

of Walnut Street before the road Port Drive. **Description:** A wood chip trail that circles

Walnut Pond.

City of Burlington

**Location:** Along Gages Slough - east side of Goldenrod Road, east under Interstate 5 to Burlington Boulevard. Parking available in the Cascade Mall parking lot **Description:** This short, well-lit, paved trail is a connector for bicyclists and pedestrians traveling east and west as a way to navigate under I-5.



24 Mount Vernon Parks & Recreation Recreation

Degree of difficulty: Easy to moderate **Length:** 1.4 miles one way **Location:** Off of the field at the northwest of the lower Salem Lutheran Church parking lot. **Description:** From the parking lot the trail runs along the field west of the church before turning right into the tall grass. At the fork in the trail follow the main trail to the left. This gently winding dirt trail will take you through a wooded area of native vegetation before coming to a clearing with a beautiful view of the Skagit River. The trail continues north through a wooded area and ends at the yellow gate on Lindgren Road. Return the way you came. This trail runs close to the bank of the Skagit River, visitors should use caution as the trail and terrain are impacted by river levels and are closed during flooding.



College Way (at rear of campus) or **Description:** Part a mostly unpaved fitness trail used for walking and jogging. This trail

around the perimeter of the athletic field complex and college campus. Several cross trails are available for shorter loops.



**Degree of difficulty:** Easy **Location:** The Kulshan Trail corridor extends from the downtown Mount Vernon Skagit Riverwalk and Lion's Park east past Bakerview Park to Waugh Road. **Description:** A multi-use paved trail that connects Mount Vernon's downtown area with commercial and residential areas to the east. This trail passes by several schools, salmon-

rearing ponds, natural areas, and the Bakerview

**SKAGIT RIVERWALK** 

North, Lions Park and along Main Street.

**EDGEWATER PARK** 

**Location:** Edgewater Park in west Mount Vernon

Mount Vernon Parks & Recreation

30 HILLCREST PARK

Degree of difficulty: Moderate

Park. This is a great off-street option.

**Length:** 0.25 mile loop

**Degree of difficulty:** Easy

Mount Vernon Parks & Recreation

**Degree of difficulty:** Easy

Mount Vernon Parks & Recreation

**Location:** Along the Skagit River, from Kincaid Street to the North

**Description:** The paved Skagit Riverwalk and Plaza overlook the

trail that loops through the forest and along a short section of river

**Description:** A series of paved and unpaved areas along the Skagit

River in Edgewater Park. Trail passes by artwork and a playground.

Walking along the perimeter of the grassy fields can create a longer

Location: Hillcrest Park is located at: 1717 South 13th Street. Park in

the parking lot and go southwest from the lot to locate the trail.

