/drug messages in class	Parents talked about drinking
Local	72% ±4	62% ±4
State	78% ±3	58% ±2

**Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2023**



Prevalence	6th	8th	10th	12th
Local	13% ±2	27% ±4	43% ±5	52% ±6
State	13% ±1	28% ±2	40% ±2	50% ±3

**For More Information:**

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For research and resources on alcohol, visit CDC Alcohol and Public Health <https://www.cdc.gov/alcohol/fact-sheets/underage-drinking.htm>
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

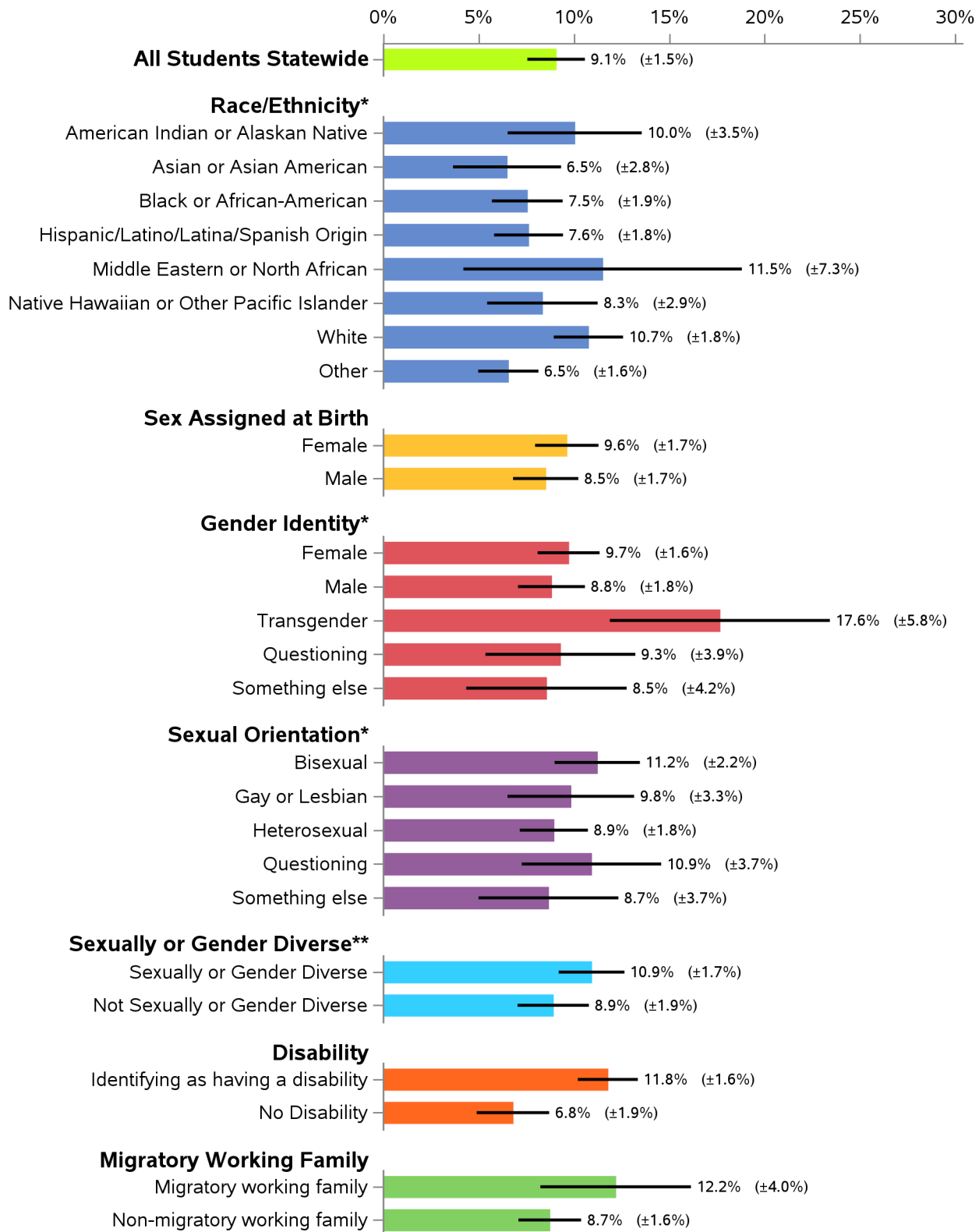
Prevalence is displayed with 95% confidence intervals (as ± or black bar )

