

**RECORD OF THE PROCEEDINGS  
SKAGIT COUNTY BOARD OF COMMISSIONERS  
TUESDAY, JULY 19, 2016**

The Skagit County Board of Commissioners met in regular session on Tuesday, July 19, 2016, with Chair Lisa Janicki, and Commissioner Ron Wesen present. Commissioner Kenneth A. Dahlstedt excused.

I. CALL TO ORDER:

Chair Janicki called the proceedings to order at 9:17 a.m.

II. PLEDGE OF ALLEGIANCE:

Chair Janicki led the gallery in the salute to the flag.

III. AGENDA

a) 9:15 a.m. - 10:45 a.m. Board of Health:

Chair Janicki introduced Jennifer Johnson Director of Skagit County Public Health.

1. Population Health Trust Update

Health Analyst David Jefferson provided an update on the work, accomplishments, continued planning, and next steps to be taken by the Population Health Trust. The PowerPoint provided by Mr. Jefferson can be found here:

<ftp://ftp.skagitcounty.net/countycommissioners/documents/agendapackets/07182016>

2. Affordable Housing

Housing Resource Coordinator Kayla Schott-Bresler provided information and statistics to the Board regarding the affordable housing shortage in Skagit County which was also being experienced throughout the state and nation. She briefed the Commissioners on local funding committed to rental assistance and rapid rehousing and said that transitional housing and emergency shelters were also available in the county. Local non-profits were working to support housing efforts and community outreach efforts were underway to gain support for housing solutions.

3. Permanent Supportive Housing

Housing Resource Coordinator Kayla Schott-Bresler discussed the importance of housing and recovering from medical conditions, substance abuse, and managing mental health conditions. Discussion was held regarding funding supportive housing and the positive impact it had for participants, the community, and the reduced spending on jails and emergency room visits. Ms. Schott-Bresler discussed plans for a 42 unit supportive housing building for veterans, youth, and individuals with mental health conditions and the plans for an on-site case manager.

4. HOME Program

HOME Program Manager Felicia Medlen provided information on the HOME program which Skagit County was coordinating with other counties and jurisdictions. The federal program provided two kinds of funding assistance for low income individuals: rental assistance and affordable homeownership assistance.

5. Perinatal Mental Health

Child and Family Health Nurse Manager Jennifer Sass-Walton briefed the Commissioners on the behavioral health disorder experienced by many families commonly known as the baby blues or postpartum depression. She said that by recognizing the symptoms early on (which could occur while pregnant or after birth, and

by both mothers and fathers), that with a little extra support or lifestyle changes, therapy, or medication, the family could overcome the feelings which often left a person without energy and, over a prolonged period of time, negatively affected the baby and the family.

Ms. Sass-Walton said that people could get help by calling a “warm line” at (888) 404-7763, or by calling her directly at (360) 416-1529.

Chair Janicki recessed the proceedings at 10:47 a.m.

b) 10:45 a.m. - 11:30 a.m. Emergency Medical Services Update - Mark Raaka, Director

Chair Janicki reconvened the proceedings at 10:52 a.m.

Director Mark Raaka introduced Central Valley Ambulance Authority (CVAA) Kirk Hale who provided a draft copy of the Skagit County Multiple Casualties Incident Plan dated June 1, 2016. Draft plan can be viewed here:

<ftp://ftp.skagitcounty.net/countycommissioners/documents/agendapackets/07182016> He reported that representatives from several groups including hospitals, fire departments, Skagit 911, Skagit County EMS, Skagit County Emergency Management, the Coroner, and CVAA worked on the plan with Medical Service Officer Dan Laine. Discussion was held on the purpose of the plan which related to operations in the field during an incident.

District Fire Chief Roy Horn from Fire Protection District #13 briefed the Commissioners on their “Good Morning District 13!” program which had been in place for 5 months. He reported that it was working beyond their expectations, provided an informational chart showing the number of interviews conducted (28), daily phone checks (17), welfare checks (11), and transports (3). Chief Horn reported that the City of Mount Vernon was considering implementing a similar program.

Director Raaka provided call and transport statistics and then introduced Maggie Horn from Fire Protection District #13.

Ms. Horn provided information regarding the File of Life Program and the improved care individuals would receive from emergency responders. To obtain a file, call: (360) 416-1830. An informational sheet on the File of Life Program can be found here:

<ftp://ftp.skagitcounty.net/countycommissioners/documents/agendapackets/07182016>

Mr. Raaka informed the Commissioners that, in addition to calling or sending a letter, feedback could be received online regarding any complaints, commendations, or concerns. He said that the information was reviewed by EMS Training Manger Kevin Chao.

Mr. Raaka provided information on the number of classes and responders trained in 2016 and shared the story of three young men who recently received the Ron Richeson Award.

Chair Janicki recessed the proceedings at 11:27 a.m.

c) 11:30 a.m. - 11:45 a.m. Board of County Commissioners:

Chair Janicki reconvened the proceedings at 11:31 a.m.

1. County and Individual Success Stories

No one was present for county and individual success stories.

2. Public Comment Period

Carol Ehlers of Fidalgo Island discussed traffic and round-about issues, landslides, and water (see information she provided regarding Anacortes-Fidalgo Island Coordinated Water System Plan

<ftp://ftp.skagitcounty.net/countycommissioners/documents/agendapackets/07182016>).

Ann Forest Burns, Vice President with the American Forest Resource Council thanked the Commissioners for their interest in state trust lands management. She discussed her

work with Kendra Smith.

3. Miscellaneous Announcements

The Commissioners discussed their involvement with issues at the federal level through the National Association of Counties (Naco).

IV. ADJOURNMENT:

Chair Janicki adjourned the proceedings at 11:57 a.m.

**BOARD OF COMMISSIONERS  
SKAGIT COUNTY, WASHINGTON**

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Lisa Janicki, Chair

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Ron Wesen, Commissioner

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Kenneth A. Dahlstedt, Commissioner

ATTEST:

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Clerk of the Board