Skagit River. From Lions Park the trail becomes a hard packed gravel

Riverwalk Loop in North Lions Park. Parking is available at Lions Park



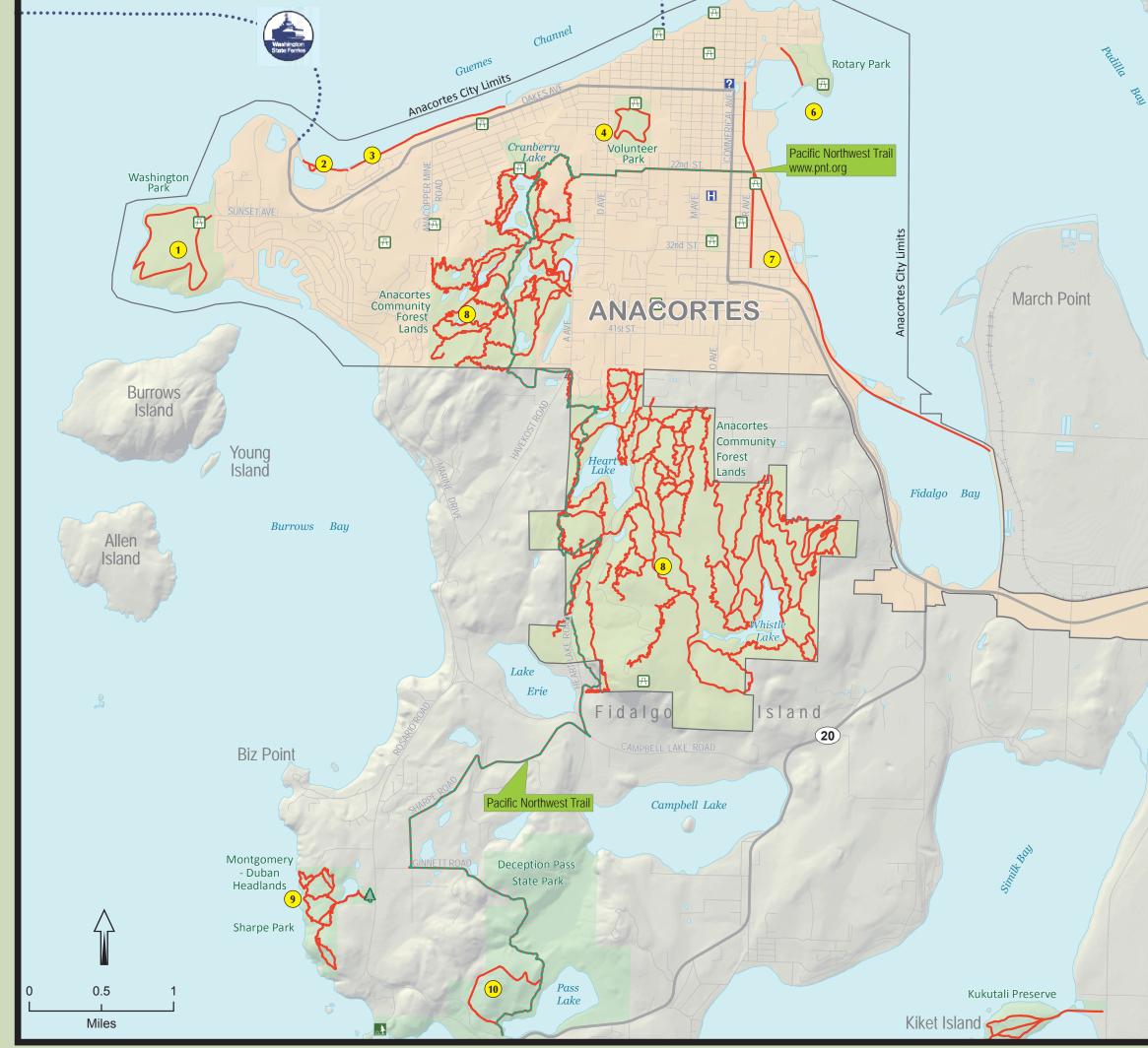
along 30th and then Fir Street, around the perimeter of Bakerview Park, then turn into the park at the gate and proceed through the soccer center parking area to pick up the trail on the east side of the Skate Park where it travels

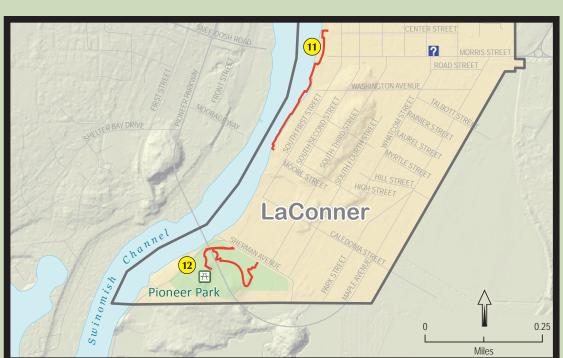
through a restored wetlands area.



**Degree of difficulty:** Easy **Length:** 0.9 miles Round Trip **Location:** Trail begins behind the northwest corner of Wal-Mart parking lot off of Stewart

**Description:** The beginning portion of the trail is paved and turns to gravel as you head south passing a storm water pond on your left. The graveled portion of the trail makes a couple of gentle turns leading you up a slight incline to where it will loop around another storm water pond, bringing you back to return on the same paved portion of trail where you began.





**KIWANIS PARK BOARDWALK** Mount Vernon Parks & Recreation **Degree of difficulty:** Easy

**Location:** Kiwanis Park on 18th Street **Description:** The raised boardwalk travels through park wetlands connecting Broadway to 20th street. The trail is wheelchair

(32) TRUMPETER TRAIL Mount Vernon Parks & Recreation

**Degree of difficulty:** Easy **Length:** 1.1 miles **Location:** North and south side of Section Street approximately 0.4 miles east of LaVenture Road. **Description:** The Trumpeter Trail is a paved multi-use trail that stretches from south of Section Street to Laventure Road south of Fir Street. For additional walking loops that feature the Trumpeter Trail and the surrounding neighborhoods visit www.beactiveskagit.org.

the Maddox Creek Trails and the surrounding neighborhoods visit

MADDOX CREEK TRAILS Mount Vernon Parks & Recreation

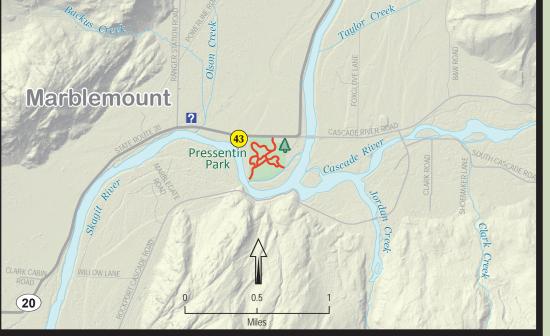
Degree of difficulty: Moderate **Length:** 0.75 miles **Location:** Maddox Creek **Description:** A series of paved and gravel pathways through the woods and hills of the Maddox Creek neighborhood. A highlight is

www.beactiveskagit.org.