Washington HYS results generated at [www.AskHYS.net](http://www.AskHYS.net) on 02-24-2024

▲ indicates a significant change from the previous year or a significant difference between state and local results, p<0.05 Color indicates a positive or negative difference

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.

# Statewide Relationship between Current (past 30 days) Alcohol Use and Demographics, Grade 10, 2023



\*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

\*\*Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

Year: 2023

Grade: 12

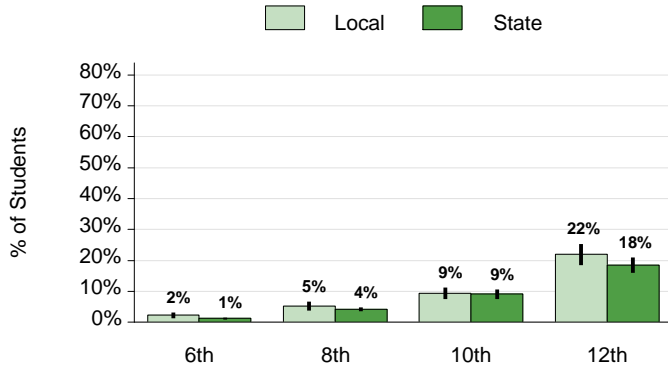
Sex: All

Number of Students Surveyed: 643

**Background:**

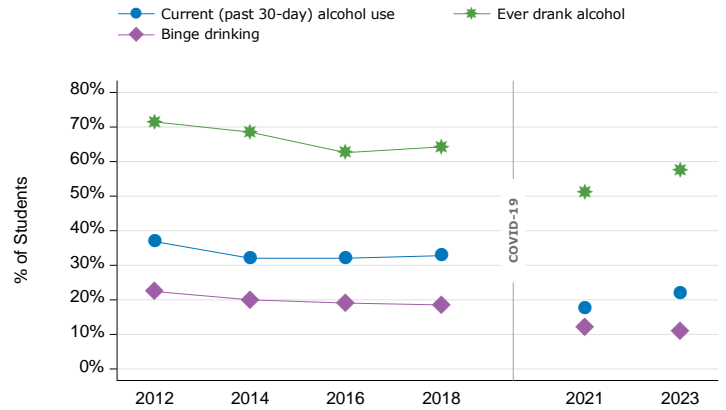
- Youth alcohol use is associated with violence, poor school performance, suicide, and risky sexual behavior.
- Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.

**Current (past 30 days) Alcohol Use Compared to the State, All Grades, 2023**



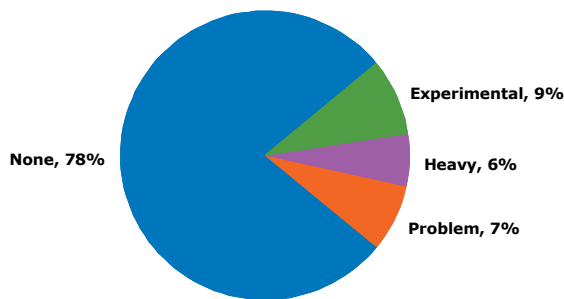
Prevalence	6th	8th	10th	12th
Local	2% ±1▲	5% ±1	9% ±2	22% ±3
State	1% ±0	4% ±1	9% ±2	18% ±3

