



Pandemic Flu

It's not a matter of "if" it's a matter of "when"

Are You ready?

Stored medications

One gallon of water per person per day!

Non-perishable food and can opener

First Aid Kit

Portable battery powered radio, and walkie-talkies

Flashlight and wrench

Extra batteries

Bleach

Lighter

Helmet and whistle

Hygiene items

Photocopies of passport, credit cards, identification, medical records

Contact information and emergency plan

Fun Stuff

Do you know the difference?

Seasonal flu:

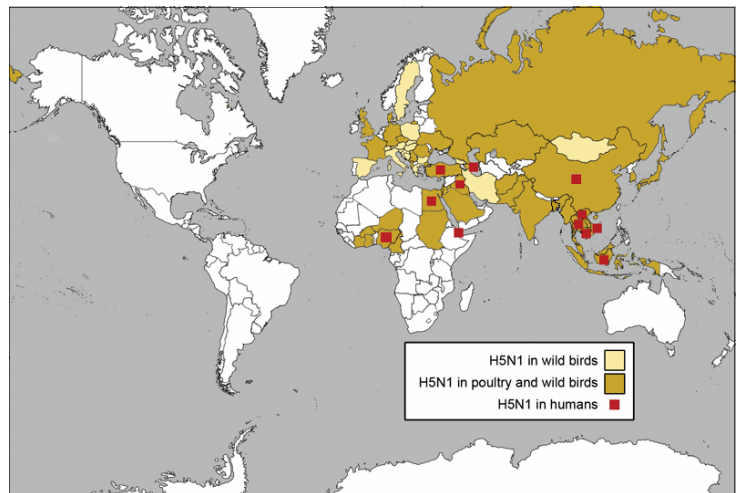
an annual illness caused by viruses to which humans have some immunity. Annual vaccines are made to protect against three different viruses that are anticipated each year.

Pandemic flu:

a rapid and severe human flu that impacts large populations. Because there is little natural immunity, the disease can spread easily person to person via hands, surfaces, or droplets from coughing. Currently, there is no pandemic flu.

Bird or Avian flu:

a flu virus (H5N1) that is common in wild birds and is deadly to domestic flocks. It can also be transmitted by birds to humans. There is no human immunity and no vaccine available at this time.



Nations with confirmed cases of H5N1 Avian Influenza
October 2007, PandemicFlu.gov

Skagit County Public Health

*"Always working for a safer
and healthier Skagit County"*

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Helpful links:

How to prepare yourself for disaster/bird flu <http://www.metrokc.gov/health/pandemicflu/>
Washington State Department of Health www.doh.wa.gov/panflu/
Centers for Disease Control and Prevention (CDC) www.cdc.gov/flu/pandemic/
World Health Organization (WHO) www.who.int/en/
New: Avian Flu Information <http://skagit.wsu.edu/>
Germ Trail at www.doh.wa.gov/panflu/video.htm#germ
Bird testing completed; <http://wildlifedisease.nbii.gov/ai/>
Washington State Department of Fish and Wildlife: http://www.wdfw.wa.gov/factshts/avian_flu.htm