**Description:** A nice stroll through the wooded area of lower Hillcrest the Maddox Creek Canyon loop, a series of switchbacks and steep slopes that meanders through mature stands of conifers that border a natural wetland. For additional walking loops that feature

in Little Mountain Park. Little Mountain Park offers views of western Skagit Valley, Puget Sound, and the Olympic Mountains. Multiuse and hiker-only trailheads can be accessed in the park or from various trail heads shown on the park map (http:// www.mountvernonwa.gov/index. aspx?NID=801). Two lookouts near the upper parking area offer views of western Skagit Valley, Puget Sound, and the Olympic Mountains. Restrooms are located off of the upper parking lot, at

mid-mountain and the East Trailhead.



**EAGLEMONT TRAILS CENTENNIAL TRAIL** Mount Vernon Parks & Recreation

<del>A</del> P Degree of difficulty: Moderate **Location:** Eaglemont neighborhood off of South Waugh Road. Park at the Beaver Pond

Pond Drive South. Description: The out & back gravel pathway, which includes a steep slope, passes by wetlands and beaver ponds. Access the trailhead on the west side of the retention pond. A second path can be located south of the park. Return to the park entrance and turn left, cross Beaver Pond Drive and go on sidewalk for 0.3 miles. A gravel walkway branches off to the right and proceeds 0.2 miles through the woods up the hill to Parkview Lane. Turn right on Parkview Lane and follow the sidewalk 0.2 miles down the hill. Turn right and continue by sidewalk, returning to Beaver Pond Shelter & Trailhead. For additional walking loops that feature the Eaglemont Trail and the

Shelter & Trailhead at 4824 Beaver

surrounding neighborhoods visit www.beactiveskagit.org. 35 LITTLE MOUNTAIN PARK TRAILS Mount Vernon Parks & Recreation 

Degree of difficulty: Easy to difficult **Length:** 11 miles plus the paved road is 1.5 miles **Location:** Little Mountain Park **Description:** A network of trails located on 517 acres of diverse terrain Skagit County Parks & Recreation

**Degree of difficulty:** Easy Length: 1.25 miles **Location:** Off State Route 9 at south end of Lake McMurray **Description:** 1.25-miles round trip. The trail bisects a wetland while

providing wildlife viewing opportunities. This section does not connect directly to the Snohomish County Centennial Trail, which is farther south on State Route 9 at the Nakashima Barn Trailhead.

Burlington Edison Regional Playfields

Walnut Pond

37 HIGHWAY 20 SHARED USE PATH City of Sedro-Woolley **Degree of difficulty:** Easy

**Location:** The path runs along the north side of State Route 20 from State Route 9 South to State Route 9 North/Township Street. **Description:** The 10-foot wide concrete multi-use path runs the length of the city on State Route 20, starting at State Route 9 South near the Crossroads Shopping Center, and runs eastward to State Route 9 North/Township Street. Access to the Cascade Trail is by the signal at State Route 20 and Township Street. Direct connections to Cook Road and F&S Grade Road are located along the route. This path allows bicyclists and pedestrians to traverse the city while remaining separated from highway traffic. Along the pathway Bingham Park, located 0.25 miles northeast of State Route9 South includes restrooms, bicycle and RV camping facilities, picnic facilities and a playground. Lions Park is located 0.8 miles east of State Route 9 South and includes parking and picnic facilities. Access to downtown Sedro-Woolley is available via the signal at State Route 20 and Ferry Street.

FRUITDALE/ McGARIGLE SHARED USE PATH City of Sedro-Woolley

Р **Degree of difficulty:** Easy **Length:** 1.2 miles

**Location:** The trail runs along Fruitdale Road from State Route 20 to McGarigle Road, then west on McGarigle to State Route 9. **Description:** 10-foot wide paved multi-use path in the northeast region of the city runs past the Northern State Recreation Area grounds and offers scenic views including Haystack Mountain and Lyman Hill. The trail connects to the Cascade Trail at the intersection of State Route 20 and Fruitdale Road, and also connects to the Northern State Recreation Area Trail at the intersection of McGarigle and Fruitdale Roads. Parking is available on State Route 20 at the Fruitdale Road parking lot.

