

Mental Health Court Phases	Intake Requirements	Benchmarks for Entering Phase I	Phase I Requirements	Benchmarks for moving to Phase II	Phase II Requirements	Benchmarks for moving to Phase III	Phase III Requirements	Benchmarks for moving to Transitional Phase	Transitional Phase	Graduation Requirements
Judicial Oversight	Observe minimum of one MHC docket; appear in court as scheduled		Appear in court as scheduled	Has appeared in court as required and has complied with court orders	Appear in court as scheduled	Has appeared in court as required and has complied with court orders	Appear in court as scheduled; may attend alternate court dockets	Has appeared in court as required and has complied with court orders	Appear in court as scheduled; may attend alternate court dockets; may serve as “mentor” for participants in earlier stages	Has attended all required court sessions
Mental Health Treatment	Complete mental health assessment	Engage in development of treatment plan; comply with treatment plan & medication regimen	Follow treatment plan, including medication review and compliance; individual & group counseling	Is in compliance with treatment plan	Follow treatment plan, including medication review and compliance; individual/group counseling	Is in compliance with treatment plan and medications regimen	Demonstrate skills learned in earlier phases; comply with medication regimen and treatment; complete Relapse Prevention plan, recognize triggers for old patterns of thinking & behavior; manage stress or vulnerability to mental decline or criminal behavior	Is in compliance with treatment plan and medications regiment	Demonstrate skills learned in earlier phases; comply with medication and treatment plan ; follow Relapse Prevention plan; complete Aftercare or Wellness Plan	Engaged in ongoing therapeutic support system; has complied with treatment plan, including appropriate use of medication and drugs; can identify circumstances that are likely to trigger relapse behaviors; has a relapse prevention plan
Substance Abuse Treatment	Chemical Dependency Assessment if indicated; detox or inpatient treatment if needed; submit to random UAs	Avoid use of illegal substances & alcohol; engage in development of treatment plan	Follow treatment plan; engage in relapse prevention techniques; submit to random UAs	In compliance with treatment plan	Follow treatment plan; engage in relapse prevention techniques; submit to random UAs	Is in compliance with treatment plan; has secured sponsor	Is in compliance with treatment plan; has secured sponsor			
Legal	Sign agreed order to participate in Mental Health Court	No new arrests; avoid non-emergent contacts with law enforcement & other first responders	Address payment of court fees and fines; complete community service work if needed	No new arrests, no unnecessary contact with law enforcement and other first responders	Actively engage in community service work for fees and fines if necessary or make regular payments	Has made reasonable progress in addressing court financial obligations; no new arrests, no unnecessary contact with law enforcement	Actively engage in community service work for fees and fines if necessary or make regular payments	Has completed court financial obligations or has clear plan to do so before graduation; no new arrests, no unnecessary contact with law enforcement	Actively engage in community service work for fees and fines if necessary or make regular payments	Has complied with terms of probation; has addressed outstanding legal matters; no new arrests
Vocational/Educational		Explore vocational and educational opportunities	Engage in educational/vocational assessment; follow recommendations	Has investigated employment or other vocational opportunities	Active pursuit of employment opportunities; educational or volunteer activities	Has taken steps to seek/obtain employment or other vocational opportunities	Obtain and maintain employment, volunteer or educational activity	Has obtained and is engaged in educational, vocational, recreational, and volunteer opportunities	Maintain employment, volunteer or educational activity	Continue regular employment or other occupational activity; has stable income
Basic Life Needs		Seek safe, affordable housing & reliable transportation	Obtain stable and appropriate housing and transportation	Has safe, affordable housing; reliable transportation	Investigate and secure means to meet all basic needs.	Maintains safe, affordable housing; reliable transportation	Secure means to meet all basic needs.	Evidences ability to meet all basic needs.	Meet all basic needs.	Has safe, affordable housing; reliable transportation, and other basic needs
Family/Social Supports		Explore family & social relationships if indicated	Engage in family counseling, parenting class, life management skills as recommended	Continued exploration of family & social relationships	Engage in family counseling, parenting class, life management skills as recommended	Has completed recommended classes or family/social counseling	Engage in continued pro-social behavior		Engage in continued pro-social behavior	Has demonstrated pro-social behavior, developed support system
Reliability		Keep scheduled appointments		Keeps scheduled appointments		Keeps scheduled appointments		Keeps scheduled appointments		Has consistently attended job, classes, appointments