**Alcohol Use 2012-2023, Grade 12**



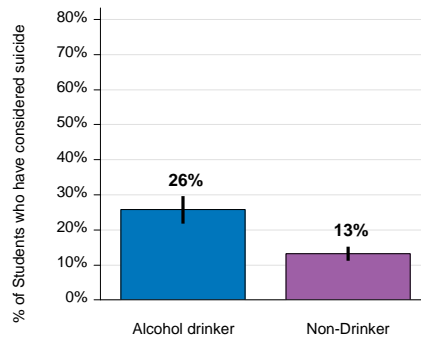
Prevalence	2012	2014	2016	2018	2021	2023
Current (past 30-day) alcohol use	37% ±3	32% ±3▼	32% ±3	33% ±3	18% ±3▼	22% ±3
Ever drank alcohol	71% ±3	68% ±3	63% ±4▼	64% ±3	51% ±4▼	57% ±4▲
Binge drinking	22% ±3	20% ±3	19% ±3	18% ±3	12% ±3▼	11% ±3

**Level of Alcohol Use Grade 12, 2023**



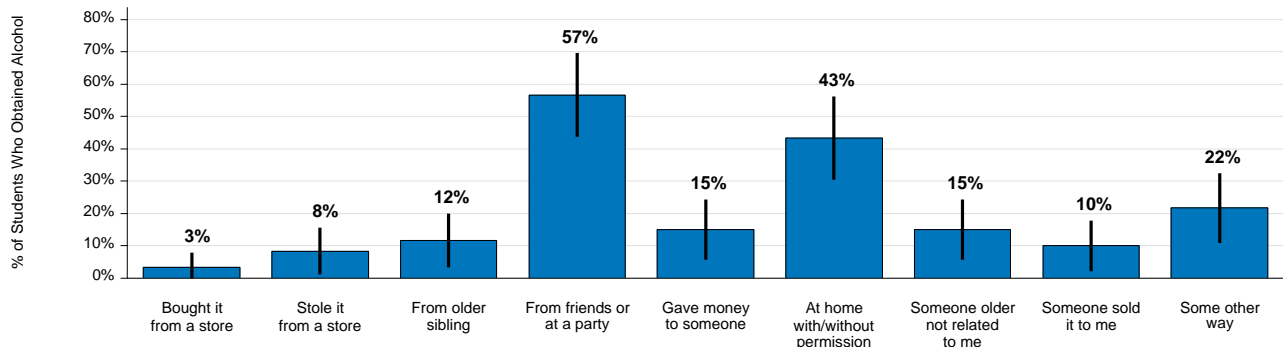
- None: no drinking in the past 30 days (78%)
- Experimental: 1-2 days drinking, and no binge drinking (9%)
- Heavy: 3-5 days drinking, and/or one binge (6%)
- Problem: 6+ days drinking, and/or 2+ binges (7%)

**Statewide Relationship between Considering Suicide and Current (past 30-day) Alcohol Use Grade 12, 2023**



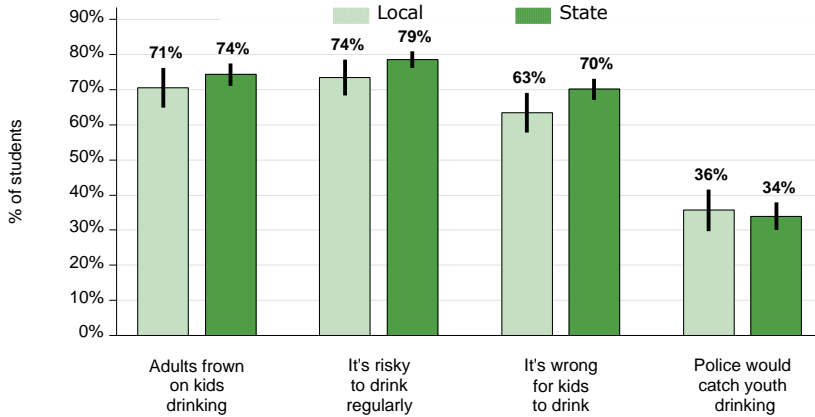
*Statewide, more 12th graders who drink alcohol report seriously considering suicide compared to those who don't drink.*