**MOUNT VERNON** 

15th St. Playfield

Kiwanis H Park

RECREATION AREA TRAIL Skagit County Parks & Recreation

Degree of difficulty: Easy Length: 6.4 miles **Location:** North of State Route 20 on Helmick Road, just east of

Sedro-Woolley **Description:** The trails meander over what was once the Northern State Hospital historical farm, along Hansen Creek, and atop upland meadows. You can wander through the heart of prime elk habitat and find signs of coyote, deer, and occasionally cougar and bear. Bring a flying disc and play the disc golf course while you explore. Berm trails bisect the Hanson Creek alluvial fan on the south end of the park. Birding is superb in these wetlands.

**CASCADE TRAIL** Skagit County Parks & Recreation

Lookout

Park /

Degree of difficulty: E Length: 22 miles **Location:** Paved parking area is available at Fruite Road and State R 20. The trail can also be accessed at various other locations along the route from Sedro-

Woolley to Concrete. **Description:** The Cascade Trail is a former railway that has been developed into a 22-mile multi-use (pedestrian, cycling, and equestrian), mostly gravel trail. A short section of trail has been paved in Sedro-Woolley ending at the Fruitdale Road Parking lot. The trail passes through towns and agricultural lands along the way.



**Degree of difficulty:** Easy

**Length:** 2.5 miles of trails **Location:** From State Route 9 take the South Skagit Highway 12 miles east. Turn left into the driveway marked #34183 and take the left fork (do not block private driveway on the right). Park on side of driveway in front of the (locked) gate and walk in. **Description:** Explore the Cumberland Creek Conservation Area via a network of interpretive trails. Experience the diverse 195-acre

deciduous forest in the Skagit River floodplain, which protects vital

salmon spawning habitat and is home to many amphibians and

birds. Visit the Skagit Land Trust Website (www.skagitlandtrust.org/

properties/cumberland-creek.aspx) to download a brochure that

corresponds with numbered posts on the interpretive trail.

State's second largest river. The "fly bars" along this section of the river are well known amongst the local fly 43 PRESSENTIN TRAILS Skagit County Parks & Recreation

**HOWARD MILLER** 

A P

**Degree of difficulty:** Easy

trip trail meanders along

River and begins on the

the north side of the Skagit

west end of the park. Watch

the eagles swoop down to

talon Chum Salmon on the

sand bars on Washington

**Description:** The 8-mile round

Length: 4 miles

STEELHEAD PARK TRAIL

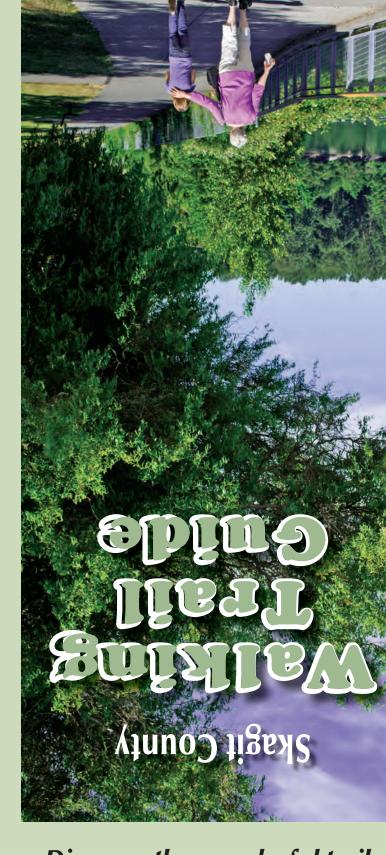
Skagit County Parks & Recreation

**Location:** Howard Miller State Park, State Route 20, Rockport.



**Degree of difficulty:** Easy **Location:** State Route 20 in Marblemount **Description:** Great birding trails twisting along open meadows and dense forested groves of trees. Enjoy views of the Skagit River and

connecting sloughs. You may even spot a black bear.



### Discover the wonderful trails Skagit County has to offer



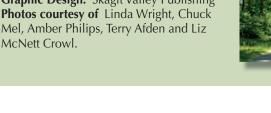
This map is intended to familiarize walkers with the many great walking and trail opportunities in Skagit County and to provide basic information for users to locate and use them.

The guide is made possible with the support from Skagit Council of Governments Non-Motorized Advisory Committee, Skagit County Healthy Communities, Skagit Regional Health, Anacortes Chamber of Commerce, La Conner Chamber of Commerce, Sedro-Woolley Chamber of Commerce, Riverside Health Club, Island Hospital, United General Hospital, Burlington-Edison Kiwanis, Kiwanis Club of Skagit-Mount Vernon, Mount Vernon Chamber of Commerce, Sherman Physical Therapy, Audubon Wednesday Walking Group, Port of Skagit, Shell Puget Sound Refinery, Ginny Darvill, Susan Grosvenor Krienen Foundation, Swinomish Indian Tribal Community, and Skagit-Whatcom-Island Trail Maintaining Organization.

