

**RECORD OF THE PROCEEDINGS  
SKAGIT COUNTY BOARD OF COMMISSIONERS  
TUESDAY, SEPTEMBER 11, 2018**

The Skagit County Board of Commissioners met in regular session on Tuesday, September 11, 2018, with Chair Kenneth A. Dahlstedt, Commissioner Lisa Janicki, and Commissioner Ron Wesen present.

I. CALL TO ORDER:

Chair Dahlstedt called the proceedings to order at 10:00 a.m.

II. PLEDGE OF ALLEGIANCE:

A moment of silence was held before Chair Dahlstedt led the gallery in the salute to the flag.

III. AGENDA:

a) \*8:00 a.m. - 10:00 a.m. EMS Transition Coordination Team Meeting (EMS Training Room, 2911 East College Way, Mount Vernon)

b) 10:00 a.m. - 11:30 a.m. Board of Health:

Public Health Director Jennifer Johnson provided an overview of topics that would be discussed during the meeting and shared information about the Health 3.0 framework and the role of Public Health in the community as strategically improving community health through partnerships and as a convener within the health system.

Ms. Johnson described the goals and work of the Population Health Trust (PHT). Work had been done on the opioid epidemic and the PHT was shifting their focus to maternal, child and family health through their First 1,000 Days Call to Action.

1. First Thousand Days

Community Health Planner Kristen Ekstran provided an overview of the First 1,000 Days Call to Action with the goal that all children are healthy and have positive, responsive relationships and environments since social and economic conditions experienced in early childhood impact adult health.

Negative environments and data indicators were reviewed (ACEs – Adverse Childhood Experiences), their effect on children and families, and the importance of minimizing ACEs and identifying where gaps were for families needing assistance.

Ms. Ekstran provided an overview of the vision and strategy of the First 1,000 Days. Nurse Supervisor Jennifer Sass-Walton, Nurse Family Partnership Supervisor Elizabeth Cooksey, Early Learning Director at Skagit Valley College Mary Ellen Lykins, and Coordinator of the Children’s Council of Skagit County Lyndie Case provided an overview of the 4 goals and strategies to implement in order to meet the needs and gaps identified to help families provide the best environment

possible in order for their children to learn and grow.

Executive Director of United Way Debra Lancaster discussed the Call to Action that community members, agencies, and businesses could join in order to be involved and make a difference in a child's life.

The Commissioners commented on the action plan and supported community wide efforts towards the First 1,000 Days.

A motion was made by Commissioner Janicki to approve the Resolution endorsing the Population Health Trust's First 1,000 Days Workgroup Plan that all children are healthy and have positive, responsive relationships and environments **(Resolution No. R20180166)** Commissioner Wesen seconded the motion.

The vote passed unanimously.

Information regarding the First 1,000 Days can be found here:

<ftp://ftp.skagitcounty.net/countycommissioners/documents/agendapackets/09102018/>

2. Population Health Trust Affordable Housing Whitepaper

Skagit County Community Health Analyst David Jefferson, Community Action of Skagit County Executive Director Bill Henkel, Economic Development Alliance of Skagit County CEO John Sternlicht, and Anacortes City Councilmember and member of the Population Health Trust Liz Lovelett provided an overview of affordable housing in Skagit County and the positive difference that housing had on one's health.

An overview was provided of the Call to Action regarding Affordable Housing in Skagit County. The Call to Action included work identified by the Skagit Council of Governments 2017 Skagit County Housing Inventory and Transportation Analysis and associated Housing Action Plan to implement in order to improve the health of all in Skagit County.

Discussion followed regarding the housing crisis and some of the barriers found in state laws regarding density, water rights and the Urban Growth Management Act.

A motion was made by Commissioner Janicki to approve the Resolution endorsing the 2017 Skagit Council of Governments Housing Action Plan as a key component of improving health for all Skagit County residents **(Resolution No. R20180167)** Commissioner Wesen seconded the motion.

The vote passed unanimously.

Information regarding affordable housing can be found here:

<ftp://ftp.skagitcounty.net/countycommissioners/documents/agendapackets/09102018/>

3. Homeless Crisis Response System Data

Housing Specialist Shelley Kjos provided an overview of data collected during 2017 on homelessness in Skagit County. The data had been collected by providers in the local coordinated system of services and was done to better understand local needs, how the system was meeting needs, and to build a tool that supported community engagement and education about homelessness.

Ms. Kjos thanked a long list of providers who work diligently to improve the lives of residents in Skagit County and she provided an overview of the statistics that had been collected in their measurements of homelessness. She said that the data showed that great work was being done and that there was not enough affordable housing in Skagit County.