**Where Do Youth Get Alcohol? Grade 12, 2023**



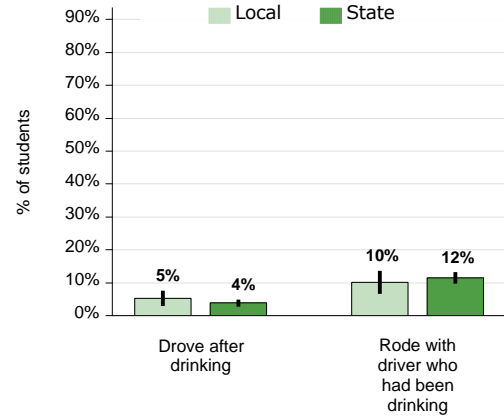
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

**Youth Perceptions about Alcohol Compared to the State, Grade 12, 2023**



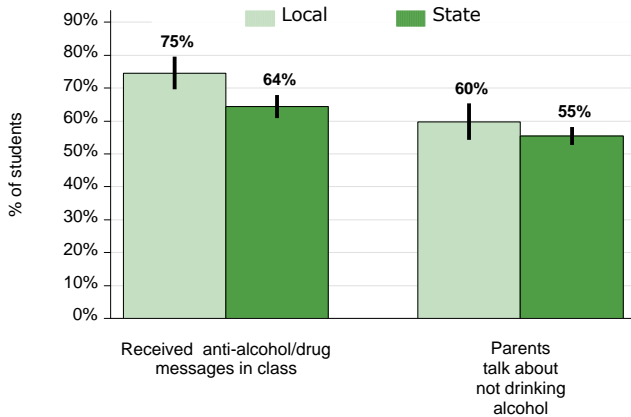
Prevalence	Adults frown on kids drinking	Regular drinking is risky	Drinking is wrong for kids	Police would catch youth drinking
Local	71% ±6	74% ±5	63% ±6	36% ±6
State	74% ±3	79% ±2	70% ±3	34% ±4

**Drinking and Driving/Riding Compared to the State, Grade 12, 2023**



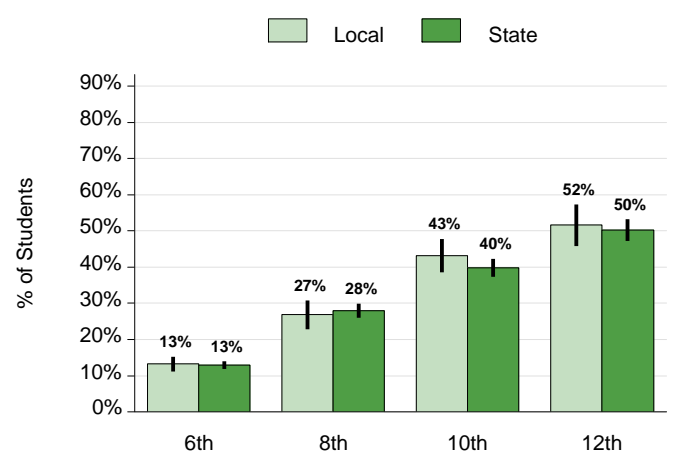
Prevalence	Drove after drinking	Rode with driver who had been drinking
Local	5% ±2	10% ±4
State	4% ±1	12% ±2

**Received Anti-Alcohol Messages Compared to the State, Grade 12, 2023**



Prevalence	Received anti-alcohol/drug messages in class	Parents talked about drinking
Local	75% ±5	60% ±5
State	64% ±4	55% ±3

**Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2023**



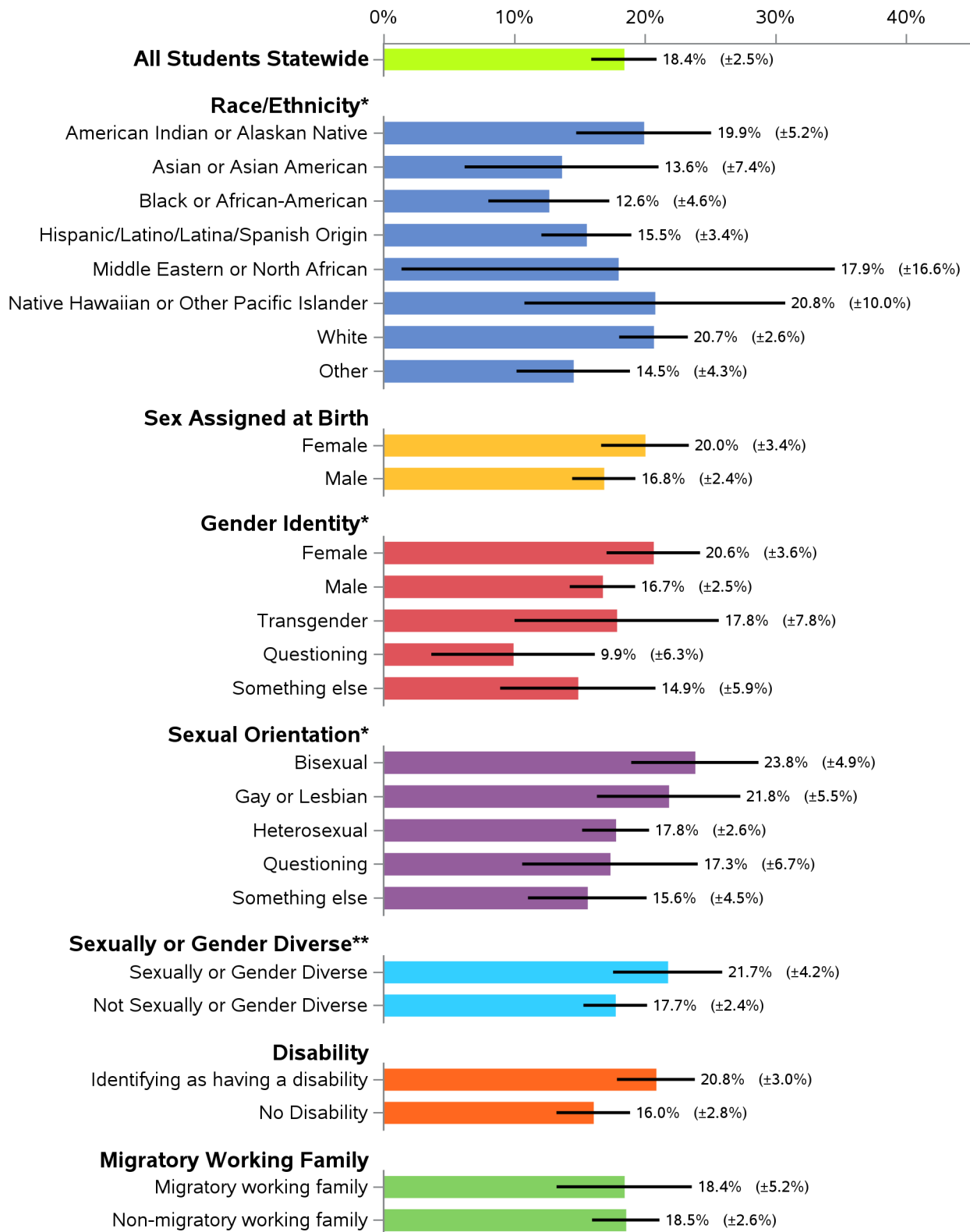
Prevalence	6th	8th	10th	12th
Local	13% ±2	27% ±4	43% ±5	52% ±6
State	13% ±1	28% ±2	40% ±2	50% ±3

**For More Information:**

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For research and resources on alcohol, visit CDC Alcohol and Public Health <https://www.cdc.gov/alcohol/fact-sheets/underage-drinking.htm>
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# Statewide Relationship between Current (past 30 days) Alcohol Use and Demographics, Grade 12, 2023



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