Special thanks to Skagit County GIS/Mapping Services, trail agencies and volunteers, and the Walking Guide Work Group consisting of Mark Semrau, Liz McNett Crowl, Jeroldine Hallberg, Linda Talman, Marie Erbstoeszer, Tara Satushek, Steve Jahn, John Pope and Gabe

To make a contribution or request multiple copies contact info@scog.net.

Map Design: Kim Berry, Skagit County GIS/ Graphic Design: Skagit Valley Publishing Photos courtesy of Linda Wright, Chuck

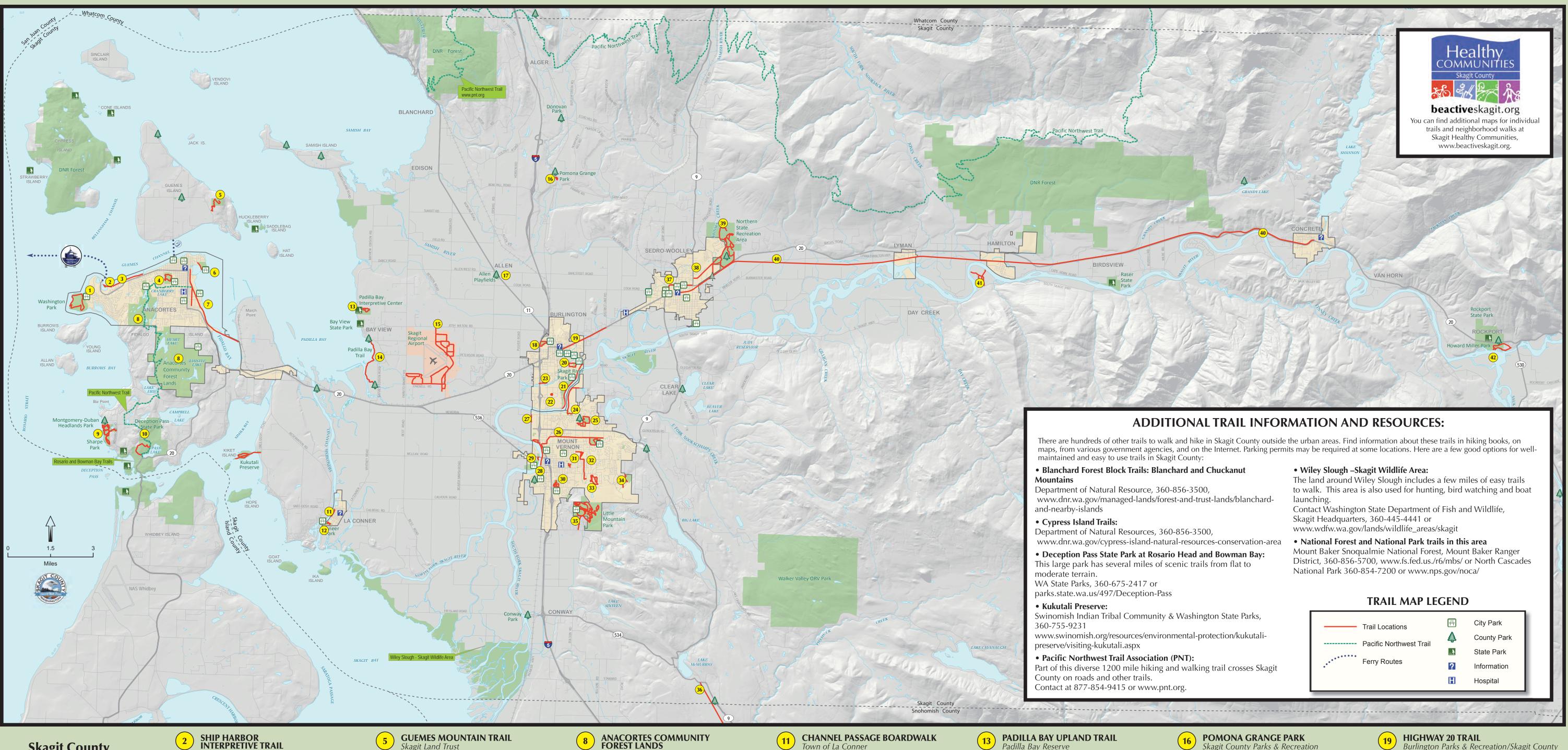


property owners, land managers, and others. city government officials, state agency officials, improved. Make your desire known to county and determine whether trails are created, extended, or consider contacting the organizations that motorized transportation in your community, If you want more trails for exercise and non-

financial contribution. upkeep and trail improvements or make a them. You can adopt a trail to assist with the supporting the organizations that manage • If you like to use certain walking trails, consider

commuting, and other daily activities. errands. Incorporate trails into your shopping, Integrate fun, exercise, and trails into your