The Commissioners commented on the information provided by Ms. Kjos and thanked the partners in Skagit County who work to house the homeless and who had provided the data for the report.

Information regarding the homeless crisis response system can be found here:

<ftp://ftp.skagitcounty.net/countycommissioners/documents/agendapackets/09102018/>

4. On Farm Program Overview

Consultant Rita Ordóñez from Birdsign Consulting and Cole Bitzenburg from Community Action of Skagit County provided an overview of the On-Farm Infrastructure Improvement Project and reported that \$776,645 of the \$900,000 grant from the Washington State Department of Commerce had been awarded to 26 farms for items such as tractors, farm implements, irrigation, hoop houses, perennial plants, washing stations and refrigeration. To date 33,156 pounds of produce, firewood or hay had been “paid back” to the food distribution centers.

The Commissioners thanked Ms. Ordóñez and Mr. Bitzenburg for the update.

Information regarding the program can be found here:

<ftp://ftp.skagitcounty.net/countycommissioners/documents/agendapackets/09102018/>

Chair Dahlstedt recessed the proceedings at 11:39 a.m.

c) 11:30 a.m. - 11:45 a.m. Board of County Commissioners:

Chair Dahlstedt reconvened the proceedings at 11:41 a.m.

1. County and Individual Success Stories

No one was present to provide success stories.

2. Public Comment Period

No one was present to provide public comment.

3. Miscellaneous Announcements

EMS Director Jeff Sargent was present to provide information on miscellaneous items for the Commissioners to consider: the approval of EMS provider one-time start-up allocations, the approval of the levy cycle operational funding plan, and the EMS provider capital distribution plan.

Mr. Sargent said that the plans and recommendations had been discussed at the morning EMS Transition Coordination Team Meeting and approval was needed to continue moving forward with the transition of EMS services from Central Valley

Ambulance Authority.

A motion was made by Commissioner Wesen accept EMS' recommendations for provider one-time start-up allocations, the provider levy cycle operational funding plan, and the EMS provider capital distribution plan. Commissioner Janicki seconded the motion.

The vote passed unanimously.

A motion was made by Commissioner Janicki authorize the EMS Director to sign a letter of support for the upgrade of the City of Burlington and City of Sedro-Woolley to ALS Trauma Verified Ambulance Providers. Commissioner Wesen seconded the motion.

The vote passed unanimously.

- d) 11:45 a.m. - 12:00 p.m. Planning and Developments Services - Public Meeting for Review and Possible Signature of the Preliminary Approval Recommendation from the Hearing Examiner and Request for Final Plat Signatures for the Short Plat Alteration #PL17-0576

Senior Planner Brandon Black provided an overview of the Preliminary Approval Recommendation from the Hearing Examiner. The request was to reconfigure the existing lots.

Discussion was held about the lot, an easement on the property, and the management plan.

A motion was made by Commissioner Wesen to approve the Preliminary approval recommendation from the Hearing Examiner for the Alteration of Final Plat by Jeanine B. Dimmick #PL17-0576 and request that the Chair of the Board sign the final plat mylar. Commissioner Janicki seconded the motion.

The vote passed unanimously.

Chair Dahlstedt recessed the proceedings at 12:00 p.m.

- e) 2:00 p.m. - 2:15 p.m. Proclamation - September as Recovery Month

Chair Dahlstedt reconvened the proceedings at 2:00 p.m. and introduced Community Health Analyst David Jefferson.

David Jefferson, Ohana mother and nutritionist Darci Ridenhour and Operations Manager Bob Hicks shared stories about hope and recovery.

Discussion was held about addiction and recovery and Commissioner Wesen read the proclamation regarding September as National Recovery Month.

Chair Dahlstedt moved the proceedings directly into the 2:15 p.m. agenda item.

- f) 2:15 p.m. - 3:00 p.m. Proclamation - September as Senior Center Month

Operations Manager Bob Hicks provided an overview of National Senior Center Month and the community services that were provided by senior center members at Anacortes, Burlington, Concrete, Mount Vernon and Sedro-Woolley.

Steve Burns, Chuck Steele, Jennifer Johnson, Pat Nicolson, Jackie Cress, Kristl Torset, Ellen Schweigert, Chuck Owen, and Claire Wagoner shared more information with the Commissioners about their Community Center.

Commissioner Janicki read the proclamation regarding September as National Senior Center Month.

IV. ADJOURNMENT:

Chair Dahlstedt adjourned the proceedings at 3:00 p.m.

**BOARD OF COUNTY COMMISSIONERS  
SKAGIT COUNTY, WASHINGTON**

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Kenneth A. Dahlstedt, Chair

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Lisa Janicki, Commissioner

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Ron Wesen, Commissioner

ATTEST:

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Clerk of the Board