

# Board of Health Record Of the Proceedings – Skagit County, Washington

Date: February 11, 2025

The Skagit County Board of Health met in regular session on Tuesday, February 11, 2025, with Chair Peter Browning, Commissioner Lisa Janicki, and Commissioner Ron Wesen present.

I. CALL TO ORDER:

Chair Browning called the proceedings to order at 10:00 a.m.

II. AGENDA:

a) Approval of Minutes:

1. Board of Health Record of the Proceedings for January 14, 2025. **(Approved)**

A motion was made by Commissioner Wesen to approve Record of the Proceedings for January 14, 2025. Commissioner Janicki seconded the motion. The vote passed unanimously.

b) Public Health Director Remarks

Public Health Assistant Director Sarah Hinman provided an update regarding norovirus and noted that soap and water would be the most effective method for killing germs.

c) Fall Prevention Presentation

Chronic Disease Prevention Coordinator Lani Miller shared a PowerPoint presentation and discussed the power of collaboration. Ms. Miller shared that 1 in 4 older adults fall each year and that falls are the leading cause of injury and injury death among older adults (>65 years old) in the US.

She shared that the Skagit County Fall Prevention Coalition strives to reduce the number of falls in Skagit County by gathering peers and subject matter experts to brainstorm collaborative solutions, planning and implementing data-based interventions, and increasing awareness of fall prevention resources.

Next steps included capacity assessment with coalition members and a data deep dive in partnership with the Washington State Department of Health.

Link to PowerPoint presentation:

<https://www.skagitcounty.net/CountyCommissioners/Documents/AgendaPackets/02102025.zip>

d) Population Health Trust - 10 Year Anniversary Proclamation and Presentation

Senior Public Health Analyst Kristen Ekstran provided a PowerPoint presentation and shared enthusiasm for the 10th Anniversary of the Population Health Trust.

She provided an overview and shared that in January 2015 the Skagit County Board of Health established the Population Health Trust Advisory Committee building on the foundation of One Community One Voice and the Skagit County Alliance for Healthcare Access (SCAHA).

Population Health Trust Member Bill Henkel of Community Action of Skagit County shared the history of how the Population Health Trust came to be and shared the goals, strategies, and actions over the years.

Ms. Ekstran shared details about community health improvements that included opioids, housing, family health, COVID recovery, food security and invited Population Health Trust members to share stories of impact.

Lyndie Simmonds of United General District #304 provided a Help Me Grow update.

The Commissioners thanked and congratulated Population Health Trust members on the good work that they continued to do for the Skagit County community.

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Chair Browning read a proclamation recognizing the priorities and the contributions of the Population Health Trust in advancing population health and endorsing the Trust's strategies to improve health equity.

Link to PowerPoint presentation and Proclamation:

<https://www.skagitcounty.net/CountyCommissioners/Documents/AgendaPackets/02102025.zip>

e) [Health Officer Update](#)

Health Officer Dr. Howard Leibrand discussed Public Health policy changes.

f) Public Comment

None provided.

III. [ADJOURNMENT:](#)

Chair Browning adjourned the proceedings at 11:04 a.m.

\*Note, to obtain an audio or video recording of this meeting; please contact the Skagit County Commissioners' office

## **BOARD OF HEALTH SKAGIT COUNTY, WASHINGTON**

\_\_\_\_\_  
Peter Browning, Chair

ATTEST:

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Lisa Janicki, Commissioner

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Clerk of the Board  
Skagit County Board of Health

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Ron Wesen, Commissioner