Take the Next Step



### **Skagit County WALKING TRAIL GUIDE**

## TRAIL DESCRIPTION LEGEND

**Wheelchair Accessible** 

Picnic Area Parking

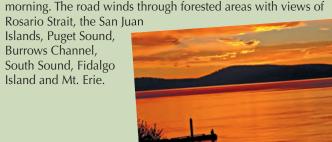
**WASHINGTON PARK** 

Anacortes Parks & Recreation 

**Degree of difficulty:** Easy to moderate **Length:** 2.3 mile loop

Location: West end of Sunset Avenue (within Washington Park, near Sunset Beach) **Description:** There are numerous walking and hiking trails in the park. The most popular walking route is the paved Scenic Loop Road. This single lane road is closed to traffic until 10 a.m. each

Rosario Strait, the San Juan Islands, Puget Sound, Burrows Channel,



### INTERPRETIVE TRAIL Anacortes Parks & Recreation

# 

**Degree of difficulty:** Easy **Length:** 0.5 miles out and back

**Location:** From Commercial Avenue (State Route 20 spur) follow 12th/Oakes Avenue; turn right at Ship Harbor Blvd and left on Edwards Way. Follow Edwards Way down the hill to the cul-de-sac. **Description:** A gravel trail into the Ship Harbor Interpretive Preserve. Four viewing platforms with educational signage will help visitors understand the history of the site as well as local flora and fauna.

3 GUEMES CHANNEL TRAIL
Anacortes Parks & Recreation

**Degree of difficulty:** Easy

**Length:** 2 miles out and back **Location:** From Commercial Avenue (State Route 20 spur) follow 12th/Oakes Avenue; turn right at Ship Harbor Blvd and left on Edwards Way. Follow Edwards Way down the hill to the cul-de-sac. **Description:** Paved trail along the Guemes Channel with views of the San Juan Islands to the north and west. Trail extends approximately

**4** SMILEY'S BOTTOM Anacortes School District

1-mile to the east along the shoreline.

**Degree of difficulty:** Easy

are available at Volunteer Park.

**Location:** West of Anacortes High School. Accessed at 17th Street parking lot or Volunteer Park off of 12th Street. **Description:** This former bog now holds a mixture of sports fields and wetland habitat. There is plenty to explore as you walk the entire basin. Head between the baseball outfield walls to get to the wild side. The trail follows the shore of the largest pond and then becomes a mowed pathway between deciduous forest and grassy meadows. In

the winter the trail gets wet below the hillside on the south end. Look

for ducks, herons, muskrats, and red winged blackbirds. Restrooms

**Degree of Difficulty:** Moderate

**Length:** 1.2 miles one way **Location:** Travel to Guemes Island via the Guemes Island Ferry from Anacortes. Once off the ferry, turn east (right) immediately on South Shore Road. Follow the road for 2.7 miles (stay on South Shore as it curves left at fork) to a small parking area on the right. **Description:** Visit Guemes Mountain Conservation Area by taking this hike through beautiful forest up to an open meadow and stunning views of the San Juan Islands, Mt. Baker and the Cascade

**ROTARY PARK** Anacortes Parks & Recreation

Degree of difficulty: Easy **Length:** .25 miles

gazebo and picnic area.

**Location:** Close to the east end of 6th street take a right turn towards Cap Sante Marina **Description:** A walk along this paved trail provides views of Anacortes, the San Juan Islands, and several mountain peaks of the North Cascades. The trail starts at Cap Sante Marina and ends at a

TOMMY THOMPSON Anacortes Parks & Recreation

**Degree of difficulty:** Easy **Length:** 3.3 miles **Location:** Q and R Avenues, between 22nd and 11th Streets

**Description:** 12-foot wide asphalt pathway extends from 4th Street to 34th Street and continues out to March's Point over Fidalgo Bay on a former railroad trestle. The trail has a parking lot and restroom facility on 22nd Street, As well as parking lots at the Fidalgo Bay Resort and at the trail's intersection with 30th Street. Along the trail there are benches, and a lookout point with picnic tables.

# **FOREST LANDS**

Anacortes Parks & Recreation

**Degree of difficulty:** Easy to difficult **Length:** 50 miles

**Location:** Anacortes **Description:** A network of 50 multi-use trails located on 2,800 acres of diverse terrain in the Anacortes Community Forest Lands. The acreage includes Heart Lake, Whistle Lake, Little Cranberry Lake, and the Mt. Erie/ Sugarloaf area. The trails meander under the canopy of native vegetation, some of which lead to distant view lookouts. Detailed maps may be obtained from Anacortes City Hall or the Anacortes Visitor Information Center and are also available online at www.cityofanacortes.org/acfl\_ trail\_maps2.php#.Vjfuy7erSig. Restrooms are available at Whistle Lake (intersection of Trail 20 and 21) and at the Heart Lake parking lot.

SHARPE PARK/MONTGOMERY **DUBAN HEADLANDS** Skagit County Parks & Recreation

**Degree of difficulty:** Easy to moderate **Length:** About 4 miles **Location:** 14692 Rosario Road, south of Anacortes. **Description:** A 112-acre nature preserve with almost 3,000 feet of high bank shoreline, an extensive freshwater beaver pond and a walking trail to a breathtaking view of the Rosario Strait, Olympic

Mountains and San Juan Islands.

Washington State Parks/Skagit County Parks & Recreation

**Degree of difficulty:** Moderate

**Length:** 3.5 to 4.7 mile loop **Location:** Park at Pass Lake in the Deception Pass State Park area, at the intersection of State Route 20 and Rosario Road. Trail begins at the north side of parking lot. A Discover Pass is required to park here. **Description:** This trail loops along and above Pass Lake including a portion on the Pacific Northwest National Scenic Trail between Pass Lake and Ginnett Road. It is recommended that you purchase a Deception Pass Park trail map at the Park's visitor center or visit www.deceptionpassfoundation.org/maps/.

# Town of La Conner

**Degree of Difficulty:** Easy Length: 0.4 miles

**Location:** Along the Swinomish Channel extending from Center Street in the north to Commercial Street in the south. **Description:** 8 to 12 foot wide walkway beginning at the Lime Dock (Center Street intersection) running south connecting the street end parks at Morris Street, Washington Avenue, Benton Street and Calhoun Street and ending at Commercial Street. The walkway provides spectacular views of the Swinomish Channel and Rainbow

#### 12 PIONEER PARK TRAILS Town of La Conner

Degree of difficulty: Easy to moderate **Length:** 0.4 miles **Location:** Pioneer Park is located at the bridge crossing from La Conner to the Swinomish Indian Tribal Community. The entrance to the park is on the south side of Pioneer Parkway. The trails may also

be accessed beneath the bridge. **Description:** Louisa Ann Conner the Town's namesake, donated 12-acre Pioneer Park to the Town of La Conner. Public access and park amenities are mostly located in the southern section. Trails are mostly in the northern section with vistas of the Swinomish Channel and views of farmlands and Mount Baker. Proximity to picturesque La Conner makes it easy to combine a walk in the park with an extended

stroll through town or a walk

to the Rainbow Bridge.

Padilla Bay Reserve 

**Degree of difficulty:** Easy Length: 0.8 miles **Location:** 10441 Bay View-Edison Road. Departs from Breazeale Interpretive Center parking lot. Pick up a trail guide at the front desk

**Description:** A winding stroll in the Padilla Bay upland area through meadow and forest habitat. You will see views of Mt. Erie, Padilla Bay, and eastern San Juan Islands. The first half of the trail is paved for wheelchair accessibility; the rest is composed of gravel.

PADILLA BAY SHORE TRAIL Skagit County Parks & Recreation

† A P **Degree of difficulty:** Easy **Length:** 4.2 miles

**Location:** Accessed from Bay View-Edison Road **Description:** An easy out-and-back trip along the Padilla Bay shoreline with views of the Cascade and Olympic mountain ranges and a biologically significant Puget Sound estuary. Padilla Bay hosts one of the largest wintering populations of peregrine falcons. Limited parking is available at the southern trailhead. There is ample parking available at the parking lot off Second Street, just north of the

#### 15 PORT OF SKAGIT NATURE TRAILS Port of Skagit

**Degree of difficulty:** Easy

**Location:** The Port of Skagit Nature Trails travel through the Bayview Business Park and around Skagit Regional Airport. Parking is available at the Ovenell Road and Higgins Airport Way, Josh Wilson Road and

Higgins Airport Way, or at the Port Administration Building at 15400 **Description:** A gravel network of trails open to bicyclists, pedestrians and pets on leashes. It winds through forests, along roadways and

†|† P

**Degree of difficulty:** Easy **Length:** Two separate trails, each trail is 0.25 miles long. **Location:** Pomona Grange Park is about 2 miles north of Cook Road on Old Hwy 99. The park is on the east side of the road and well

**Description:** This is an interpretive trail. Salmon can be seen spawning during the fall months. The wheelchair accessible portable toilet is available year-round at this park.

17 ALLEN PLAYFIELD

Skagit County Parks & Recreation  $|\dot{\mathbf{r}}|\dot{\mathbf{r}}^*|$ 

**Degree of difficulty:** Easy Length: 0.75 miles **Location:** Off Chuckanut Drive in the 9300 block. Parking is available on Chuckanut Drive and off Allen West Road just north of the Chuckanut Drive lot.

**Description:** There is no formal walking trail at this location; walkers encircle the large grass athletic field complex. This is a great offstreet option. \*Portable toilet is seasonal (April-November) and ADA



18 DISTRICT REGIONAL PLAYFIELDS Burlington-Edison School District

**Degree of difficulty:** Easy

**Length:** 0.75 miles **Location:** 601 North Burlington Boulevard, north of Burlington-Edison High School.

**Description:** This trail loops around a ball field complex, provides a place for walking or jogging, and consists of sawdust over rock. No animals, drugs, alcohol or smoking are permitted. Restrooms are available during daylight hours. The trail is not wheelchair accessible; however there is a ramp and paved access to the picnic area and

Burlington Parks & Recreation/Skagit County Parks & Recreation

**Degree of difficulty:** Easy

**Length:** 1.7 miles (0.8 paved) Location: West end is located at Lions Club Park, off State Route 20 at Anacortes Street.

**Description:** A paved trail from Regent Street to Gardner Road becomes a compacted gravel trail as it travels east to District Line Road in a tree-lined parkway between State Route 20 and the Burlington Northern Santa Fe railroad tracks. **ROTARY PARK** 

Burlington Parks & Recreation **Degree of difficulty:** Easy

**Length:** 0.5 miles **Location:** 851 South Section Street south of Rio Vista Avenue.

**Description:** Encircling the athletic complex, this flat, soft, wood chip surface provides an easy walk with views of the park and residential Burlington.



Burlington Parks & Recreation

Degree of difficulty: Easy

Location: Accessible from Skagit River Park/Playfields or at the dike on the north end of the Whitmarsh soccer fields. Parking is available at the park or in front of the soccer fields. There is also limited parking at the boat launch, which is locked from dusk to dawn. **Description:** This 1.5 mile stretch of scenic dike trail travels along the Skagit River from Whitmarsh Field near the train trestle at the southern end to the Roger "Gus" Tjeerdsma Boat Launch at the north

### **Trail Etiquette**

A few simple rules of trail courtesy can

- enhance everyone's experience.
- Be considerate and aware of your impact on the trail and other trail users.

Park in designated lots or parking areas

• Minimize trail erosion by staying on the

designated trail. Respect the rights of

privacy of adjacent property owners.

• Use nearby toilet facilities.

near trailheads or trail access points. • Watch out for other trail users. Allow bicyclists and skaters to pass. If the trail is crowded, stay to the right and form a single line if walking with a friend or

### **Rules of the Trail**

- Observe trail closure signs, posted rules, and hours.
- Observe posted dog and domesticated
- animal rules and clean up after your pet(s). • Use available trash bins or pack out litter.
- Do not damage or remove vegetation.



### **Safety Tips for Enjoyable Walks**

• Walk against traffic on roads with no

- sidewalks. • Use crosswalks when available. Look in all directions before crossing at an intersection, and obey traffic signs and
- Carry identification that includes your name, phone number, and pertinent
- medical information. Carry a cell phone if you have one. • Stay alert and be observant of your surroundings. If you wear headphones
- keep the sound low so you can hear what is going on around you. • Walk with a partner for fun, friendship,

and safety.

# **Trail Contact**

Information Blanchard Forest Block Trails Department of Natural Resources) 360-856-3500, www.dnr.wa.gov/Publications/ amp\_rec\_blanchard\_fb\_2012.pdf

**Breazeale Padilla Bay Interpretive Center** 360-428-1558, www.padillabay.gov **Burlington-Edison School District** 

**City of Anacortes Parks and Recreation** 360-293-1918, www.cityofanacortes.org **City of Burlington Parks and Recreation** 360-755-9649, www.ci.burlington.wa.us **City Mount Vernon Parks and Recreation** 360-336-6213, www.mountvernonwa.gov **City of Sedro-Woolley Parks and Recreation** 

360-855-1661, www.ci.sedro-woolley.wa.us **Cypress Island Trails** (Department of Natural Resources) 360-856-3500, http://www.dnr.wa.gov/ Publications/eng\_rms\_cypress6\_05.pdf **Department of Natural Resources** 

360-856-3500, www.dnr.wa.gov Kukutali Preserve, Swinomish Indian Tribal **Community & Washington State Parks** tection/kukutali-preserve/visiting-kukutali.aspx **LaConner Town Hall and Facility Information** 

360-466-3125, www.townoflaconner.org **Pacific Northwest Trail Association** 360-854-9415, www.pnt.org **Port of Skagit County** 

360-757-0011, www.portofskagit.com **Skagit County Parks and Recreation** 360-336-9414, www.skagitcounty.net **Skagit County Healthy Communities** 360-814-2331, www.beactiveskagit.org **Skagit Land Trust** 

360-428-7878, www.skagitlandtrust.org

**WA State Parks Information Center** 

360-755-9231, www.parks.wa.gov